



# DARBY DIGEST



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## Hooah for Health

You've seen the AFN commercials and now its time to get in shape by registering for the Hooah for Health Challenge. For kids and families go to [www.hooah4health.com](http://www.hooah4health.com) while Active duty members can earn military education points on <http://h4hchallenge.com>. Its free, fun and the only thing you have to lose is weight.

## Krav Maga

Next class begins Jan 9 at the aerobics room. Learn self defense for both women and men. Check with the Fitness center for prices

## DS 214's Online

The National Personnel Records Center (NPRC) is working to make it easier for veterans with computer and Internet access to obtain copies of official documents from their military files. Veterans and the dependants of deceased former military members may now access their military personnel records and request copies of DD-214s and other documents by simply visiting <http://vetrecs.archives.gov/>

## Safety News

Going TDY, on leave or on pass? Make sure you fill out your POV risk assessment form <https://crc.army.mil/home/>. The site helps with map, accidents risks and more.

## 2007 New Years Address

To the Camp Darby Community from LTC Sicinski:

On New Years Day 2007, I would like to extend our best wishes to the Camp Darby and surrounding communities. The beginning of a New Year is a time for reflection, assessment and planning, a time to determine priorities, goals and objectives. It is also a time for making resolutions to effect changes in our lives.

In this ever-changing world, we must remain vigilant in maintaining force protection and OPSEC while remembering the safety of our people and the surrounding communities is one of our foremost concerns. Our service members and their families are a major part of each community, and they have a vested interest in its health because they live and work in this community.

Force protection and OPSEC isn't limited to just physical aspects. We must also be aware of how emails can be intercepted by the enemy.

All USAREUR computer users are required to take the updated information assurance

refresher training via the USAREUR uatp website no later then Jan 7th. User accounts will be disabled on Jan 18 and deleted on Mar 3rd in accordance to AES-1 and AR 25-1. The updated test includes training on spear phishing and socially engineered e-mail. Please log in to your UATP account <https://www.uatp.hqusareur.army.mil> in order to take the updated Information Assurance Refresher Training.

We are committed to providing the safest possible working environment for our people. If you see something that can be done better and safer or have feedback on a service at Camp Darby, take advantage of the Community Action Council. You can submit your issues on the USAG Livorno website at [www.usag.livorno.army.mil](http://www.usag.livorno.army.mil). Answers and resolutions are printed in the Darby Digest.

In 2006, Camp Darby Community members volunteered over \$140,000 man hours and helped the Florence American Bazaar to raise

money for Italian charities, donated winter cloths to women and children in Afghanistan's and gave blood during joint Italian-American blood drives. We continue to strive to be good neighbors and positive role models within this community. I encourage each of you to take every opportunity to participate in local events and organizations.

With each new year, comes new changes. We've seen the opening of a new eatery on Camp Darby with another to open shortly. The elementary school has a new playground and barracks for single service members are being renovated. Plus, now Camp Darby has its own dedicated full page spread in the SETAF Outlook, where you'll be able to easily find information about local developments.

I look forward to working with all stakeholders in our community to ensure a prosperous 2007.

## New Service at Camp Darby Education Center

Starting Jan. 8th, the Camp Darby Education Center's Testing Office will be able to administer professional Certification and licensure exams on-site.

Tests available include the National Registry of Emergency Medical

Technicians, American College of Sports Medicine, Association for Financial Professionals, and may more along with an whole host of Information Technology exams like Cisco Systems, Microsoft and Novell .

These tests are not free and you must pre-pay for the exams. However, you may be authorized reimbursement from one of several government programs. Contact the ED center for a complete list of exams available.633-7640

## Darby Job Corner

### NAF Jobs Available:

- Recreation Aid at the bowling center
  - Child & Youth Program Assistant position available to CDC-
  - There is a hotel desk clerk position and custodial worker position open at Sea Pines & Casa Toscana
  - There is a Bartender position at DCC
- Call Angela Long for NAF info 633-7032

### AF Jobs Available

- DECA is hiring Sales Store Checkers and a Food Service Worker 3/30.

For information about resumes, jobs, volunteering and more- contact Stephen Zglinicki, Volunteer Corp Coordinator and Employment Readiness Specialist 633-7084 or email him at [stephen.zglinicki@darby.setaf.army.mil](mailto:stephen.zglinicki@darby.setaf.army.mil)

### Community Action Council Issues

Get answers by submitting your issues at the USAG Livorno web site under CAC link. If you have a CAC issue that involves AAFES or AAFES Concessionaire, please contact Gino Rakas, AAFES General Manager, at 634-7796 or [RakasG@aafes.com](mailto:RakasG@aafes.com)

### AKO Offers Weight Loss Program

Weigh to Stay is the Army Gold Standard weight management program, comprised of Registered Dietitians, Behavior Change Experts, Fitness Instructors and Diet Technicians. It's available for all Military, DOD civilian, Non Active Duty beneficiaries and retirees who have an AKO account or guest account. This program offers real time distance learning instruction and telephone consults. Log onto AKO >self service>my medical>ultimate warrior>weigh to stay to register for this free course.

### Black History Month

The Black Heritage Gospel Choir is looking for people to join them in singing at events in February in support of Black History Month. They are also interested in musicians, poetry writer/readers, etc. If your not interested in singing or performing, you can help out in another areas. Meetings are held each Wednesday at the DFAC at noon. POC are TSgt Packer (633-7254) and TSgt Carson (633-7092)

### DCC Upcoming Events

- Jan 5 Pack Man is in the House! New DJ spinning Hip Hop, R&B and Soul with a Detroit twist.
- Steel Tip Dart League is forming now!
- XBOX 360's have arrived!
- "TEXAS HOLD 'EM" Tournament starts in March!

## USAG Livorno Awards Ceremony

The Camp Darby semi-annual award ceremony honored and recognized members of our military and civilian workforce for their achievements, service, and sacrifices to the garrison, the community, and respective units. Lengths of service awards in recognition of valuable service to the United States Army were presented to:

For 5 years- Vicki Cambell, Lorri Hallenbeck, Jennifer Kandell and Kendra Sexton. For 15 years- Grace Bertei and Gwendolyna Ghezzi. For 20 years- Margaret Robbins. For 35 years, Maria Rosa Vitolo.

Certificate of Achievement: Leonardo Babieri, Marina Bianchi, Simona Colarieti, Sandra Controzzi, Farnesi Gianluca, Alessandro Maggini, Olen Mowdy, Laura Pisani, Marco Porciani, Eros Reccanello, Manuela Refanelli,

Ketty Zappaterra, Christin Keis, Sarah Paxton and Christina Suardi.

Col Raffaele Iubini, the Italian base commander, presented Major Paolo Biachesi with the gold cross for long activity of service - 25 years - in the Italian Army, Marchelo Riccardo Brayon received the appreciation about his outstanding support during the capture operation of the deer and Cipriani Angelo Elogio received recognition of achievement.

Augusto Vagelli and Cindy Mastalli were awarded the Department of the Army superior civilian service award. Cecil Ervin was awarded the Department of the Air Force award for exemplary civilian service. Sgt Ryan Haraschak and Sgt Kyle Pflieger received the military outstanding volunteer service medal. SPC

**USAG Livorno**  
**We're on the web**  
[www.usag.livorno.army.mil](http://www.usag.livorno.army.mil)

James Wassom was the Soldier of the Quarter for first fiscal year 2007.

The Achievement medal for civilian service was awarded to Alberto Giannetti, Debora Lomi, Remzo Matteuccio, Sabrina Cicchitti, Kendra Sexton and Serena Sinibaldi for sustained superior service.

Sgt Larry Wright was awarded the combat action badge or his heroic action on May 12,2003 for his leadership and valor while under enemy fire in the streets of Baghdad.

Congratulations to all those who were recognized.

## *Italy Off the Beaten Path... Explore your world.*

**Three Kings Day** On Jan 6th there is a very nice fest "Cavalcata dei Magi" (in historic costumes) in Florence that will depart at 2pm from Piazza Pitti and arrives at 3:30 at Piazza Duomo.  
[www.invernoafirenze.it](http://www.invernoafirenze.it)

**Toscana Gospel Fest** The Valley of Eden Gospel Ensemble will be performing on Jan 6th at 6pm at the Chiesa di San Lorenzo in Castelfranco di Sotto. This event is free and open to public.

**The Chocolate Fair of Florence** Jan 19-28th open from 11am to midnight expect Sundays (closes at 9) at Saschall in Florence. There is an entrance fee but you'll receive a coupon for 4 chocolate samples, 1 coffee and 1 tea.  
[www.fieradelcioccolato.it](http://www.fieradelcioccolato.it)

**Pitti Uomo**. Don't miss the world preview of Men's clothing and accessories Jan 10-13th at the Fortezza da Basso in Florence. [www.pittimmagine.com](http://www.pittimmagine.com)

**Ice Skating Rink** in Livorno at Piazza della Repubblica. New 600 meter rink with free admission and skate rental available. Open Saturdays 9:30am to 9:30 pm and Sundays 9:30am to noon. Call 0586-820204 for more info.

**Camp Darby ITR** is your source for guided tours. Stop by or call to see what trips they have coming up or look in the Darby Horizon's. 633-7589