

Darby Digest

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Aug. 4, 2011



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Camp  Darby's premier weekly newsletter

Drive to Arrive

By John Eaton
Safety & Occupational Health Manager
USAG Livorno Installation Safety Office

The weekend is just around the corner, and summer is in full swing at Camp Darby. Whether at the beach, restaurant, night club, or throwing a party at home, enjoy your off-duty hours in a responsible and safe manner.

If you plan on hosting a party, stay within your limits to make sure your guests stay within theirs. Close the bar 90 minutes before the party ends and serve snacks or a dessert treat with coffee or non-alcoholic beverage. Remember, only time sobers someone who has been drinking.

If, despite your best efforts some of your guests have had too much to drink, make sure they get home safely by utilizing a designated driver or taxi service.

Finally, please read the Preliminary Loss Reports found on the [Army Safety web site](#) and utilize information for unit and organizational safety briefings. Sadly, our most recent Soldier fatality involves a Soldier, female passenger, a motorcycle, alcohol and speeding. This accident was a tragic waste of two young lives that might have been avoided had someone intervened.

Drive and ride to arrive alive! If you see an unsafe act or event taking place, please intervene. You could very well be saving a life.



Vol. IV, Issue 30

Lt. Col. Kevin Bigelman
U.S. Army Garrison Livorno
Commander

Front Cover Photo
By Casey Stump

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Alaska to Italy: improving cross-functional opportunities

By Joyce Costello

USAG Livorno Public Affairs

Growing up in Phoenix, Arizona, Stacy Skoda knew she wanted to help others and was looking for a challenge. She met her goal when she began her career as a fire fighter for the U.S. Army and later continued as civilian fire fighter lead medic at Fort Greely, Alaska. Wanting to continue to challenge herself, she learned that the Leader Developmental Assignment Program would allow her to go to another duty station for 60 days to further develop her career skills.

“When I heard about LDAP, it sounded like a really interesting once in a life time opportunity to see how the military operates outside of the states and I thought it would be a really good experience,” said Skoda who had never been stationed overseas before. “When I got the acceptance email I was thrilled and excited that I got chosen for Italy and some of my fellow fire fighters joked about trying to find them a job in Italy.”

In mid- July, Skoda arrived at Camp Darby for 60 days, determined to expand her leadership abilities.

“The language barrier was a big challenge and leading a crew that doesn’t always understand what you’re saying can bring its own challenges,” said Skoda. “I am hoping that the experience of coming in and leading people who don’t know me will help build my confidence, plus this opens my eyes to



Photo by Joyce Costello

Fire Fighter Stacy Skoda learns the differences between being a fire fighter at Fort Greely and Camp Darby as part of the Army’s Leader Developmental Assignment Program.

different ways of doing things.”

Skoda added that when one wants to go up in the ranks and say become a captain- this program gives you an opportunity for more experience.

Information, regulations and forms covering LDAP are published on the Enterprise Publishing Portal on AKO www.us.army.mil/suite/page/580767 under the IMCOM Publication and Forms channel.

Congratulations to Camp Darby’s newest Staff Sergeants



(Top) USAG Livorno Command Sgt. Maj. Felix Rodriguez promotes Staff Sgt. Denis Profit, USAG Livorno HHC, during a ceremony at the USAG Livorno headquarters on Aug. 1. (Photo by Elena Baladelli) (Middle) Lance Smart velcro’s Staff Sgt. Jackie Smart’s, U.S. Army Health Clinic Livorno, new rank on during her promotion ceremony at the U.S. Army Health Clinic Livorno on Aug. 1. (Photo by Elena Baladelli) (Right) Staff Sgt. Ilya Kharitonov, Staff Sgt. Jeffrey Boswell, Staff Sgt. Michael Collingwood, Staff Sgt. Treven Winters and Staff Sgt. Megan Collingwood, Airmen assigned to 731 MUNS Munitions Squadron, were recently promoted to Staff. Sgt. (Photo by Senior Airman Casey Stump)



Run to the Tower 2011 Registration

DATE & TIME: Friday, 21 October 2011 at 9:30 a.m.

ELIGIBILITY/ADMISSION:

Open to all U.S. military, civilian personnel, local national employees, Italian military personnel, Italian running clubs, and Family members. Limited to the first 700 registered runners.

COURSE:

12-km (7.3 miles) fast, flat blacktop, concrete, all clearly marked. Water stations approximately every 2.5 miles. Medical services on standby.

ENTRY FEE: \$15 or 12 euro

ENTRY PROCEDURES:

Register thru 19 October, 2011. Completed official entry form and check or money order must be received or postmarked by same date. **There will be absolutely no registrations on race day or day prior to race.** Make check payable to CMWRF and mail to:

USAG-Livorno
ATTN: Run to the Tower 2011
Unit 31301 Box 60
APO AE 09613

or hand carry to the Camp Darby Outdoor Recreation Center, Bldg. 690. Absolutely no refunds.

PICK UP RACE PACKET:

Report to Outdoor Recreation, Bldg. 690, 9:00 a.m.-2:00 p.m. on October 20th to pick up race packet including race number, T-shirt, and map of the course.

RACE DAY REPORTING:

Report to Fitness Center, Bldg. 305, between 8:00 and 8:45 a.m. on October 21st for last minute pick up of race packet including race number, T-shirt, and map of the course.

T-SHIRTS: First 400 participants receive free Run to the Tower 2011 commemorative t-shirt.

AGE GROUPS (Men and Women):

17 and under, 18-29, 30-34, 35-39, 40-44, 45-49, 50 and over.

AWARDS:

Trophies awarded to fastest male and female over all, and to first place finishers in all 7 categories. All categories receive medals for 2nd and 3rd place. Unit trophies awarded to unit with the highest percentage of participants and for the unit with the largest number of participants. Presentation will take place near the Leaning Tower of Pisa at approximately 11:45 a.m.

LODGING:

The Sea Pines Recreational Facilities can accommodate groups and individuals. Contact them today at DSN (314) 633-7225 or COM +39-050-54-7225.

FOR ADDITIONAL INFORMATION:

Contact the Camp Darby Outdoor Recreation office at DSN (314) 633-7775 or COM +39-050-54-7775 on Mon-Wed-Fri 1:00-6:00 p.m. or Tue-Thu 9a.m.-2:00 p.m.

Run to the Tower 2011 Entry Form

_____	_____	_____	Female	<input type="checkbox"/>
Last Name	First Name	MI	Male	<input type="checkbox"/>

Address				

APO	AE	T-Shirt Size (Circle One)		
_____	_____	S M L XL		
_____	_____			
Telephone	Unit			
_____	_____			
Birthdates (YY/MM/DD)	Age on 21 Oct 2011			

GENERAL RELEASE

I hereby acknowledge that I am a voluntary participant in the Run to the Tower 2011 (hereinafter (the event)). I assume all risk of personal injury or other consequential damage which may result from my participation in the event and do hereby remise, release and forever discharge the government of the United States, the U.S. Army, Camp Darby, their agents, employees, servants and contractors from any and all claims, causes of action, suits, judgements, costs, demands and liability whatsoever in law or equity which I or my heirs, executors, administrators, successors or assigns may have resulting in any manner from my participation in the event. I further give my consent to receive medical care when authorized or directed by authorized medical personnel for injury which may result from participation in and during the event. My consent however does not imply a promise or commitment that medical assistance will be available to unauthorized persons. I am participating in the event as an amateur and give permission for the free use of my name and picture in any broadcast or news account of the event. I understand my name may be released for corporate sponsorship purposes. I have read and understand the contents of the above.

Signature and Date (if under 18, must also be signed by parent/guardian)

Community events & happenings

Quarterly Awards Ceremony

633-8232

Suspense for submitting awards for the Sept. 16 Camp Darby awards ceremony is Aug. 20 to DHR; this includes Incentive awards and military awards.

ACS and CYSS Survey

We want to know your opinions about ACS and CYSS services offered at Camp Darby. Visit www.surveymonkey.com/s/FHC3KKBK to get your voice heard.

Camp Darby vs. Ursinus College

The Camp Darby Community Men's Basketball team will take on Belmont University team (Division 1) on 17 August at 6 p.m. and Ursinus College Division III on Aug. 18 at 5 p.m. at the Camp Darby Fitness Center. The event is free and open to the community

Army Community Services

633-7084

- ◆ Sponsorship Training, Aug. 9
- ◆ Anger Management, Aug. 10
- ◆ Smooth Move, Aug. 10
- ◆ Marriage & Parenting, Aug. 18

ITR trips

633-7589

Daily trips in August

- ◆ Torre Mozza, Aug. 10
- ◆ Cavallino Matto, Aug. 14
- ◆ Cinque Terre, Mondays
- ◆ Venice, Tuesdays
- ◆ Volterra, Wednesdays
- ◆ Rome, Thursdays
- ◆ Elba, Fridays

Outdoor Recreation

633-7775

- ◆ Aqua Fitness Class at the pool at noon, Mon and Wed in Aug.
- ◆ Elba Island trip, Aug. 10
- ◆ Capraia Island trip, Aug. 13

Darby Community Club

633-7855

- ◆ Karaoke every Thursday
- ◆ Texas Hold 'em, Aug. 12

Fitness Center

633-7438

- ◆ Free Spin class with Nicole Tues at 10:30 a.m. and Fri at 11:30 a.m.
- ◆ Pilates Class at noon on Tues and Thurs
- ◆ Free TRX strap class with Ken at noon on Wed

Religious Activities

633-7267

9:40 a.m. Catholic reconciliation

10 a.m. Catholic Mass

11:15 a.m. Protestant worship

11:15 a.m. Catholic CCD

The Protestant Women of the Chapel is holding their Fall Kickoff to present the new year's theme Aug. 30 at 5:30 p.m. in the chapel. All women are welcome. Food and childcare will be provided. Join PWOC for an evening of fellowship, food and fun.

AAFES Movies

Aug. 5- 6 p.m. Pirates Of The Caribbean : On Stranger Tides (PG 13)

Aug. 6- 6 p.m. The Hangover Part II (R)

Aug. 7- 1 p.m. Harry Potter and the Deathly Hallows-part 2 (PG 13) 1st Run

July 29- 6 p.m. Bridesmaids (R)

July 30- 6 p.m. Thor (PG-13)

July 31- 1 p.m. Horrible Bosses (R) 1st Run

Non-Appropriated Jobs

EUNAF11108OC-LIFEGUARD, NF-0189-02

EUNAF11107OC- LABORER, NA-3502-01

EUNAF11106OC- RECREATION AID, NF-0189-01

EUNAF111001OC- HOTEL DESK CLERK, NF-0303-01

EUNAF111002OC- CHILD & YOUTH PROGRAM

ASSISTANT, CY-1702-01/02

EUNAF111003OC- CUSTODIAL WORKER, NA-3566-02

EUNAF11104OC- BARTENDER/BAR ASSISTANT, NA-7405-01/03

EUNAF11105OC- ANIMAL CARETAKER, NA-0548-03

Come visit our website at <http://www.armycivilianservice.com> or call 633-7032 or e-mail Livorno.NAF@eur.army.mil.

Place your "Ad" here

The Darby Digest is now offering the USAG Livorno community another outlet for their classified advertising needs. Our goal is to provide you a direct outlet for your classified needs. If you have something you want to advertise in the classified section, please e-mail your submissions to pao.livorno@eur.army.mil. We will not advertise commercial services. Classified ads will be erased after one month of being published in the Digest. We will ONLY accept classified ads by e-mail. We will not accept advertisements by phone or hand-written. These classified ads are a free service to you and in order for us to provide them; they must be in a cut-and-paste text only format. We hope this service is something you will utilize.

Out & About - Exploring Tuscany

FAMILY

- Saint Ermolao Fair in Calci Aug. 6-9, 6 p.m. to midnight. The fair will offer carousels, a special market, craftsmanship, itinerant circus artists, jugglers, dance shows, photography exhibitions and so much more to spend some great summer afternoons and nights.
- Palio di San Cassiano will take place on Aug. 7 in the historical center of San Casciano dei Bagni (Siena). Parade at 5 p.m. and games at 6 p.m.
- Traveling in Italy on a train? They are currently offering [Saturday special](#) for 2 for 1 travel! [Kids under 12](#) can travel free on select trains now through August 31.

SPORTS

- Sunday, Aug. 7, [Trekking](#) along the Roman Flaminia Military road for 12 K beginning at 9 a.m. in Firenzuola (by Florence).
- Wednesday, Aug. 10, [2nd Peach Festival fun run](#), 4 and 8K at 7 p.m. in Massarosa
- Tuesday, Aug. 16, [14th Green Cross](#) 7.2K run at 8 p.m. in Pietrasanta.
- [Mugello Marathon](#) and 6k fun run Sept. 17 at 2 p.m. in Borgo San Lorenzo
- [Florence Marathon](#) is Nov. 27, but you need to register now!
- Coming Oct. 21- [Run to the Tower](#)

SAGRA/FESTS

- [Porcino Mushroom Festival](#) in Cascine di Buti (Pisa) July 29-Aug. 7 in Piazza Danielli.
- Fried Rabbit Festival in San Miniato Aug. 4-7, 11-15, 18-21 and 25- 28 at Via San Regolo, 56028 La Serra.
- "Sagra delle focaccine" will take place on Aug. 5-7, 12-15 in Fornoli, Municipality of Villafranca in Lunigiana - Massa Carrara.
- Tortello Festival in Borgo San Lorenzo - Florence Aug. 5-7, 12-15. Tortello is a popular type of pasta, filled with ricotta cheese and herbs. Tortelli are usually covered with ragù, mushrooms or butter and sage.

MUSIC

- [Stephen Marley](#) will on stage at the Fest Ambiente on Aug. 10 in Rispesica. The son of Bob Marley continues on the tradition of reggae music and hip hop.
- [Summer music fest in Livorno](#) in the Venice quarters from July 29- Aug. 7. Nine days of music, performances, theatre, shows and entertainment.
- Barga Jazz Festival Aug. 26-27 at the Teatro dei Differenti in Barga (Lucca) tel: 0583 724418
- [Metarock](#) Sept. 8-10 at the Parco la Cittadella in Pisa.

MARKETS

- [Medieval Market in Gragnola](#) (Massa Carrara) Aug. 5-8, 6 p.m. to midnight. The commemoration of the medieval market in the village of Gragnola will have more than 100 exhibitors of craftsmanship and local products, flag-wavers, shops, medieval market, entertainment and shows will be the main protagonist of this great summer event.
- Arezzo Antique market in Piazza Grande- Aug 6-8
- Click here for Local [Pisa Markets](#)

CULTURE

- Lirica in Piazza in Massa Marittima (Grosseto) Aug. 5 is Madama Butterfly Aug. 4,6 is Carmen
- **57th Puccini Festival-** July 15-August 27 in Torre del Lago Puccini www.puccinifestival.it/
- [Tuscan Sun Festival](#) in Cortona July 31- Aug. 7 will have world class concerts, renowned stars, exclusive wine and culinary events, visual art exhibitions and wellness classes.
- [Montecatini Opera Festival 2011](#) Aug 17 enjoy Gala Pucciniano and Aug 23 Recondite Armonie.

Help prevent animal cruelty

By Nicole “The Pet Lady” Marquez

Nothing quite makes my blood boil more than hearing about animal abuse. As persons who are privileged and sponsored by the country of Italy to reside here, it is paramount we conduct ourselves as the deserving and honorable Americans we are.

My first experience with Military pets was at Mountain Home Air Force Base. My husband and I were approached by the Security Force Police and were asked if we would be interested in assisting them in caring for the countless animals that found themselves abandoned on the base.

The animals that found themselves in the abandonment SP kennel on base and running about on many installations are dropped off, left to fend for themselves (after being house pets), and are abandoned due to PCS orders, or from those that shirk responsibility.

Animals are NOT disposable nor items to discard when someone is tired of caring for them, or the pet became too costly they just dump them, or poison them, some torture them, and leave them to run free (for a little while) on the base until someone else has to deal with those persons irresponsible behavior.

So, really this article is about irresponsibility and honor. You are; as a member of the Armed Forces representative of your country, your squadron, unit and command. You are also a member of a family, a husband, a wife, a child, and a member of this world we live in.

The Uniformed Code of Military Justice has considered adding a clause in its code of conduct in specific regard to pet and animal cruelty. At current, article 134 of UCMJ can be applied to anyone who has behaved in a manner unfitting to command.

In Italy, acts of cruelty against animals can be punished with imprisonment, for a minimum of three months up to a maximum of three years, and with a fine ranging from a minimum of 3,000 Euro to a maximum of 160,000 Euro. People who abandon pets face up to one year in jail and fines of up to 10,000 euros and 15,000 euros respectively.

Italian animal rights groups estimate 150,000 dogs and cats are purposefully abandoned yearly. Hundreds of animals are deliberately injured, tortured or maltreated each month. Under the Italian legislation, anyone found guilty of killing animals



Nicole and Hiero and Tasha relaxing together.

unlawfully will face up to 18 months in jail. All U.S. states have animal cruelty laws, and 47 states treat some forms of abuse as felonies.

According to ASPCA, Animal cruelty is when someone intentionally injures or harms an animal or when a person willfully deprives an animal of food, water or necessary medical care.

Here are some signs that may indicate abuse or neglect:

- Tick or flea infestations
- Wounds on the body
- Patches of missing hair
- Extremely thin, starving animal
- An owner striking, punching, kicking or otherwise physically abusing an animal
- Knowingly poisons animal
- Dogs who are repeatedly left alone without food and water, and often chained in a yard
- Dogs who have been hit by cars—or are showing any of the signs listed here—and have not been taken to a veterinarian
- Dogs who are kept outside without shelter in extreme weather conditions
- Animals who cower in fear or act aggressively when approached by their owners

If you know of a service member who is currently or has committed acts of Animal cruelty please report them promptly, a life may depend on it.

“The worst sin towards our fellow creatures is not to hate them, but to be indifferent to them. That's the essence of inhumanity.”

George Bernard Shaw

To learn more visit:

[http://www.asPCA.org/fight-animal-cruelty/reporting-cruelty-faq.aspx#what is cruel](http://www.asPCA.org/fight-animal-cruelty/reporting-cruelty-faq.aspx#what%20is%20cruel)

