

# Darby Digest

www.usag.livorno.army.mil  
April 26, 2012

DANILA FERRETTI



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Camp  Darby's premier weekly newsletter

See new photos everyday on our web site or share yours with us on the Camp Darby facebook page



### Making a difference within the community

Friends of Camp Darby donating \$300 towards the Army Birthday Celebration. The funds from Second Glance make donations like these possible. Thank you to everyone who supports our Thrift Store.



### Get your beach umbrella

Dale Ryals purchases his beach pass during the Camp Darby Beach Splash held April 19 at the Community Club. Those still interested in buying beach or pool passes can visit the Outdoor Recreation offices on Mon. Wed. and Fri. from 1 p.m. to 6 p.m. and Tue. Thurs. and Sat. from 9 a.m. to 1 p.m. (Photo by Margaret Robbins, DMWR Marketing Office).

## Darby Digest: Your source for local news, information & culture



April 26, 2012  
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U.S. Army Garrison Livorno  
Commander

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### Front Cover Photo by Chiara Mattiolo

Danila Ferretti shows off her art during the Camp Darby Library when they celebrated National Library week April 8-14.

[www.usag.livorno.army.mil](http://www.usag.livorno.army.mil)

# DLA Energy distribution facilities specialist recognized for 40 years of service



### By Lt. Cmdr. Eric Lockett *DLA Energy Europe and Africa*

Massimo Fornaini, a distribution facilities specialist with Defense Logistics Agency Energy Europe and Africa regional office, received recognition March 20 for his 40 years of federal service at a ceremony at Camp Darby, Livorno, Italy.

Fornaini began his career in January 1972 as an accounting clerk with the DOA, Department of Logistics, Supply Support Activity for the 8th Area Support Group at Camp Darby, where he was responsible for maintaining supply and budget accounts for the 8th ASG and tenant commands. In the early 1980s, Fornaini went on to assist with the integration of the Army's legacy supply system as it transitioned into the Standard Army Intermediate Level System. He was later promoted in a series of positions that included budgeting assistant with the 201st Materiel Management Command, supply systems analyst and finally to supervisory supply system analyst.

Prior to working for the Department of the Army, Fornaini, an avid soccer player and enthusiast of the game, worked as a bookkeeper for a large furniture company in Florence, Italy. A friend told him that the U.S. government was seeking to

hire Italian nationals to work in Pisa and suggested he apply.

"I didn't even know about the U.S. Army in Pisa, but they taught me how to apply, and 10 days later a position opened, and the rest is history," Fornaini said.

When the 201st MMC relocated to Germany, Fornaini returned to 8th ASG as a plans and operations specialist with S3 division. After 25 years of dedicated service with the DOA, Fornaini joined the Defense Energy Support Center Mediterranean team, now DLA Energy Europe and Africa region, in 1998 and was honored as the DESC Employee of the Quarter for the third quarter of fiscal year 2006.

Fornaini was pleasantly surprised when Army Col. Robert Weaver, commander of DLA Energy Europe and Africa, chose to honor his dedicated service in the presence of his peers during his recent visit to Camp Darby.

"Over the years DLA Energy's mission and name have been through several iterations," Weaver said. "And Massimo has been a pillar of excellence through it all. His dedicated work ethic is a fine example of the stability our foreign national workforce brings to the organization."

"I am most thankful for the lasting relationships formed over the years. I served 25 years with the Army, and I'm ready and willing to serve even more with DLA Energy," Fornaini said.

2012  
★ America's Armed Forces ★

# KIDS RUN

Join the America's Armed Forces Kids Run!

May 19  
9 - 11 a.m.  
Start line: Front of Fitness Center

Register online at [www.americaskidsrun.org](http://www.americaskidsrun.org)  
from April 9 thru May 18.

For more information about this run,  
contact Parent Central Services at 633-7681

## STRONG B.A.N.D.S. EVENTS

at USAG LIVORNO

**Monday, May 7 - Sunday, May 20**  
**Half Ironman Triathlon Challenge**  
So, you think you're an athlete? Get ready for the ultimate challenge! Swim 1.2 miles, bicycle 56 miles and run 13.1 miles in the span of 2 weeks. Track your progress on our chart in the Fitness Center. The base pool will be open Monday-Friday from 11 a.m. - 1 p.m. for swim miles. (\$10 Registration Fee, Register April 18 - May 4.)

**Monday, May 7**  
**TRX Suspension Straps Demo**  
It's one of the newest tools in the fitness trade. All of our major body movements are generated from the "core" of our bodies. Come to observe a demonstration of this unique training tool or, better yet, come dressed to participate! Guaranteed to test your strength and balance. This demo is Free.

**Begins May 14 (Mon, Wed, Fri 1 Noon-12:45 p.m.)**  
**Aqua Zumba/Fitness**  
Join us at the Camp Darby pool for an aquatic experience. Aqua Zumba/Fitness is low impact but very beneficial for all populations. The pool is heated so come on it, the water's fine! The first class is Free, additional classes cost \$4 per class.

**Tuesday, May 15 & 22 (5:15-6:15 p.m.)**  
**Swim Stroke Clinic**  
Know how to swim but want to get better? Get some tips on your stroke from a former high school team captain and collegiate at the University of Florida. Focus is on refinement and efficiency of your technique. This clinic is Free.

**Saturday, May 19 (9 a.m.)**  
**Swim Meet**  
Sign up for any or all events to be held at this inaugural swim meet at the Camp Darby Pool. Must have a minimum of 4 people registered for each event for that event to run! Awards for 1st, 2nd, 3rd male and female in each event. This Swim Meet is Free.

## STRONG B.A.N.D.S.

BALANCE • ACTIVITY • NUTRITION • DETERMINATION • STRENGTH

- Attend featured fitness events at your garrison.
- Get your band and wear it throughout May to show your commitment to a healthy lifestyle.
- Visit the Strong B.A.N.D.S. website for fitness tips and prizes every day in May!

For more info call 633-7438 | [www.livornoMWR.com](http://www.livornoMWR.com)  
[armymwr.com/strongbands](http://armymwr.com/strongbands)

# Community events & happenings

## Employment Opportunity

Choctaw Contracting Services is offering a part-time position in the Livorno Women, Infants, and Children (WIC) Office. Requires BS in Nutrition, Dietetics, or Home Economics, or BSN in Nursing. Please see the attached flyer for specifics. For more information or to email your resume and cover letter, please contact Rebecca.turnercunningham@aviano.af.mil or fax to DSN 632-4640."

## ArmyMWR Services Survey

Family and MWR want to know what customers are interested in, whether they are using available services and if so, how satisfied they are with the programming here in Livorno. If you received an invitation please take the survey. You can help make good programs even better.

## Safety Day

May 10 is Summer Safety Day. The Safety office will provide information on baby/child choking hazard safety training and ADR (European Agreement concerning the International Carriage of Dangerous Goods by Road) in addition to the normal summer safety classes.  
\*\*\*The Post Office and CMR will be closed until 1 p.m. during Safety Day\*\*\*

## Save a chicken

Every Monday from 11 a.m. to 1:30 p.m. in front of the Exchange (PX) the Army team is selling hamburgers and hotdogs. Proceeds will go towards the Army Birthday celebration.

## Child, Youth, School Services

633-7681

- May 2-3 the school and CYSS will offer a child screening to see how your child is developing. Call DSN 633-7459 for an appointment.
- Join America's Armed Forces Kids Fun Run on May 19 at 9 a.m. Register online at [www.americaskidsrun.org](http://www.americaskidsrun.org).
- Get certified as a CYSS Adult Sitter. Learning objectives will include CPR, First Aid as well as behavior management, appropriate play activities and emergency plans on May 1 and 3.

## WIC Office Open

The LIVORNO WIC Overseas office will be open Monday, April 30 through Wednesday, May 2. If you need assistance as a current participant or would like to enroll in the program, please contact Rebecca at 632-7473 (DSN) / 0434-30-7473 (commercial).

## Sports & Fitness

633-7438

- Check out all of the special activities throughout the month of May as part of the Family and MWR worldwide Strong Bands promotion! You'll find the Half Ironman Triathlon Challenge, TRX Straps clinic, Aqua Zumba/Fitness classes, Swim meet and more. For more information, contact Sports & Fitness at 633-7438.

• Register now thru May 4 for the USAG Livorno Softball Intramural/Recreational league. Games begin May 8 and will be held on Tuesdays and Thursdays 5:30-6:30 p.m. on Softball field #1. For more information, contact Sports & Fitness at 633-7438.

## ITR

633-7589

- Florence May 5
- Rome May 12
- Venice May 19

## Religious Activities

633-7267

- 9:40 a.m. Catholic reconciliation
- 10 a.m. Catholic Mass
- 11:15 a.m. Protestant worship
- 11:15 a.m. Catholic CCD

## AAFES Movies

- April 27- 6 p.m. Ghost Rider: Spirit Of Vengeance (PG-13)
- April 28- 6 p.m. This Means War (PG-13)
- April 29- 1 p.m. American Reunion (R) 1st Run
- May 4 - 6 p.m. Wanderlust (R)
- May 5- 6 p.m. Act Of Valor (R)
- May 6- 1 p.m. The Three Stooges (PG) 1st Run

## Scam Alert

The U.S. Postal Inspection Service has issued a scam alert for bogus emails being sent to postal customers. The bogus e-mails refer to a package delivery or online postage charges. The e-mails contain a link or attachment that, when opened, installs a malicious virus that can steal personal information from your PC. FEDEX and UPS are reporting similar scam alerts on their sites.

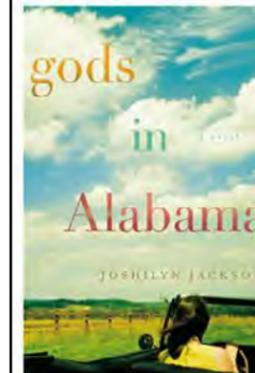
Friends of Camp Darby presents

# Book Club

Next meeting date:

May 14th: 1700-1830  
Yellow Ribbon Room

Please bring a dish to share!



gods in Alabama  
by Joshilyn Jackson

Limited books available at the post Library.

Books also available at:  
[www.paperbackswap.com](http://www.paperbackswap.com)

Paperback Swap is an online book swapping community. There is no fee to join and receive two free books for listing your first 10 books.

## 5th Annual European Softball Championships

Camp Darby, Italy

Memorial Day Weekend  
**May 25-27, 2012**

Men's & Women's  
1st, 2nd, and 3rd Place Team Awards  
1st, 2nd, and 3rd Place Individual Awards  
All Tournament Team Awards

Entry Fee per Team is \$350  
Sign up deadline is May 18, 2012

Teams must supply their own yellow softballs (ASA 44/375).

Sign up by email to [jimmy.j.rodzy2.naf@mail.mil](mailto:jimmy.j.rodzy2.naf@mail.mil)  
[www.livornoMWR.com](http://www.livornoMWR.com) | Facebook: Camp Darby MWR

# OUT & ABOUT- EXPLORE YOUR WORLD

Compiled by Barbara Ranieri  
USAG Livorno Community Affairs Advisor

## SAGRA & FESTIVALS

### Agrifera at Pontasserchio

Till the 1 May 2012 in Pontasserchio – Pisa- take place the Agrifera, an agricultural trade fair that has taken place in Pontasserchio since 1909.

There are stalls selling plants and flowers, local products, poultry, agricultural machinery, garden furniture and handicrafts. A cattle, sheep and horse show is complemented by riding activities for children.

The program is full of events such as seminars, tastings, meetings, exhibitions and open-air shows.

The Agrifera takes place in the 18th-century Peace Park of Pontasserchio.

Info: [www.agriferatoscana.com](http://www.agriferatoscana.com)

### Wild Boar Fair

Till 5 May 2012 every weekends there will be the Wild Boar Fair in Certaldo Firenze

Info: [www.sagradelcinghialecertaldo.it](http://www.sagradelcinghialecertaldo.it)

### Montecatini Opera Festival 2012 in Montecatini Terme - Pistoia

From May 1st to October 16th 2012, The Parnaso Cultural Association presents the 2012 edition of the Montecatini Opera Festival. The Opera Festival confirms itself as one of the most attractive and interesting cultural events in Montecatini Terme - Pistoia -, a real testament of its ancient link with art and culture.

This Festival, especially appealing to classical music and opera lovers, is linked with international singers as well as with "new promising young artists". The 14th edition basically presents the previous successful formula, strengthening the previous prestigious forms of collaboration but adding also new co-operations with institutions, such as Luciano Pavarotti associa-

tion, a real forge of new talented singers.

The season's program from May to October, presents 20 events, including three special selections of famous arias from great operas such as Tosca (July 3rd), La Traviata (July 10th and August 28th) and Turandot (August 21st).

Any event will take place inside the charming thermal buildings of Montecatini, either in the amazing historical hall of the Excelsior, a real jewel of the early 20th century architecture and the perfect place to enjoy music with the same intimacy as a late 19th century salon, or in the Tettuccio, where the music of the great composers, who made us known all over the world, still echoes around, arousing new emotions.

Info: [www.montecatinioperafestival.it](http://www.montecatinioperafestival.it)

### Firenze Tango Festival 2012 in Florence

April 25- May 1

Florence will be hosting the 10th edition of Firenze Tango Festival. The 10th anniversary will be a special event for tango dancers from all over the world, with a big staff of first class teachers, long milonga nights in a great location with two dance floors, tango orchestras and live cortinas, tango shows, classes with registration limit, search partner service for workshops, transfer to lessons, large Festival Team helping for any need and making you feel welcome – a really great and international tango party is waiting for you during wonderful spring days in Florence.

The event will take place at the Obihall Theatre and at the Affratellamento Theatre.

For further information: [www.firenzetangofestival.com](http://www.firenzetangofestival.com)

### Corradino D'Ascanio exhibit at Piaggio

### Museum in Pontedera

Until May 12

The exhibition celebrates the 120th anniversary of the Vespa designer's birth as well as the 30th anniversary of his death.

Info: [www.museopiaggio.it](http://www.museopiaggio.it)

### Stories from the Other World: The Universe inside and outside ourselves

Now until July 1, the exhibition will recount how man learnt to approach, explore and understand our universe, a world very distant from our daily experience.

The visitor will see how, over time, our deeply human, ancestral curiosity, springing from our wonder as we contemplate the marvels of Nature, developed, became structured, and divided into separate disciplines, culminating, after a process lasting many centuries, in what we now refer to as the modern sciences of physics, astrophysics, and cosmology.

Info: [www.storiedallaltromondo.it](http://www.storiedallaltromondo.it)

### Excursions to Alta Val di Cecina

It will be possible to do trekking, take part to events and meetings including environmental education, artistic and sensory workshops to discover the wilds crossed by man for millennia.

This breathtaking experience will give us a better understanding of the history of man and his centuries-old relationship with nature.

Info and booking: [www.volterratur.it](http://www.volterratur.it)

### Livorno Harley Davidson chapter

The Livorno Harley Davidson chapter is organizing a wine tour on May 5. Info: 347 52069180

They are also going to attend to the Saint Trope Eurofestival Harley which will take place May 10-12. Info: 3355613442

*Dates and times could be changed at the last minute; it is advisable to double check the information.*

Friends of Camp Darby Trip  
<http://friendsofcampdarby.com/>

Save the date!

Truffle Hunting

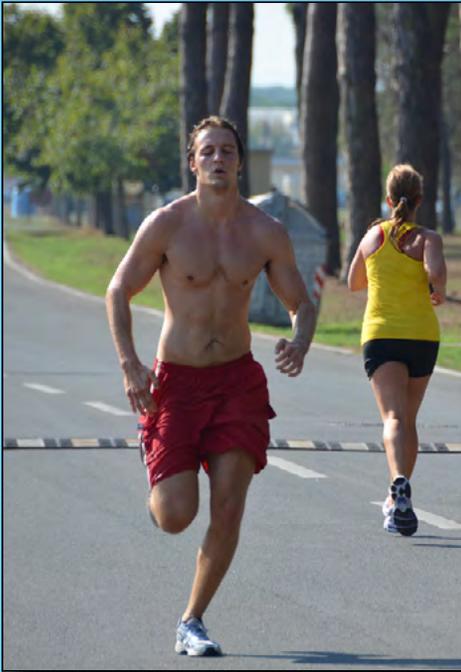
May 5th, time TBA

Set out in to the woods of either San Miniato or Palaia (depending on availability) with an expert truffle hunter and his dog to seek the famous bianchetto and scorzone.

Cost is 30-euro per person, including a lunch (antipasto and primo priato) featuring tartufo. Minimum of 10 people required for the trip to make.



# Get fit with Strong B.A.N.D.S. Program



Photos by Joyce Costello

Camp Darby community members can take part in the two version of the Half Ironman Challenge by signing up at the fitness center by before May 7.

**By Kenneth Owen**

*Camp Darby Fitness Specialist*

In recognition of National Physical Fitness and Sports Month, Camp Darby will be hosting a wide variety of special events throughout the month of May. As part of the 2nd annual Strong B.A.N.D.S. (Balance, Activity, Nutrition, Determination, Strength) campaign, there will be special programming to broaden the experiences of the USAG Livorno community.

It is widely believed that the best way to increase fitness is to “keep the body guessing”. Performing the same workouts day after day and week after week teaches the body to adapt only to that specific workout. Performing a variety of exercise routines boosts the body’s ability to adapt to a broad spectrum of movements which is an optimal way to improve fitness levels.

The Half Ironman Triathlon Challenge runs May 7-20. Participants will swim 1.2 miles, bicycle 56 miles and run 13.1 miles over the course of two weeks. Progress will be tracked at the Fitness Center on their charts. Participants can swim for free at the pool to do their laps from 11 a.m. to 1 p.m. on Monday-Fridays during the program.

May 7 there will be a free TRX Suspension Straps demonstration. On May 14, you can try the Aqua of Zumba Fitness class for free. Additional classes will incur a cost. May 15 and 22 at 5:15 you can get tips on how to improve your stroke at the free Swim Stroke Clinic. May 19 there will

be a free swim meet with awards for the top three finishers.

Through a partnership with the Outdoor Recreation Department, the base pool will open early specifically to support the Strong B.A.N.D.S. events that require water. There will be no charge for participants of the programs to enter the pool when the Half Ironman Triathlon Challenge, Aqua Fitness classes, Swim Stroke clinics and a Swim Meet will be held. The pool is heated so take this early opportunity to get wet.

The events will culminate with the annual Memorial Day Softball tournament.

Some of the programs require prior registration so don’t miss your chance to participate. Stop by the Fitness Center to check out the schedule or to get more information. About Strong B.A.N.D.S. visit [www.armymwr.com/strongbands](http://www.armymwr.com/strongbands).

