

Darby Digest

www.usag.livorno.army.mil
October 2, 2009

CFC kicks off
Page 6

Pimp my PC
Page 8

Lift up your spirits
Page 3

**Getting married in
Italy**
Page 9

**Camp Darby holds annual
Force Protection exercise**
Page 4

**Ready for Run to
the Tower**
Page 22

Camp  Darby's premier bi-monthly newsletter



Columbus Day Safety Message

The Columbus Day holiday weekend will be celebrated from 09-12 October this year. Columbus Day is a special day to honor and remember the efforts and contributions of the explorer Christopher Columbus. This much deserved time off will give everyone time to relax and enjoy the splendor of the Tuscan autumn season as we commemorate the discovery of the Americas. Unfortunately, holidays pose increased risk of accidents to each of us; therefore, it is extremely important for all of us to focus on safety and current force protection levels.

During this time of rest and relaxation, we must not forget our obligation to take care of people. Leaders must ensure that all personnel are aware of the hazards they are likely to face during this holiday weekend. I challenge all first line leaders to become involved with their subordinates addressing the hazards of drinking and driving, the unique hazards associated with driving in Italy, seat belt and child restraint requirements, and always using caution in sports and recreational activities.

I urge everyone to remain alert and be protectively involved in the composite/operational risk management and accident prevention process. Our goal is no accidents, no serious injuries, and no loss of life over this holiday weekend. Utilize the "Travel Risks Planning System" (TRiPS) tool found on the US Army Combat Readiness / Safety Center web site (<https://safety.army.mil>). Finally, we cannot allow our friends or ourselves to drink and drive; have a plan, use a designated driver.

This is a special holiday and you are valuable members of the Camp Darby/Livorno military community. I want each of you to enjoy your Families, celebrate smartly, and return to work safely.

LTC STEVEN CADE
USAG Livorno Commander



Vol. III, Issue 119

Lt. Col. Steven Cade
U.S. Army Garrison Livorno
Commander

Cover photo by Joyce Costello

The Darby Digest is an unofficial publication of the U.S. Army Garrison Livorno, IMCOM-Europe and the U.S. Army authorized under the provisions of AR-360-1. Contents of The Darby Digest are not necessarily the official views of, or endorsed by, the U.S. Government or the Department of the Army. Private organizations noted in this publication are not part of the Dept. of Defense and those wishing to make an announcement must be registered. Submissions must include submitter's name, duty location and DSN and civilian phone numbers and '.mil' e-mail address. Send request for advertisement to: pao.livorno@eur.army.mil. The appearance of advertising in this publication does not constitute endorsement of the products or services advertised by the U.S. Army. All content in this publication is prepared, edited and approved by the USAG Livorno Public Affairs Office. The PAO reserves the right to edit submissions for style, clarity or fit. Information is accurate at the time of publishing. This publication is produced and distributed published bimonthly by the U.S. Army Garrison Livorno Public Affairs Office, building 303, Camp Darby, unit 31301, APO AE 09613, 633-7229/civ. 050-54-7229. Private organizations noted in this publication are not part of the Department of Defense.

Lift up your spirits tour visits Camp Darby



Story and photos by Joyce Costello
USAG Livorno Public Affairs

Gospel recording artists, Grammy award nominated artists and multiple Stellar Award winners performed for the Camp Darby community Sept. 27 during the U.S. Army Entertainment “Lift up Your Spirits” tour.

Spensha Baker, a 16 year-old sensation whose father is a Sgt. Maj. in the U.S. Army, opened up the evening with powerful vocals and moving lyrics. The best selling gospel trio of all time, Trin-I-Tee 5:7 continued to wow the crowd, but it was Deitrick and Damita Haddon that really got the crowd on their feet dancing and praising the Lord.

“I have a lot of their albums (Haddon) and was really surprised that they were coming to a small post like Camp Darby,” said Sgt. 1st Class Kevin Walker, 3/405th Army Field Support Battalion. “It was great to meet all of the artists and I’m stilled ‘wowed’ that we had this show here.”

After the two hour performance, Installation Manager Anbiya presented the artist with mementos and more uplifting concerts such as this one





Exercise, Exercise, Exercise

Camp Darby community will be doing their annual full scale force protection exercise on Wednesday, October 7 from 8 a.m. to noon. Facility services on Camp Darby and Leghorn Army depot will be affected during exercise. Tucson Sun. Tune into AFN Livorno 106.0 or log onto www.usag.livorno.army.mil for updates during the October 7 exercise.

Exercise, Exercise, Exercise



SHELTERING-IN-PLACE AT ARMY INSTALLATIONS

In the event of an emergency, plans and procedures are in place to direct personnel to evacuate or take some form of shelter. For nonessential and nonemergency personnel, the preference is generally evacuation. In specific instances, evacuation or moving to a civilian shelter or designated place is more dangerous than remaining where you are, such as with short- or no-notice emergencies including hazardous materials events. In these instances, you may be directed to shelter-in-place.

Sheltering-in-place means to take temporary protection in a structure or vehicle—typically your workplace or residence—that is not certified, insured or staffed for emergency conditions. Installation procedures designate which responsible party or office will order personnel to shelter-in-place and for how long the order is expected to be in effect. Remember, **preparing your residence is your own responsibility.**

How to Prepare

- Have an emergency supply kit ready.
- Know how to turn off your heating, ventilation and air conditioning (HVAC) systems without damaging the components.
- Know how to close and secure doors, windows, vents and other exterior openings quickly.
- Identify potential interior space for sheltering-in-place.

How You Will Be Notified

Any of the following emergency warning procedures may alert you to temporarily shelter-in-place:

- A voice announcing system using exterior (“Giant Voice”) and interior speakers or sirens
- Automated Community Notification Systems for sending recorded voice messages or text
- Emergency Alert System (EAS) broadcasts on the radio or TV
- Residential route alerting—messages announced from vehicles with loudspeakers

Prepare Strong

The Army encourages all personnel to maintain a basic level of preparedness for all potential hazards.

You are encouraged to get an emergency supply kit, make a family emergency plan and be informed about what might happen.

It is your responsibility to understand the mass warning system at your installation and, when notified, be prepared for the following:

- Evacuation
- Moving to civilian shelter
- Moving to designated safe haven
- **Temporarily sheltering-in-place**

Don't be "That Guy"



By Joyce Costello
USAG Livorno Public Affairs

Camp Darby's Better Opportunity for Single Service members teamed up with U.S. Army Garrison Livorno Safety office and Army Community Services to talk with junior service members about binge drinking and kick off the That Guy campaign Sept. 25.

"This campaign is not an abstinence campaign and it's great the BOSS program here is being proactive about peer-to-peer efforts to reduce excessive drinking among troops living in the barracks," said USAG Livorno Command Sgt. Maj. Felix Rodriguez.

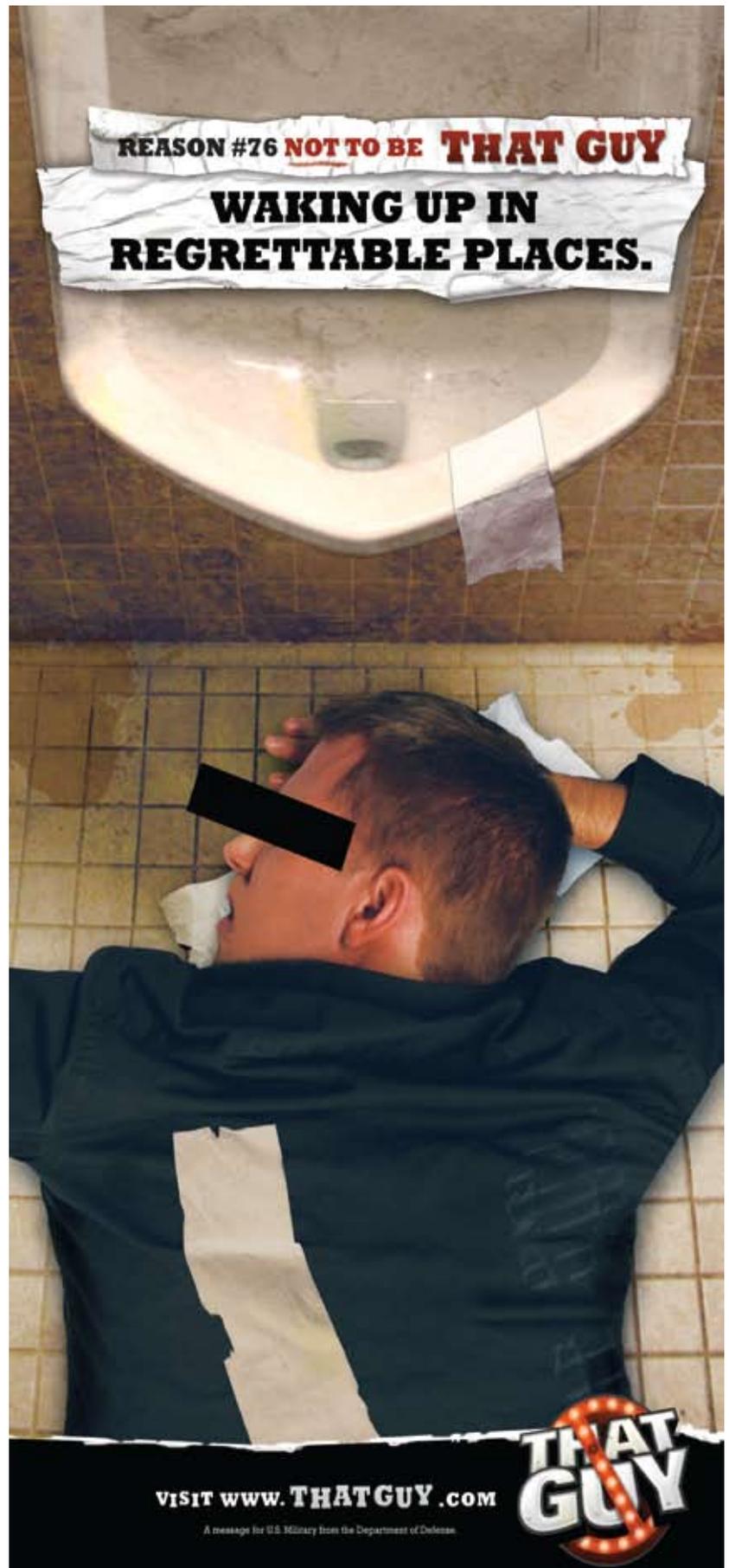
He added that taking the time to get the troops together in the base theater before the holidays started was a good way to help remind them about the consequence of drinking and driving.

BOSS members handed out That Guy drink coasters and playing cards with saying on them like: "Going home with a '10', waking up with a '2'," and "What you won't remember, your friends will" and entertaining synopses about the dancing guy, the player guy and the drama queen.

One thing that the service members that wasn't entertaining or funny is that under Italian law if they are out with "That Guy" and there is an alcohol related incident, they too can be held accountable for aiding and abetting, according to Army Capt. Todd Simpson, the Staff Judge Advocate at Camp Darby.

"The Italian's have penal codes that punishes those who help someone get drunk or are involved in a brawl with three or people," warned Simpson.

More information about Italian drinking laws and That Guy campaign can be found on the BOSS web page on www.usag.livorno.army.mil.





Combined Federal Campaign kicks off Oct.5

Photo and story by Chiara Mattiolo
USAG Livorno Public Affairs

The Annual Combined Federal Campaign-Overseas program this year will start Oct. 5 and will continue through Dec. 4.

As reported on the official charity listing, the CFC is the only authorized solicitation of Federal employees in their workplaces on behalf of approved charitable organizations.

“Contributors can donate to thousands of charitable national, international, or local organizations, said Staff Sgt. Ekachai Steinhorst, CFC Community/Area Project Officer (CAPO) (left) briefs Pfc. Amanda Tribble, 511th Military Police Platoon, on the 2009 official charity listing in order to help her make an informed giving decision.

“Anyone serving the U.S. Government overseas can donate; DoD contractors and foreign national employees are also welcome to donate”.

Steinhorst added that each unit or organization has a CFC “keyperson” who can assist in explaining how to fill in pledge cards.

Pledge cards can be filled manually and given to the unit representative or they can be filled online with the “Online pledge assistant” support to identify charities by name, and to help filling the pledge card online which still has to be printed and given to the CAPO.

Payment can be made by cash, checks, credit card and debit transaction or by payroll deduction. USAG Livorno Command Sgt. Maj. Felix Rodriguez said that CFC is a handy opportunity to donate.

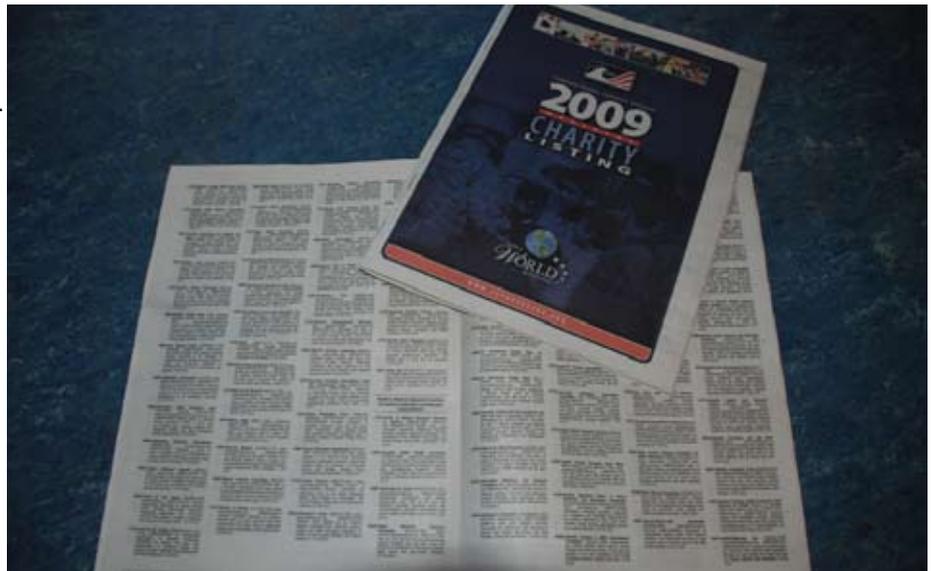
“This is a chance to give to many different charity agencies or to our own community by donating to the Family Support and Youth Programs initiative,” Rodriguez said. “Donating to FSYP means supporting our soldiers and families by improving the experience of living abroad or helping in the transition.”

Steinhorst added that Camp Darby is a small community, but is part of the United States European Command (EUCOM) family and “even a little bit helps in making the world a better place”.

“The Camp Darby community needs to know that together we can make the difference” said Steinhorst. For more information on the program check the CFC website at www.cfcoverseas.org. or contact Staff Sgt. Steinhorst at DSN 633-7575.



Staff Sgt. Ekachai Steinhorst, CFC Community/Area Project Officer (CAPO) (left) briefs Pfc. Amanda Tribble, 511th Military Police Platoon, on the 2009 official charity listing in order to help her make an informed giving decision.



Who discovered the New World?

By James Fiore
Special to the Digest

October is the month we celebrate the discovery of the New World by the Spanish expedition led by the legendary mariner Cristoforo Colombo in 1492. His discovery marks the beginning of the colonization of two continents, North and South America. But was Colombo the first “foreigner” to have seen the New World?

Archeological evidence found on Baffin Island in northern Canada, coupled with travel logs furnished to the King of Denmark in AD 986 suggest an expedition lead by Leif Erickson made landfall in North America before the year 1000.

Chinese historians have detailed chronicles of Ming Dynasty Emperor Zhu Di commissioning a fleet of exploratory ships in the early 1400s and sending his greatest Admiral, Zeng He, to map the entire world. Zeng’s ship logs and navigational charts confirm he reached the West Coast of North America in 1421.

And what of Brendan the Navigator, who was said to have crossed the Atlantic with 5 acolytes and reputedly reached the coast of Maryland in the year 595 and returned five years later with accounts of a land where “five mighty rivers find the ocean”?

Not to mention the Greek historian Diodorus, who wrote of a Carthaginian expedition which sailed through the Pillars of Hercules (thought to be the straits of Gibraltar), re-supplied on the “isle of clear water” (the Azores) and reached the coast of northern Brazil in 320 BC?

Now you can have a say in this debate. Come to bowl at Darby Lanes between Oct. 1-10 October and donate your scores to the expedition of your choice. Your score will move your explorer that number of miles closer to discovery.



Hispanic Heritage Month Sept. 15- Oct. 15

Events

Oct. 3, 10, 17 Salsa Night at the DCC beginning at 6 p.m.

Oct. 23 Food Tasting event and celebration at Darby Community Club

Volunteers still needed to help cook and do dance demonstrations. Planning meeting is every Wed. at 3:30 p.m. at ACS Bldg. 428 Yellow Ribbon Room.

****photos of events posted on www.flickr.com/photos/campdarby****



Pimp MY PC



By Vincenzo Leto
USAG Livorno Public Affairs Office

Going Mobile

In the first article of "Pimp MY PC" we discussed some solutions on how to surf the net in Tuscany from your home. However, you may live in area where fast ADSL or even slow DSL is not available. You might even prefer surfing the net using your notebook and want to do it also while travelling.

If your notebook is equipped with wireless network card, you could take advantage of Wi-Fi hot-spot spread across the Italy. Hot-spots are normally run by commercial internet providers, but it's not rare to find free Wi-Fi coverage in metropolitan areas offered to citizens and tourists by the local authorities ("Comuni"). Venice is a prime example of free internet access, but you must register with the Comune. By Italian law, any Wi-Fi hot spot requires registration.

Airports, restaurants and fast-foods are generally well-covered by Wi-Fi with over 6,000 services in Italy. McDonald recently activated 320 free hot-spots into their shops through-out Italy. For a full list of hot-spots, visit <http://www.hotspots-wifi.it>.

If you like to have the same service of a regular ADSL line, free hot-spots might not be your preferred choice. Congestion, bandwidth limit and area limitation make WI-FI hot-spots suitable mostly for the casual user.

Mobile fast internet for notebooks and personal computers as well comes primarily in the shape of a USB thumb drive quite similar to the ones used to store data. This little device provides the user connectivity to the data networks.

There are five main companies in Italy which offers mobile Internet connectivity: 3, TIM, Wind, Vodafone and Fastweb. Many contracts are available to meet various needs. However, before signing any contract, you should identify your Internet profile and select a contract that meets your need.

Are you an occasional user?

Is social media your main Internet related interest?

Do you surf the Internet regularly?

Are massive downloads what are you looking for?

Would you like to be charged based upon volume of traffic or based upon time?

These are the type of questions you should be answering yourself before making a choice. Also if you are planning to use it at home, make sure that the selected provider has coverage in your area. Below you'll find some examples of contracts (we screened 36), but make sure to check the company websites for full details.

CONTRACT	COMPANY	COST	TRAFFIC	DURATION
Internet Day Senza Limiti	www.vodafone.it	5 euro	Unlimited	1 day
Naviga3 Time	www.tre.it	5 euro	28 hours (7 a week)	30 days
Tim Maxxi Internet 10	www.tim.it	10 euro	50 MBs a day	30 days
Internet Facile Senza Limiti	www.vodafone.it	45 euro	Unlimited	30 days
Mega 15000	www.wind.it	39 euro	5 GBs	30 days
Naviga Mobile ORE	www.fastweb.it	19 euro	100 hours	30 days
Naviga Mobile	www.fastweb.it	19 euro	5 GBs	30 days

DON'T JOIN THE WRONG GROUP WHEN PARTECIPATING IN SOCIAL MEDIA

Online affiliations with hate groups are subject to punishment. According to DODD 1325.6, Oct.1,96 para 3.5.8, "*Military personnel must reject participation in organizations that espouse supremacist causes; attempt to create illegal discrimination based on race, creed, color, sex, religion, or national origin; advocate the use of force or violence; or otherwise engage in efforts to deprive individuals of their civil rights.*"

Want to get married in Italy?



Legal status proof now needed.

**By Joyce Costello
USAG Livorno Public Affairs**

U.S. citizens who want to get married in Italy now have to produce evidence of their legal status in Italy, according to Michela Ferrara, Camp Darby Soggiorno Technician.

“Active Duty service members now need a copy of their military orders and their dependents and civilians will need their ‘permesso di soggiorno’ if they wish to get married in Italy,” said Ferrara. “Fiancés who come from the States to get married in Italy have to report to the Italian Immigration Office first and obtain a “tourist permesso di soggiorno” (tourist permit of stay in Italy) before they can start the procedure to get married.”

She added that the City Hall will turn down those who do not comply with the new rule; but, the temporary receipt issued by the Italian Immigration Office in lieu of the actual soggiorno is accepted by the City Hall as evidence of legal status in Italy.

For those who wish to get married in Livorno, they will need two witnesses, and in Pisa they will need five witnesses. Those interested in getting married in Italy should visit www.usembassy.it for the complete listing of rules and procedures.

USEFUL NUMBERS FOR MARRIAGE IN TUSCANY

American Consulate in Florence
Lungarno Amerigo Vespucci 38, Ph. 055-266951. For the “Nulla Osta” or for appointments visit their website at www.usembassy.it

Prefettura in Pisa
Piazza Mazzini . Ph. 050 – 549511

Prefettura in Livorno
Piazza d’Unita’ d’Italia. Ph. 0586 – 235111

Prefettura in Florence
Via Giacomini 8 Ph 055 2783562
(To legalize the Consul’s signature)

Pretura in Pisa
Via Giusti Ph. 050 513511

Pretura in Livorno
Via De Larderel 92 - Ph. 0586 252111
(Atto notorio – Notary act)

Comune di Livorno – Marriage Unit
Ph 0586 820455

Comune di Pisa – Marriage Unit
Ph 050 910230
(Publications of bans and actual ceremony)



New Satellite Audio Services Coming

By George Smith
American Forces Network Europe

Four new 24/7 satellite audio services begin October 5 at 9 a.m. Central European Time for people who own or rent an AFN decoder.

The services are Gravity, a Rhythmic/Contemporary Hits Radio service; Drive FX, a mix of trance and techno; Jack FM, hits from Hot Adult Contemporary and Adult Rock; and Classic Rock, rock from the early-60s to early 80s.

For details on the services, to include what decoder channel to tune in, go to afneurope.net.

There are more than 67,000 individually owned or rented decoders in Germany, Italy, Belgium, Spain, Greece, Iraq and Afghanistan. The changes will not affect AFN Europe's AFN The Eagle radio which is heard mostly on FM frequencies. Overnight AFN Power Network listeners will hear a minor change when Classic Rock takes the place of Oldies. Power Network radio services broadcast on AM and FM signals in Europe.

Decoder users may also listen to the Power Network on Channel 35 and AFN "The Eagle" on



**Tune into Livorno's
AFN The Eagle Show
weekdays from
6 a.m.- 10 a.m.
and
2 p.m.- 6 p.m.**

AFN Broadcast Center Reps Coming to Europe to Get Feedback



Honey Shewbert
AFN Bavaria

In the United States, the average television viewer has about 118 channels available to watch, according to Nielsen Media Research. There is a channel for almost every interest: golfing, shopping, cooking, religion, and science fiction are some examples. In Europe, people working for the military and their families have 10 American Forces Network (AFN) television channels with basic cable service.

Every day the American Forces Network (AFN) Broadcast Center (BC) in California does its best to get the best Stateside TV programming on the satellite for Americans living overseas. "When you look at the programming on our (AFN's) channels, you quickly see that we fit all the most popular U.S. shows into our schedule," says Chief of the AFN BC's Affiliate Relations Division at the American Forces Broadcast Center in California. "We're providing the same choices the majority of Americans prefer to watch."

Sichter says he is often asked why AFN airs a popular show months after it is shown Stateside. "Unlike Stateside networks, we show only original episodes of any given series' season on our prime services." Sichter points out this gives AFN an advantage. "A series runs in the States in the same time slot for most of the year because many of the episodes are repeated," says Sichter. Since AFN doesn't follow this practice, its viewers can catch all original episodes of two different shows in that timeslot, instead of seeing repeats.

How does AFN decide which shows it will air? Sichter says, "If a series continues to rate highly in the States, according to Nielsen Media Research ratings, the chances are high that it will return to AFN."

Compounding the challenge of fitting the most popular Stateside programs into 10 channels is where AFN's viewers are located. AFN's two prime viewing channels, AFN|prime Atlantic and AFN|prime Pacific, contain the same programs time-shifted for viewers in Korea and in the Atlantic region (including Europe). "AFN schedules programs at the same time viewers would expect to see them in the States," Sichter says.

Even though shows on AFN's two Prime channels are scheduled at different times, viewers can still see repeats. "They (AFN) do a good job," Julia Delass, a military spouse in Hohenfels, Germany says, "It's just kind of frustrating because they have channels with the same programs."

An example is the Dr. Phil show. Viewers in Europe can watch it at 10 am and again at 4 am on AFN|prime Atlantic. It also airs at 9 pm and 3 am Central European Time (CET) on AFN|prime Pacific. According to Sichter, this is to time-shift the program for viewers in places like Korea.

Sichter concedes that AFN will never be able to make all of its viewers happy, especially sports fans. "Each week throughout the season, the AFN sports programmers do their level best to bring viewers the best possible mix of games available," Sichter says, "AFN airs more college and pro football than any single Stateside broadcast source."

Sichter says AFN tries to schedule as many live sporting events as possible. "But conflicting game times stateside and a limited amount of available space in an already crowded schedule requires AFN to also tape delay many events," he says. He adds that the decision whether to air an event live or tape delayed depends on its significance, and the time it airs in the States.

The AFN Broadcast Center keeps the overseas audience in mind when they make programming choices. "Having spent 13 years of my life overseas, I know first-hand the value of AFN," Sichter said, "When you're away from home, you become hungry for information about home...and that's what we do best: we keep our audience informed by providing a 'touch of home.'"

Part of keeping in touch with the audience is visiting them and finding out what they like and what needs changing. Sichter, Deputy Director, Dave Gebhardt, and Director of Religious Programming, Chaplain (Maj) Bruce Kite visit Europe in-mid October. They'll go live on AFN radio 10 am October 21 to answer your questions about AFN programming.

Sichter advises if you want the latest on what's on AFN TV, go to myafn.net. If, for example, you want to find out when your favorite series begins and ends, go to myafn.net and click "projection/returning series" at the top of the homepage. You can also see a full schedule of shows and their airtimes.



UMUC Scholarships available for next semester

HEIDELBERG, Germany--University of Maryland University College Europe (UMUC Europe) announces registration for Fall 2009 Session 2. Registration for ON-SITE (face-to-face) courses is available through 25 October, with classes beginning on 26 October. Registration for Europe ONLINE (distance education) courses continues through 8 November, with classes starting on 9 November. Hundreds of courses are offered in a wide-variety of fields like business, computers, history, languages (also Arabic), and more.

Additionally, UMUC Europe announces increased funding for scholarships, which may now be awarded in amounts up to \$1,000. Students may use these awards in conjunction with additional benefits, such as MyCAA, which offers up to \$6,000 in grants for educational funding, as well as military tuition assistance or applicable veterans benefits.

For more information on registration, scholarships, and services, contact a local UMUC Europe field representative, visit www.ed.umuc.edu, or contact UMUC Europe at DSN 314-370-6762 or CIV +49-(0)6221-3780.

**Post 9/11 GI Bill questions?
Visit www.gibill.va.gov**



TAKE CONTROL
What you do right now makes a difference



27th Annual

Run To The Tower 2009

...there's no other run like it!

Friday, October 16, 2009

12-km (7.3 mile)

Route: Camp Darby to the Leaning Tower of Pisa

Entry Fee*:

2-9 October: \$15 or Euro 10

10-14 October: \$20 or Euro 14

First 300 entrants receive a free "Run to the Tower" 2009 t-shirt

Call Camp Darby Outdoor Recreation for more info:
DSN 633-7775 or civilian +39-050-547775



***NO registration on race day or day prior to race. No refunds. Registration open to all interested runners. Race limited to 500 registered runners.**

**Download registration information at
www.livornomwr.com**





VOICE

Community News for USAG Livorno

Army Community Services
Bldg. 407
USAG Livorno

Mon - Wed 8:00-5:00

Thurs 11:00-5:00

Fri 8:00-5:00

Closed Weekends

Telephones

DSN 633.7084

CIV 050.54.7084

Service Member and Family Readiness Center (SFRC)
Bldg. 428
USAG Livorno

Telephone

DSN 633-7946

CIV 050.54.7946

AER/AFAS

Telephone

335-741-5973

MFLC Telephone

329-876-2168

SARC Telephone

335-771-4989

October is Army Domestic Violence Prevention Month

Domestic abuse occurs when one person in an intimate relationship or marriage tries to dominate and control the other person. Abusers don't "play fair". They use fear, guilt, shame and intimidation to wear you down and gain complete power over you. They may threaten you, hurt you or hurt those around you.

Domestic abuse that includes physical violence is called domestic violence. Victims of domestic abuse or domestic violence may be men or women, although women are more commonly victimized. Except for the gender difference, domestic abuse doesn't discriminate. It happens within all age ranges, ethnic background and financial levels. The abuse may occur during a relationship, while the couple is breaking up or after the relationship has ended.

Types of domestic abuse include emotional, physical, sexual and economic. Many abusers behave in ways that include more than one type of domestic abuse, and the boundaries between some of these behaviors may overlap.

For more information, contact Army Community Service, Family Advocacy Program Manager at DSN 633-7486.

ACS Accreditation

Camp Darby's Army Community Service (ACS) Center completed the accreditation visit in August 2009 and is recommended to receive the full accreditation with commendation.

The ACS accreditation process is to ensure that service members, DA civilians and their families can depend on the same level of community service and support and receive the same high standards, no matter where they are stationed.

The ACS accreditation standards address 13 areas: structure, oversight, management, deployment or mobilization and stability and support operations readiness, FAP, EFMP, AFAP, AFTB, relocation, employment, financial and volunteers.

In order to receive the rating "full accreditation with commendation", all category 1 (151) standards must be met and 95 percent of the total points for category 2 (74) standards as well as 95 percent of the total points for every individual area.

The ACS Center, Health Clinic, Military Personnel Division, Civilian Personnel Advisory Center, Directorate of Public Works, Child, Youth & School Services and Community Recreation contributed jointly to make this accreditation happen.

Thanks to all for a job well done!

THE DATING GAME

How well do you know your spouse or intimate partner? Join us for a night of laughs, socialization, food and fun at the Darby Community Club on October 30 from 7:30 p.m. to 10:30 p.m.

Contact Elaine Miles at DSN 633-7486 to be a contestant. Prizes awarded to all contestants and large prizes awarded to all winners! Childcare provided in conjunction with "CDC, monthly Parent's Night Out"

Visit Us Online at www.livornomwr.com



October 2009

RELOCATION READINESS

Benvenuti at Camp Darby

October 5, 8:15 a.m. at SGM Shields

Conference Room

New to Camp Darby and don't know where to go to get answers? Learn about Italian customs, culture, local shopping, paying Italian bills and more. Please sign up for the next Benvenuti session by calling ACS. Free childcare, but registration is required.

Sponsorship Training

October 6, 9:00 a.m. - 10:00 a.m. at the SFRC

Learn what it takes to ensure you provide a smooth transition to Camp Darby. Please call 633-7084 to sign up.

Smooth Move/Levy Briefing

October 7, 9:00 a.m. - 11:00 a.m. at the SFRC

Learn what it takes to have a stress-free move from Camp Darby.

Multicultural Spouse Meeting

October 21, 11:30 a.m. - TBD at the SFRC

Obtain valuable information on medical services, employment, immigration and naturalization services, driver's license, ESL and much more.

FAMILY ADVOCACY

New Parent Playgroup

Wednesdays, 11:00 a.m. - 12:00 p.m. in the SFRC

An interactive and educational playgroup for service members and their families with children from birth-3 yrs.

What is Domestic Violence?

October 5, 1:00 p.m. - 2:00 p.m. at the SFRC

Cycles of Abuse

October 20, 1:00 p.m. - 2:00 p.m. at the SFRC

Conflict Resolution Class

October 9, 10:00 a.m. - 11:00 a.m. at the SFRC

Stress Management

October 13, 10:00 a.m. - 11:00 a.m. at the SFRC

Asking for What I Need/Want

October 15, 1:00 p.m. - 2:00 p.m. at the SFRC

Healthy Relationships

October 19, 10:00 a.m. - 1:00 p.m. at the SFRC

Reporting/Non-Reporting of Abuse

October 21, 10:00 a.m. - 11:00 a.m. at the SFRC

Active Listening and Reflecting

October 23, 10:00 a.m. - 11:00 a.m. at the SFRC

Positive Self-Image

October 26, 10:00 a.m. - 1:00 p.m. at the SFRC

Unconditional Love

October 28, 10:00 a.m. - 1:00 p.m. at the SFRC

Intervene! Act! Motivate!
24-Hour Sexual Assault Response
Phone number: 335-771-4969

Classes & Seminars

FINANCIAL READINESS

Checkbook / ATM Management

October 6, 11:30 a.m. - 12:00 p.m. at the SFRC

Get tips on ways to keep track of your ATM & debit purchases and keep on top of all your financial necessities.

Credit Management

October 7, 11:30 a.m. - 12:00 p.m. at the SFRC

Today, millions of people are experiencing the same problems and frustrations. BUT YOU CAN get out of debt - and - increase your ability to save.

Identity Theft

October 13, 11:30 a.m. - 12:00 p.m. at the SFRC

The FTC estimates that as many as 9 million Americans have their identities stolen each year. Learn ways to protect yourself and/or your family.

Investment Club

October 13, 27, 11:30 a.m. - 12:00 p.m. at the SFRC

Learn what it takes to get the most out of your investing.

Consumer Rights and Obligations

October 14, 11:30 a.m. - 12:00 p.m. at the SFRC

Learn what you the consumer are entitled to and what your responsibilities are during this quickie class.

Debt Liquidation

October 20, 11:30 a.m. - 12:00 p.m. at the SFRC

Getting out of debt is like losing weight - it takes time, discipline and encouragement from others. Come in and we will help you!

Financial Recordkeeping

October 21, 11:30 a.m. - 12:00 p.m. at the SFRC

Bills, credit-card receipts, ATM slips, investment records, bank statements - they pile up and multiply faster than dirty dishes after a holiday meal. Let us help.

Budgeting Basics

October 27, 11:30 a.m. - 12:00 p.m. at the SFRC

Strengthen your marriage and your finances with this class.

EMPLOYMENT READINESS

Resume Writing

October 23, 11:00 a.m. - 11:30 a.m. at the SFRC

PSCing or trying for a new job on post and don't know how to word your resume? Come to the resume review board and work with other members of our community to perfect your resume.

Interview Skills

October 30, 11:00 a.m. - 11:30 a.m. at the SFRC

Learn what it takes to put your best foot forward.

Military One Source

Military OneSource provides free

private services and information:

- Counseling

- Educational Materials

- Interpretation/Translation

Stateside: 1-800-342-9647

Overseas: 800-3429-6477

Overseas Collect: 484-530-5908

TTY/TDD: 1-866-607-6794

En Espanol: 1-877-888-0727





Sesame Street is coming to Camp Darby

Washington, D.C. September 15, 2009 – Sesame Workshop, the nonprofit organization behind Sesame Street, has once again partnered with the USO to bring The Sesame Street/USO Experience for Military Families to 20 U.S. military installations in the U.K., Europe, Hawaii and Alaska. The free traveling tour kicked off on September 8th at Royal Air Force Mildenhall in the UK and features a live Muppet performance and giveaways from both Sesame Workshop and the USO.

The tour, produced in partnership with VEE Corporation, is part of Sesame Workshop’s Talk, Listen, Connect initiative, the military outreach program that launched in 2006. This bi-lingual, multimedia initiative provides support and offers significant resources for military families with young children between the ages of 2 and 5 experiencing the effects of deployments, multiple deployments or when a parent returns home changed due to a combat related injury. In fall 2008, phase one of the tour traveled to 42 military installations in 23 states and performed 106 shows for 76,000 service members and their families.

“Sesame Workshop is proud of its ongoing commitment to serving the needs of military families and we are thrilled to partner with our good friends at the USO to bring Elmo and all of his friends to military families overseas,” said Gary E. Knell, Sesame Workshop’s President and CEO. “The U.S. tour last fall was a huge success and further underscored the need for resources to help military families cope with the challenges of deployment. This is our humble way of saying thank you to all the moms and dads in our armed forces for their commitment to all of us.”

“The USO is thrilled to continue its partnership with Sesame Workshop and launch the next phase of such an amazing initiative.” said Sloan Gibson, USO President. “All you have to do is watch the faces of the children during a performance to know that this is something truly wonderful. Deployments are the new norm for America's military and they're tough on those left behind. Programs like this lift the spirits of our nation's military families and let them know we appreciate them.”

USO TOUR SCHEDULE:

Aviano AB	Italy	Oct 7
USAG Vicenza		Oct 8
NSA Naples	Italy	Oct 14
USAG Livorno	Italy	Oct 17

*Tour dates are subject to change.

Please visit www.sesamestreet.org/tlc or www.uso.org for the most up-to-date tour information.

123
SESAME STREET

USO

MWR
MILITARY & VETERANS RESOURCES

The Sesame Street/USO Experience for Military Families

Sesame Street and the USO are bringing the furry, fuzzy and friendly muppets to military families around the world.

PROGRAM HIGHLIGHTS:

- » Free admission for military families and their children
- » Mini-show and giveaways
- » For tour information visit www.sesamestreet.org/TLC and www.uso.org

October 17, 2009

Elementary School Gymnasium

3:00 p.m.

*Attention Parents: Sesame Street will be filming the performance for future use

FIRE PREVENTION WEEK 2009, OCTOBER 4th – 10th



The theme is:
“Stay Fire Smart! Don’t Get Burned”



USAG LIVORNO SCHEDULE OF EVENTS:

Sunday, 04. October

14:00 – 17:00 Open House at Fire Station.
Bldg. # 5013, Depot.

Monday, 05. October

15:00 – 17:00 First aid training / demonstration with Fire Department/EMS Team at School Age and Youth Services Center, Bldg. # 730, Camp Darby.

Tuesday, 06. October

08:00 – 12:00 Fire Drill and Fire Evacuation Training at AFSB Facilities, Depot.

Wednesday, 07. October

08:00 – 12:00 Force Protection Exercise.

Thursday, 08. October

15:00 – 18:00 Italian/American Firefighters will do a Fire Safety Presentation with Fire Games “Pompieropoli” at Fest Tent Area, Camp Darby. At the conclusion of fire games all children will be presented a certificate of participation from Pisa Fire Department.

Friday, 09. October

09:00 – 11:00 Fire Drill, Firefighters Presentation and Fire Truck Exhibition at Livorno Schools.
Bldg. # 201, Camp Darby.

11:00 to 12:30 Italian/American Firefighters will set up and facilitate games on the playground during lunch recess at Livorno Schools, Bldg. # 201, Camp Darby.

Saturday, 10. October

13:00 – 17:00 Open House and Fire Prevention Flyers Distribution at Fire Station, Bldg. # 5013, Depot.





Non-appropriated fund job acceptance list

(vacancies as of Oct. 1)

Applications are presently being accepted by the Livorno human resources office for the following positions. Applicants should apply at the NAF human resources office, Camp Darby, 633-7032, fax 633-7049.

Administrative assistant,
nf-0303-02

Open Oct. 1, 1st close: Oct. 8,
closing Oct. 15

Open continuous

hotel desk clerk,
nf-0303-01

child & youth program assistant
cc-1702-01/02

custodial worker,
na-3566-02

bartender/bar assistant,
na-7405-01/03

animal caretaker,
na-0548-03

Come visit our website at <http://cpolrhp.belvoir.army.mil/eur/index.htm> Or visit the Camp Darby website www.usag.livorno.army.mil.

For further information contact our office at 633-7032 or Livorno.NAF@eur.army.mil.

Noncompetitive Appointment of Certain Military Spouses

Getting a federal job as a military spouse will become easier effective September 11, 2009. Final regulations implementing Executive Order 13473 were issued August 12, 2009 in the Federal Register and give agencies the option of hiring qualified military spouses without going through the competitive process.

Under this new hiring authority, military spouse is defined as one of the following:

1. The spouse of a member of the armed forces serving on active duty (to include members of the National Guard and Reserves on active duty), who has orders specifying a permanent change of station (not for training).
2. The spouse of a 100% disabled service member injured while on active duty.
3. The unmarried widow or widower of a service member killed while on active duty.

General Hiring Provisions

* Spouses will have two years from the date the PCS orders are issued to obtain federal employment.

* Spouses of relocating service members are limited to only one appointment under this authority per PCS order. (There is no limit on the number of appointments a spouse of a 100% disabled or the widow of a deceased service member may receive).

* The noncompetitive appointment is limited to the geographic area (as stated on the PCS orders), or the surrounding commuting area. (This limitation may be waived if no Federal agency exists in the geographic area).

* Spouses can find out about federal job opportunities by going to www.usajobs.gov (Spouses may also check the websites of specific agencies in which they may wish to work for position vacancies). This new hiring authority is not limited to specific positions or grade levels but spouses would have to meet the same requirements as other applicants, to include qualification requirements. It will be the responsibility of the applicant to request consideration for employment under this authority as a military spouse. The use of this hiring authority will be discretionary with managers; it does not mean spouses will get a hiring preference, nor does it create an entitlement to Federal jobs over other qualified applicants.

For additional information on this new hiring authority, following is a link to the Federal Register dated Aug. 12, 2009.

<http://edocket.access.gpo.gov/2009/pdf/E9-19340.pdf>

Camp Darby Events Calendar



By Margaret Robbins
FMWR Marketing

ACS initiatives

What is domestic abuse?

This October 5 class provides education on domestic abuse.
Contact the ACS at 633-7084 to RSVP for the class.

Sponsorship training

Learn what it takes to provide a smooth transition to Camp Darby on October 6.
Contact the ACS at 633-7084 to RSVP for the class.

Checkbook / atm management

This October 6 class gives tips on ways to keep track of your ATM and debit purchases and to help you keep on top of all your financial necessities.
Contact the ACS at 633-7084 to RSVP for the class.

Smooth move / levy briefing

Learn what it takes to have a stress-free move from Camp Darby on October 7.
Contact the ACS at 633-7084 to RSVP for the class.

Credit management

Today, millions of people are experiencing the same problems and frustrations, but you can get out of debt – and – increase your ability to save on October 7.
Contact the ACS at 633-7084 to RSVP for the class.

Cycles of abuse

This October 7 class provides education on domestic abuse.
Contact the ACS at 633-7084 to RSVP for the class.

Conflict resolution

This October 9 class provides education on domestic abuse.
Contact the ACS at 633-7084 to RSVP for the class.

Identity theft training

The FTC estimates that as many as 9 million Americans have their identities stolen each year. Learn ways to protect yourself and/or your family during the October 13 class.
Contact the ACS at 633-7084 to RSVP for the class.

Investment club

Learn what it takes to get the most out of your investing during this October 13 class.
Contact the ACS at 633-7084 to RSVP for the class.

Stress management

Learn to identify personal signs of stress and build positive coping strategies during this October 13 class.
Contact the ACS at 633-7084 to RSVP for the class.



Camp Darby Events Calendar Con't

By Margaret Robbins
FMWR Marketing

ACS Con't

Consumer rights and obligations

Learn what you the consumer are entitled to and what your responsibilities are at this October 14 meeting. Contact the ACS at 633-7084 to RSVP for the class.

Asking for what I need / want

This October 15 class provides education on domestic abuse. Contact the ACS at 633-7084 to RSVP for the class.

Post library initiatives

Story hour

Don't miss story hour on October 7 and 14 at the Post Library for children 3-5 years of age. Contact the Post Library at 633-7623 for details.

Darby community club

Karaoke night

Sing along with Bibi at Karaoke Night every Thursday at the Community Club. Contact the DCC at 633-7855 for details.

Say thanks night

Need to say thank you to someone special? Bring them to the DCC on October 9. Contact the DCC at 633-7855 for details.

Texas hold'em

Feel like getting lucky? Come to the Community Club on October 16 for Texas Hold'em. Free pasta for all of the players. Contact the DCC at 633-7855 for details

ITR trips

Genova aquarium

The Genova Aquarium, the largest marine park in Europe, features over 100 species of aquatic life. The Red Sea and the Coral Reef exhibits are not to be missed. Call ITR to sign up for this October 10 trip. Call ITR for more information at 633-7589.

Cinque terre trip

Read any high-end travel magazine and you're sure to come across an article on Cinque Terre. Cinque Terre is a remote piece of the Italian Riviera consisting of 5 villages connected by trails that hug the coastline. No museums in sight – just sky, sea and some great hiking. Visit Cinque Terre with ITR on October 17. Call ITR for more information at 633-7589.

ODR adventure trips

Run to the tower

There's no other run like it! Where else can you find a finish line in front of one of the Seven Greatest Wonders of the Medieval World? Sign up for this October 16 event no later than 9 October. Call ODR for more information at 633-7775.

San Marino–America Association visits Camp Darby

Story and photos by Chiara Mattiolo
USAG Livorno Public Affairs



Fifty San Marino citizens, from the small country of San Marino in Eastern Italy, visited Camp Darby Oct. 1 as part of the San Marino-American Association.

San Marino-American Association president, Paolo Berardi, explained that the Association was established on July 4, 1978 with the aim of strengthening economic and cultural cooperation between the two countries.

“San Marino in the past was a very poor country and many citizens migrated to the United States to search for employment,” explained Berardi. “Upon their return to San Marino they felt the need of maintaining a constructive relationship with the host country”.

The U.S. Army Garrison Commander, Lt. Col. Steven Cade received the guests at the flag pole for a group photo and then briefed them on Camp Darby structure and mission at the Post Theater.

“I had previously visited to the beautiful city of San Marino and met with the San Marino-America association president and we established a good courtesy relationship,” said Cade. “This visit is an example of how we are committed to building positive relationships.”

Following a windshield tour of Camp Darby, the guests were accompanied to the Leghorn Army Depot where Lt. Col. Roger McCreery, 3/405th Field Support Battalion Commander briefed the group on the unit’s mission and the Humanitarian support provided by the unit for natural disaster relief.

“I really enjoyed this visit,” said Assunta Ricci. “I was very curious to know more about the Americans living in Italy, how they feel and how they like the country since I was an Italian living in the US for a long time”.

The guests concluded their visit with an American style barbecue at the Community Club Pavilion before living the Installation with the intent of coming back for upcoming social events.

“I would love participate and to share annual celebrations such as the Independence Day with the Camp Darby Community” said Berardi.



Applications must be hand carried or mailed to:

USAG Livorno- ODR
UNIT 31301 Box 60
APO, AE 09613.

For more information about the race or to download a registration form, visit www.usag.livorno.army.mil or contact the Camp Darby Outdoor Recreation office at DSN 633-7775 or civilian +39-050547775 on Mon, Wed and Fri from 1 p.m. to 6 p.m.

Run to the Leaning Tower of Pisa

By Chiara Mattiolo

The 27th Annual 12 km. “Run to the Tower” race will take place on Oct. 16. The race will begin at Camp Darby and will end in the Piazza dei Miracoli, home to the Leaning Tower.

The race is open to all U.S. military ID card holders along with Camp Darby local national employees, Italian military personnel and Italian running clubs.

Registration is limited to the first 500 runners. Registration forms and a fee of \$15 or 10 euro will be accepted from Oct. 2 to Oct. 9 at the USAG Livorno Outdoor Recreation Center. Payment is due at the time of registration. Late registrations will be accepted until Oct. 14 with entry fee of \$20 or 14 euro.

No registration will be accepted on race day or day prior to race. Runners must report to Fitness Center between 8 a.m. and 8:45 a.m. on the day of the race to pick up their race number and map of the course. The first 300 registered runners will receive a free commemorative T-shirt.

During the race there will be water stations approximately every 2.5 miles and medical services on stand-by.

An awards ceremony will follow the event and trophies will be awarded to fastest male and female over all and to first place finishers in all seven age categories. Transportation for runners will be provided to return to Camp Darby if needed following the awards ceremony.

Best economical place to stay
Stay at Sea Pines Lodge and camp ground facilities. Winter rates go in affect as of Oct. 1. Call DSN 633-7225 or e-mail lodging@eur.army.mil to make your reservation.

Plan your Tuscan dream vacation with a little help from www.usag.livorno.army.mil. Click on “plan my vacation” for hot tips on were to go and what to do.

