



# DARBY DIGEST

June 2006

## FROM ACS

"Family Fun Hour" at ACS on Tuesdays, 1030 – 1130. Fun for children and conversation for Moms!

### LOOKING FOR A U.S. POSITION TO WORK IN?

Stop by our ACS and view the latest local job availability listings on our bulletin board and front desk. Current immediate fill vacancies include cooks, beach attendants, general maintenance personnel and hotel attendants. Volunteers are also needed at ACS as volunteer coordinators and at Youth Sports (YS), Boy and Girl Scouts and as lifeguards at the pool. See or call Mr. Steve Zglinicki at 633-7084. Get to know the varied and challenging forms that need to be completed for different types of positions. Find the web sites where announcements are posted and where, after completing appropriate application forms, you can self nominate yourself on electrons or submit paperwork.

What experience or education do you need for different types of jobs? How to get jobs, how to ace an interview, and other information is available. There are coupons available in ACS for anyone who wants to save money on their shopping. These are coupons clipped by groups in the States who want to show their support to the military. Come in and use this resource.

### NAF EMPLOYMENT OPPORTUNITIES

Administrative Assistant, School Age Services, Regular Part Time, \$8.39 - \$16.77 per hour; Maintenance Worker Helper (MVO), Sea Pines Recreational Activities, \$9.76 per hour; Hotel Desk Clerk, Casa Toscana, \$7.01 per hour; Custodial Worker, Casa Toscana or Sea Pines, \$7.81 per hour.

Stop by the NAF HR Office, HQ Front, 1st floor, for complete details"

## SAFETY TIPS

*I figured this is a good time of the year to include some "out in the sun" safety.*

**Myth #1) "Sunglasses are really just for looks."**

That, of course, is not true. Bright sunlight can damage the cornea, the lens, and the retina of the eye. And while squinting and the natural constriction of the eye's pupil do a lot to filter out sunlight, good sunglasses can do a lot more.

**Myth #2) "All sunglasses are essentially the same."**

Actually, some glasses offer little added protection. Make sure any pair of sunglasses you buy screens out at least 80 percent of the sun's harmful ultraviolet rays—the label should state the level of protection. The best glasses screen out 95 percent.

**Myth #3) "If the sunglasses are expensive, they must be good"**

Price and protection are not necessarily related. Don't assume anything; read the label.

**Myth #4) "Lens color isn't important to safety."**

Yellow or blue-colored lenses may make a fashion statement, but they distort colors and are not good choices for driving. Also, if you can still easily see your eyes in a mirror, the lenses probably aren't giving you much protection from ultraviolet light.

**Myth #5) "Lens material and type don't matter."**

That depends on what you're doing. The Food and Drug Administration requires all sunglasses to be "impact resistant," but that doesn't mean glass lenses won't shatter. For sports and active work, go with plastic lenses. In addition, polarized lenses are a plus around water and snow because they reduce reflection and glare. Gradient lenses are good for driving because they are darker at the top and lighter at the bottom, giving you a better look at the road ahead.

## FROM THE HEALTH CLINIC

USAHC-Livorno will have a Physical Therapist in the clinic on June 22<sup>nd</sup> and June 23<sup>rd</sup>. To make an

appointment, call 633-7357 and ask your primary care provider to refer you to see the Physical Therapist.

### NO MORE CAT FEEDING AT CAMP DARBY

No one, except for Darby Animals welfare Association (DAWA) personnel, is authorized to feed cats at Camp Darby. Please follow this procedure.

### FROM THE CHAPEL

On Sunday June 18<sup>th</sup> and 25<sup>th</sup> we will be celebrating Catholic Mass. Club Beyond groups coming down for summer camp will have a priest with them on these two Sunday's. Mass will start at 0945 on the 18<sup>th</sup> and 25<sup>th</sup> at the Camp Darby Community Chapel.

**Vacation Bible School** will be going on from 19-23 June at the Chapel 0830 – 1130 daily. Transportation to & from SAS & CDC. Free. Opportunities for teens and adults to volunteer. Registration forms available at the Post Office and Chapel. 633-7257

### CAMP DARBY EDUCATION CENTER

#### TERM V SCHEDULE

Intro to Comp-Based Syst  
Families and Communities  
Juvenile Justice Systems  
Aviation law  
Life Cycle An'sys f/Syst & Progs in  
Aviation/Aerospace  
Exploration in Physics  
Please contact Ms. Rosemarie De Luca at the Army Education Center 633-7073 for detailed informations

### FROM THE COMMISSARY

Commissary summer hours:

Monday closed

Tues 10:00 – 19:00

Wed 10:00 – 18:00

Thurs 10:00 – **19:00**

Fri 10:00 – 18:00

Sat 10:00 – 18:00

Sun closed

The commissary will open extra day on **3 July** 2006 Monday, from 10:00 to 18:00

And **4 July**, Independence Day, open from 10:00 to 18:00

### FROM THE LIBRARY

LIBRARY LOCATION: Bldg.407

HOURS OF OPERATION:

Mon-Fri.....10:00-19:00

Sat.....11:00-17:00

Closed on Sundays & American Holidays

\*\*\*The Library has 17 COMPUTERS with INTERNET capability.

\*\*\*ON-LINE LIBRARY CARD CATALOG is available at the following address:

<http://www.library.ulinet.army.mil>

MONTHLY DISPLAYS OF BOOKS:

---Independence Day (4 July)

---Grilling Month

\*\*\*CHILDREN'S STORY HOUR\*\*\* every

Wednesday morning at 10:00 at the Post Library for ages 3 to 5 years.

\*\*\*SUMMER SPORTS\*\*\*

Check for the following books at your Post Library:

797.1/Jac "Whitewater Paddling"

797.1/Kna "The Optimum Kayak"

797.1/Smo "The Everything Sailing Book"

797.1/Tay "Windsurfing"

797.122/Gor "The Complete Book of Canoeing"

797.122/Sei "The Essential Sea Kayaker"

797.124/Wer "Sailor's Start-Up"

797.2/Gra "Scuba Diving"

797.21/Bet "Teaching Swimming to Young Children"

797.21/Min "Water Fun"

797.32/Wer "Surfer's Start-Up"

\*\*\*\*\*NEW ARRIVALS\*\*\*\*\*

Check for the new BOOKS on CD for children and adults.

### COMMUNITY EVENTS

**Italian-American Carnival** Starts 16 June with a Darby Day with free rides from 1700 to 1900. Rides, Skateboard & Bike Ramp, Games, Food, Music until 25 June, with following schedule: Friday 16 June 1700-0100; Saturday 17 June 1800-0100; Sunday 18 June 1800-2400; Mon-Thur 19-22 June 1900-2400; Friday 23 June 1900-0100; Saturday 24 June 1800-0100; Sunday 25 June 1800-2400.

**"Freedom Square" will be dedicated to Pvt.**

**Masato Nakae**

George Watanabe, the historical voice of Camp Darby, together with his friend Joe Kuroda proposed to honor the memory of Pvt. Masato "Curly" Nakae with a dedication here in Camp Darby.

Pvt Masato Nakae will be honored on June 21 at 10.30 in Camp Darby "Freedom Square", and a reception will follow at the Community Club.