

US Army Health Clinic, Livorno



Camp Darby, Italy

Where are We?

- Located directly across from the Camp Darby Elementary School near the Laundry and Shopette.



Who are We?

- **Full Spectrum Primary Care Clinic with the following capabilities:**
 - **Pediatric care, women's health (including prenatal care) & adult/adolescent medicine.**
 - **Outpatient procedures such as stitches, basic casting, skin biopsies, IUD placement/removal, circumcisions, vasectomies, joint injections, etc.**
 - **Pharmacy**
 - **Laboratory**
 - **X-ray**
 - **Mental Health Counselor/Social Worker**
 - **Optometry**
 - **Audiometry**
 - **Physical Therapy**
 - **Dietician (quarterly from VCZ)**
 - **Educational and Developmental Intervention Services (EDIS) - a program to assist military and civilian personnel who have a child (from birth to 36 months EDIS only, 37 months – 21 years by DODDS referral) with special medical, developmental, behavioral or educational needs.**

HOURS AND APPOINTMENTS

- Operating Hours
 - Monday-Friday from 0730-1630
 - Closed on U.S. Federal Holidays
 - Schedule appointment by calling DSN 633-7357 or use the web at www.tricareonline.com
 - PLEASE, show up *promptly* at your appointment time.

TRICARE Enrollment

- **Information on filling out a TRICARE Enrollment Form:**
 - You must transfer enrollment within 60 days of PCS from last duty station (after 60 days you are disenrolled into TRICARE Standard).
 - Enroll only family members in country with you.
 - If family members are arriving on different dates, use each person's date of arrival when enrolling
 - TRICARE Prime is ideal for most Active Duty and Family Members, but for information on TRICARE Standard please refer to the Beneficiary Handbook in your Welcome Package.
- **Who to call for more information:**
 - TRICARE Enrollments, Virginia Carrizales, 633-7306
 - TRICARE Eligibility & Health Benefits, Micaela Ballucchi, 633-7883

Specialty Care and Inpatient Care

- **Medical and surgical specialists and subspecialists are available at the following:**
 - **S. Chiara University Hospital (Pisa)**
 - **S. Rossore Hospital (Pisa)**
 - **Livorno Hospital**
 - **Vicenza Health Center**
 - **US Naval Hospital Naples**
 - **US Air Force Hospital Aviano**
 - **Landstuhl Regional Medical Center (Germany)**

Host Nation Liaisons and Translations

- **Host Nation Liaisons are crucial in the coordination of care between the clinic and Host Nation Facilities. They provide some of the following services:**
 - **Accompany patients on visits to Italian-Speaking Host Nation Providers**
 - **Work with local hospital staffs on coordination of care between facilities**
 - **Translate medical documentation from local providers**
 - **Manage inpatient program: daily liaison service inpatient-hospital staff-camp Darby clinic (patient's condition, treatment plan etc.), coordination of inpatient's transfer, translation of discharge summary reports**

What If I Get Sick or Hurt When the Clinic is Closed?

- **You can call:**
 - **MP desk (DSN 633-7575) and request an ambulance (if needed) Italian ambulance (118) or request an interpreter meet you at the hospital for assistance when available, as the interpreter on-call is a volunteer-based service.**
 - **24/7 nurse helpline (Europe) at 800-78-8847 for questions pertaining to your injury/illness and what to do**
 - **Poison Control: (LRMC) 0049-6371-867070 (24 Hr); (Milan) 02-6610-1029**

What to remember about Italian Hospitals?

- If you report to the Emergency Room of an Italian hospital, you will be triaged and treated according to the severity of your condition, which could mean a lengthy wait.
- If you are categorized as a white code (not a threat to life, limb, or eyesight), you could be charged anywhere from 25 up to 50 euro (depending on what type of ancillary tests performed during ER).
- It is important to always have Euro or a credit card on hand when going to an Italian hospital for the ER fee or if it is necessary to purchase a supply of medications from the pharmacy.
- Always have minutes on your cell phone for emergencies!

OB Care at Camp Darby

WHERE YOU WILL RECEIVE CARE (Uncomplicated Pregnancies):

–Active Duty Army: Receive prenatal care at USAHC-L or Vicenza Health Center; delivery at the Vicenza Health Center's new Birthing Pavilion.

–Military Family Members and Active Duty Air Force: Receive prenatal care at the USAHC-L, a Host Nation Facility, or the Aviano Health Clinic; delivery at a Host Nation Facility or Aviano Health Center.

STORKNESTING:

If you deliver at a Military Medical Treatment Facility, you will need to “storknest” at 36 weeks (Aviano) or 38 weeks (Vicenza). If you have a pre-existing medical condition or develop a problem during pregnancy, you may need to “storknest” earlier than this.

Please Come By Soon!

- **Call the appointment desk now to reserve a spot in next weeks in-processing orientation, Tuesday at 1100.**
 - **What to bring when you come:**
 - **Medical records for your entire family including a list of current medications, shot records, and other preventive care documents.**
 - **One on one in-processing with medical team involves:**
 - **TRICARE Enrollment**
 - **Collecting and Reviewing your current Medical Records**
 - **Establishing an initial appointment with your Primary Care Provider if necessary.**
 - **Updating preventive care measures such as screening tests, medical readiness, and shots.**

Learn More!

- Pick up directions to S. Chiara Emergency Room (Pisa) or Livorno Emergency Room (whichever is closest to you) from the clinic and drive there so you will know how to get there (strongly advised)
- Visit our website:
<http://www.landstuhl.healthcare.hqusareur.army.mil/clinics/italy/livorno/welcomepage.htm>
- Pick up a “Smart Yellow Book” from ACS on Medical Phrases in Italian, German, and other languages.
- Call the Livorno Health Clinic Patient Representative at DSN 633-7896 with specific questions.