

**Military Spouse Appreciation Day**

May 21, Paying tribute to military spouses, our silent heroes.

**OHA Survey**

U.S. Service members who reside in privately leased quarters overseas and receive an overseas housing allowance. Survey runs May3–June 3. [www.defense.travel.dod.mil/oha/survey/utilitymiha.html](http://www.defense.travel.dod.mil/oha/survey/utilitymiha.html)

**Organ transplant Festival**

June 7 at San Rossore natural Park is the annual Organ transplant festival. They will have a 5, 10 and 15 K fun run. Registration is at 8 am. During the day there will athletic sports for youth, pasta party and more.

## Camp Darby Commissary opens its doors



Naval engineer Rebecca Goetzke, Lt. Col. Steven Cade, U.S. Army Garrison Livorno commander, Giuseppe Ricci, Camp Darby commissary director, Thomas Milks, Defense Commissary Agency Europe director, DeCA Command Sgt. Maj. Victor Garcia, U. S. Army Garrison Livorno Command Sgt. Maj. Felix Rodriguez, and LTJG David Hallam, Vicenza ROICC officer cut the ribbon at the commissary grand opening June 5.

Story and photos by Joyce Costello  
USAG Livorno Public Affairs

After much anticipation and fanfare, the new Camp Darby Commissary opened its door in a new facility on June 5.

“This commissary will be a remarkable improvement in the support that this garrison offers to the life style of our service members and their families,” said Lt. Col. Steven Cade, U.S. Army Garrison Livorno commander. “To our Italian partners on post and off this store represents the U.S. commitment to our national partnership; a portion of the products sold here comes from local vendors and our Italian workforce is now provided with a modern and safe working environment.”

Cade added that the construction cost of about 5.3 million euro was built with local construction materials and labor.

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# THE YEAR OF THE NCO

Next NCO and Soldier of the Quarter competition is in August. NCO's contact Sgt. Everett at HHD, HQ Building rear to recommend your high-speed troops for the competition.



## Aspiring Eagle Scout helps beautify the community

Story and photos by Chiara Mattiolo  
USAG Livorno Public Affairs

Stephen Speck is a young Boy Scout trying to earn an Eagle Scout Badge by performing a community project on Camp Darby.

"In order to earn an Eagle Scout Badge I had to be involved in a big community project," said Speck. "I was undecided between moving the old High School gazebo, and refurbish the picnic tables around the community so I decided to work on both projects."

Speck thought the old gazebo, once the meeting point for young high school students, and now abandoned in the dry field, could become glorious again by giving a place to young Non-commissioned officers to stay and spend some good time.

Speck with help from community volunteers was able to meet his goal May 20. According to U.S. Army Garrison Livorno Command Sgt. Maj. Felix Rodriguez, Speck did an excellent job in coordinating the work and shows great leader potential.

"I think I showed I can be a leader," Speck said. "I had to make sure that 31<sup>st</sup> Munitions Squadron who were supporting the project with the big forklift and the U.S. Army Garrison Livorno Directorate of Public Works personnel were all here at the same time to complete the project."

The old gazebo was relocated to the Better Opportunities for Single Soldiers (BOSS) lounge, but the movement has not been easy at all.

"We encountered a few obstacles," said Tech. Sgt. Michael Fiyalko, 31st Munitions Squadron. "The wooden structure was unstable and I thought we had no more than 30% chances of success in moving that gazebo; but I was wrong, we made it."

NCO's will now have a good place to relax in the gazebo thanks to the project of this aspiring Eagle Scout and to the joint effort of Army and Air Force volunteers.

"I feel better inside since I have helped the community," said Speck. "This project is a good cause since I am giving the NCOs a place to relax in a structure that was otherwise left unused."



Stephen Speck (right) give a glance to the gazebo that will be moved to the BOSS lounge as part of his Eagle Scout project, while US Army Garrison Livorno Command Sgt. Maj. Felix Rodriguez discusses with Maintenance Mechanic Massimo Mazzoni, USAG Livorno Directorate of Public Works, the better strategy to move the structure.



**Lt. Col. Steven Cade**  
U.S. Army Garrison  
Livorno Commander

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## New Commissary

“This commissary is, indeed, your commissary paid for with your surcharge money from the five percent you pay every time you go through the checkouts” said Thomas Milks, Defense Commissary Agency Europe director addressing the attendees at the grand opening ceremony. “We believe your new commissary will delight and amaze you and the services, savings and tastes of home that DeCA brings together all join to make the commissary your premier quality-of-life benefit.”

The sales floor is nearly double of that in the old store and the checkouts include two self-checkout added Milks.

Camp Darby customers were amazed at the increased by over 500 new items and double the aisles.

“It’s intimidating to have to re-learn where all the stuff is now,” said Army Capt. Stephanie Feagin, U.S. Army Garrison Livorno Headquarters and Headquarters detachment commander. “But, I am really glad that we have this new amazing commissary.”

“I used to be able to answer on demand where a particular product was located,” said Elizabeth Speck, Army Community Services Financial advisor. “Now I will have to memorize all the new items...my boys will definitely be happy about some of the new items now offered here.”

“I was presently surprised at the display and variety of the fresh produced,” said Diane Anderson, Family, Morale, Recreation and Welfare Business and Recreation chief. “The variety of the new products means our FMWR concessionaires will be able to diversify their menu selections.”

Anderson explained that concessionaires on Camp Darby have to go through approved sources like DeCA in order to help feed the troops.

The commissary will maintain its regular operating hours and is closed on Sunday and Monday.

**Top: Naval Commander William Whitmire, ROICC Naval Facilities Engineering Command, Vicenza presents the Ceremonial Key to Giuseppe Ricci, Camp Darby commissary director during the opening ceremony of new commissary on June 5. Middle: Lassana Traore is the first customer at the new Camp Darby Commissary He bought Keebler cookies that were previously not offered at this commissary. Bottom: Horst Hermann, general manager Europe /Africa/Middle East, Sarvis, Inc. hands Staff Sgt. Brett Paterson, Camp Darby Better Opportunities for Single Soldiers president, a \$500 from Keebler donated to BOSS program during the VIP pre-opening viewing of the new commissary the evening of June 4.**



# Italian American Carnival coming to Camp Darby

Story and photos by Chiara Mattiolo  
USAG Livorno Public Affairs

The traditional appointment with the Italian/American carnival this year is June 12 to 21.

The Carnival is one of the hottest appointments of Camp Darby summer season program, on this occasion; the base will open the doors to the neighbor communities.

U.S. ID Cardholders and Camp Darby's Italian workforce may enter and take advantage of the free rides from 5 to 7 p.m. on the opening day.

Non ID Cardholders are permitted through Camp Darby gate 4 every day beginning at 7 p.m. until the fest is over at midnight.

The Italian/American Carnival featuring carnival rides for children and adults, food booths, as well as live entertainment will run daily from 7 p.m. to midnight.

Carnival activities include bumper cars, shooting gallery, and ferris wheel, while for young children there are a merry-go-round, train ride, fishing booths and assorted games, while the fest tent is reserved for fresh beer serving and live music shows.

Food booths operated by private organizations and volunteers, will sell drinks, hamburgers, hot dogs, barbecue ribs, ice cream and more.

No pets are allowed on post, and the participants must expect their bags to be searched for security measures.



**Visit the Wellness Center**  
*in Bldg 841*

**Beauty & Spa**  
*by Conny Angermeyer*

- \* Manicure
- \* Pedicure
- \* Facial treatment
- \* Ear candles

**Massage Therapy**  
*by Lucia DeMarco*

- \* Swedish massage
- \* Deep tissue massage
- \* Soft tissue massage
- \* Sport massage
- \* Hot stone massage

For more information call DSN 633-7642

© Camp Darby, Italy

Camp Darby Emergency Numbers		
	DSN	Civilian
Emergency	911	05-54-7575 (PMO)
Fire Dept.	117	050-54-7117
Health Clinic	633-7357	050-54-7357
	633-7358	050-54-7358
Emergency Numbers Off Base		
Ambulance		118
Carabinieri		112
Fire		115
Emergency		113

## 107.0 FM

Listen on your drive in to work to know what's happening in the world fast.



## Camp Darby honors military spouses

By Joyce Costello  
USAG Livorno

Military spouses from the Army and Air Force joined together for a spouse's appreciation luncheon on May 22 in celebration of "Military Spouses Day".

"These spouses give so much back to the community and U.S. military every day," said Evelyn Watkins, Army Community Services director. "The Soldiers may be the strength, but the spouses are the hearts that keep them beating."

For 31<sup>st</sup> Munitions squadron spouse, Janet Carman, who jokingly refers to herself as bagger #78, the luncheon made her feel welcomed by the community.

"I'm happy to feel as if I am part of something important," said Mrs. Carman. "I've learned as a military spouse, its important to listen to your loved one- not to offer advice, but just to be there as someone they can depend on."

After a Tuscan style luncheon, the spouses got to learn how to belly dance and have a relaxing afternoon of getting to know other military spouses on Camp Darby better.



**Chinzia Zahner (left) teaches military spouses the ancient art of belly dancing at the Camp Darby military spouses appreciation luncheon on May 22. (Photo by Elena Baladelli, Photo lab)**

## "Celebrating People in Action"



Camp Darby community members helped USAG Livorno save over \$179,793.83 this past year. Volunteers worked over 9,000 hours, according to Evelyn Watkins, Army Community Services director. These hours translate into a dollar value savings for U.S. Army Garrison Livorno of \$179,793.83.

The annual Camp Darby volunteer ceremony May 21 recognizes those contributions of all the valuable volunteers in the community. Camp Darby "Military volunteer of the Year" is Army Capt. Stephanie Feagin, U.S. Army Garrison Livorno Headquarters and Headquarters detachment commander, "Family Member Volunteer of the Year" is Debra Bailey and "Youth Volunteer of the Year" James Speck. (Photo by Elena Baladelli, Photo lab)

## Local artist teaches Camp Darby youth to sculpture

*Story and photo by Jamie Noonan  
Special to the Digest*

Ernesto Mussi, an Italian painter, sculptor and professor of English literature, along with his good friend Brig. Gen. Simone Baschiera, an Italian retired Army general who wrote a biography book about Ernesto, visited Camp Darby May 27 to teach the children about sculpturing with clay.

"I believe that appreciation of art should be shared," said Mussi as he helped a student with their project.

Mussi started by showing the 13 children and six adults pictures of his ceramic work, discussing form, lines, and style with the children. He then demonstrated working with clay, and some of the tools used to work with it, and told them about the drying, firing, painting, and final firing process.

The children (and adults) then each had clay of their own to work with, while Mussi and Baschiera walked around giving encouragement and suggestions.

"It was fun and very interesting," said Eva Noonan.

"I hope when later in life you yourselves become great artists that you take the time to share it with others," emphasized Mussi to the aspiring artists.

The event was co-sponsored by Cub Scouts Pack 76 and Camp Darby Youth Services. The Cub Scouts are planning a visit to Mussi's workshop in Lucca to work on future art projects.



**Italian sculptor Ernesto Mussi talks with Camp Darby Youth about how to work with clay during a joint Boy Scout and Youth Services after school art program.**

## Locks of Love

Camp Darby Youth Taylor Keene, 11 years old, decided to join Locks of Love effort. In what began as a School Age Services program "Character Counts" lesson last October when Stephanie Savoia (a CYPA) donated, Taylor decided to donate too. She has been growing it long enough ever since. Stephanie Savoia's 3 year old daughter Alessia Savoia donated her hair recently as well. The Camp Darby hair salon will give a free haircut as long as you donate at least 10 inches of hair and make an appointment with him. (Photo by Stephanie Savoia)



## <http://armylive.dodlive.mil>

Army Live is the official blog of the United States Army and is maintained by the Office of the Chief of Public Affairs, Online and Social Media Division. While we respect and fight to defend the individual's right to free speech and expression, all comments and submissions are reviewed to ensure they are in keeping with the Army values and suitable for public viewing. Those comments or submissions that are not suitable for public viewing or fail to abide by these rules will not be posted:

1. We do not allow graphic, obscene, explicit or racial comments or submissions nor do we allow comments that are abusive, hateful or intended to defame anyone or any organization.
2. We do not allow solicitations or advertisements. This includes promotion or endorsement of any financial, commercial or non-governmental agency. Similarly, we do not allow attempts to defame or defraud any financial, commercial or non-governmental agency.
3. We do not allow comments that suggest or encourage illegal activity.
4. You participate at your own risk, taking personal responsibility for your comments, your username and any information provided.
5. Reporters are asked to send questions to the OCPA Public Affairs Office through their normal channels and to refrain from submitting questions here as comments. Reporter questions will not be posted.
6. We recognize that the Web is a 24/7 medium, and your comments are welcome at any time. However, given the need to manage federal resources, we cannot guarantee immediate posting of comments made outside of regular business hours Monday through Friday.

\*\*\*Are you a blogger? We want to hear from you. [Pao.livorno@eur.army.mil](mailto:Pao.livorno@eur.army.mil)

### Find us here!

Follow me at [www.twitter.com/campdarby](http://www.twitter.com/campdarby)

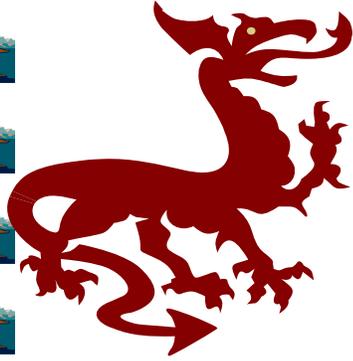
Photos galore at [www.flickr.com](http://www.flickr.com) search for campdarbypao or "Camp Darby"

An interactive site that tracks all the flickr photos, tweets, etc on yahoo's host: [www.mybloglog.com/buzz/members/](http://www.mybloglog.com/buzz/members/)

Still to come: youtube, facebook and blog.



Be sure and catch the next episode of Europass, this Friday at 6:45 pm on AFN prime Atlantic. Europass brings you the best Europe has to offer, while highlighting the military programs that can help get you there. On this special extended edition of Europass, we take you to Camp Darby, Italy - one of the best kept secrets in Europe for travel, recreation and leisure. We'll visit the birthplace of one of the world's greatest thinkers, and we'll learn how to prepare a unique Italian dish. Europass, your first class ticket to discovery and adventure.



# Asian Pacific Heritage Night

“Leadership to meet the challenges of a changing world”

**Story and photos by Joyce Costello**  
*USAG Livorno Public Affairs*

Camp Darby community members enjoyed a night full of Asian flavor, entertainment and sharing on May 29 at the Darby Community Club. Numerous dishes from across a wide span of Asian countries filled the ballroom. Volunteers had spent days wrapping hundreds of lumpia or spring rolls. A massive pig was grilled whole and was the star of the dinner.

Dancing girls, karaoke and hula hoop contests helped burn some of the calories from the night's feast.

“This was a lot of fun and I’m glad I came out,” said Army Capt. Todd Simpson. “I really appreciate all the time it took for the volunteers to make all these cool dishes.”



**Want to try something new? Be Creative @ Your Library**

*Discover the Summer Reading Program at Army and Air Force libraries in Europe*

HEIDELBERG, GE — Are you creative? Then you'll want to "Be Creative@ your library" this summer. Tons of great books await young readers at their local military library, where the world of the arts will come to life. Come sing silly songs, make neat crafts, and discover good books during the fifth annual joint U.S. Air Forces Europe Libraries and Army Europe Libraries Summer Reading Program.

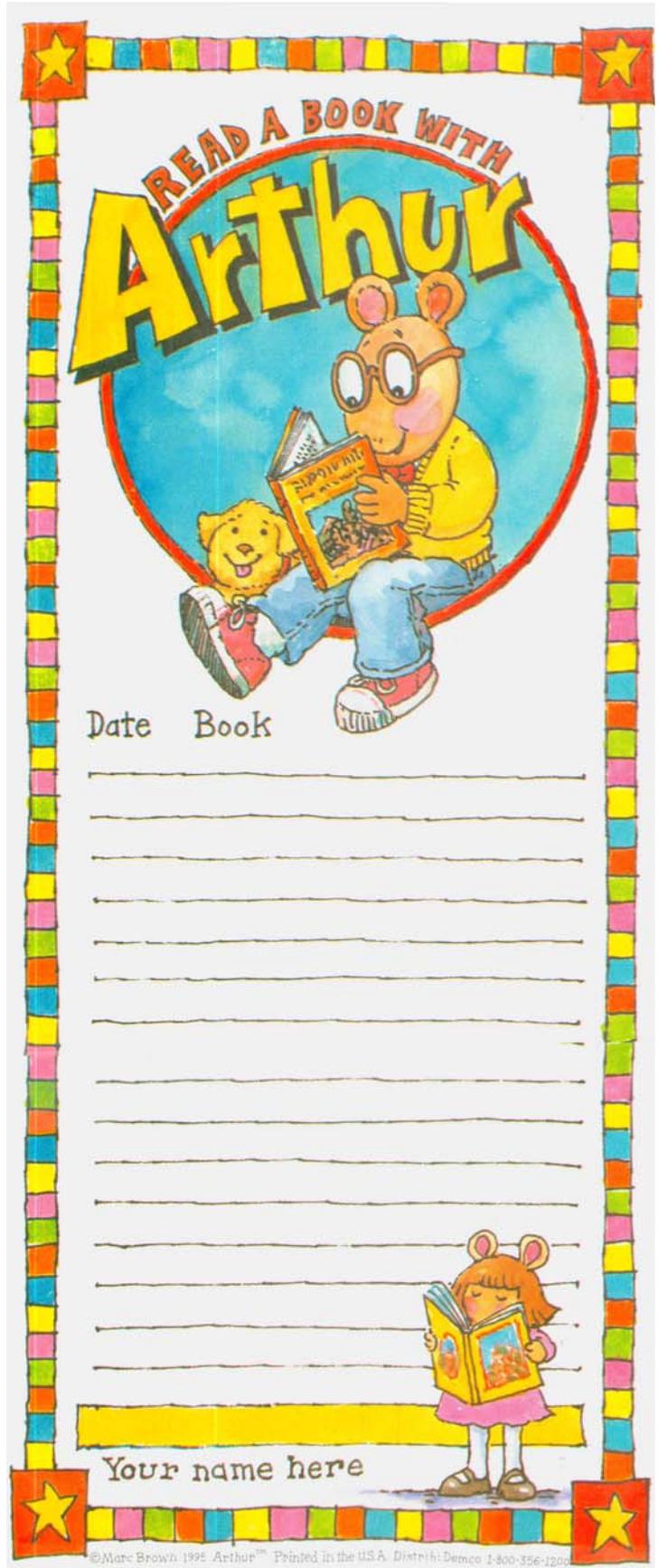
Each week, participating libraries will offer special programs and activities, encouraging kids to keep up their reading skills while having fun. Kids will keep track of the books they read to earn prizes and certificates.

Parents are encouraged to get involved by visiting the library with their children to sign up for the program. They can also check out the library Web sites that feature tips and activities for kids and parents to enjoy as a family. And of course, the libraries always have books for children and their parents to check out and read together. This summer, it's all about discovering reading and fun!

The "Be Creative @ Your Libraries" 2009 Summer Reading Program begins at military libraries in Europe as soon as school is out in June.

Check out the Summer Reading Program at your local library or log on to the following library Web sites for dates and times:

- USAFE Libraries – [www.usafelibraries.org](http://www.usafelibraries.org)
- USAFE Summer Reading Program – <http://www.usafelibraries.org/kids/summerread-home.php>
- Army Europe Libraries – <http://www.library.eur.army.mil/>



## 839th Transportation Battalion completes successful mission in Spain

Article and photos by Martin Weteling,  
598th Trans Gp PAO

In the scenic surroundings near Spain's oldest city lies Rota, Naval Base Rota where the 839th Transportation Battalion personnel executed another successful mission. Some 388 pieces of cargo sailed in on the Cape Rise among them 100 helicopters ranging from Chinooks to Kiowa Warriors were discharged in Southern Spain.

The members of the 839th team prepared to discharge the vessel in three days. But despite the unusual weather for the season, heavy wind and rain, they managed to offload all pieces within two days.

The helicopters, once offloaded, were taken to the nearby airfield on base where they were assembled and modified if necessary before being transported onward to Afghanistan.

"The first day, we were only able to offload the main deck and got all but 14 helicopters. The second day we offloaded helo's and other cargo simultaneously," said Chris Zahner, acting Italy Detachment Director.

"The elevators on the vessel can handle 30 tons so there are no weight issues.

They can hold one Blackhawk or two Iroquois, but most importantly, we needed to get these delicate multi million machines safely from the vessel and hand them over for safe transportation to the airfield." Zahner continued.

In order to enable this smooth offload, the members of the 839th Transportation Battalion worked together with members of the 82nd Airborne Combat Aviation Brigade, 2-82nd Aviation Battalion, to ensure all helicopters were transported from the port to the airfield in a safe manner.

During this mission, Lieutenant Colonel Robert King, 839th Transportation Battalion commander, was visited by 598th Transportation Group commander, Colonel Stephen Farmen.

Farmen was impressed with what he saw. The well oiled machine ensured a safely executed operation far within the set timeline and with minimum personnel.

For the last two years, the 839th Transportation Battalion has been responsible for the missions in Rota, Spain and during that time they discharged well over thousands of pieces and it seems there will be many more.



Top to bottom: Discussing the discharge! From left to right; Sgt. 1st Class Logan MacKenzie, 839th Trans Bn, 1st Sgt; Chris Zahner, 839th, Director Italy Det; Col. Stephen E. Farmen, Commander 598th Trans Gp; Lt.Col. Robert King, Commander 839th Trans Bn and Francesco Enfante, 839th Terminal Manager.

- Among the cargo were many helicopters.
- Riccardo Scotto and Antonio de Marco both 839th Transportation Assistants, documenting cargo onboard the USNS Cape Rise

## Open gates at Camp Darby for the “Battle of Bands”

Story and photo by Chiara Mattiolo  
USAG Livorno Public Affairs

Camp Darby gates opened to the public on May 30 to host the second edition of the “Battle of Bands”, a competition between Tuscan music bands.

The youngest group was the “Liberty”- the musicians were only 15-16 years old, and yet were very good players and extremely involving.

To represent Camp Darby, was the band “Big Shot” featuring Jim Fiore and Giancarlo Moretti, community members.

“I was very anxious before starting playing,” said Jim Fiore. “Once we started it was actually all over too quickly.”

The “Blues Bracers” came to Camp Darby from Aulla (La Spezia), even if they came with a limited staff, they were enthusiastic about participating.

“This competition is a great initiative,” said musician Cristian Pucci. “It gives us the possibility to share musical experiences with the Americans that grew with the rock music.”

In this spirit of mutual cultural exchange, Camp Darby will host the Italian-American Fest on June 12-21 from 7p.m. to midnight.

This is a recurring occasion to share traditions with the local communities. There will be games for children and adults, as well as food booths selling hamburgers, hotdogs, grilled meat French fries and ice-cream.

During the Fest, several groups will play live music, and the winners of the “Battle of Bands”, the “Leopold” from La Spezia, will be invited to play at the Fest and have a great occasion to make them known by playing for the public.



### **New fitness classes coming to Camp Darby Fitness center**

- Ditch the same old workout and try Zumba classes beginning June 15 on Mondays, Wednesdays and Fridays noon to 1:00 p.m. Tickets \$3
- Spinning begins June 15 Tuesdays and Thursdays noon to 1:00 p.m. Tickets cost \$3
- Shaolin Kung Fu on Mondays and Wednesdays 5:30 to 7:00 p.m.

### **Army Ten Miler Qualifier Race**

There will be an Army Ten Miler Qualifier Race June 27 at Grafenwoehr. Each Garrison is authorized an unlimited number of individual Competitors and a maximum of four teams. For more information, call 469-9086.

### **Army Ten-Miler online lottery for military**

25th Anniversary of the Army's Race  
WASHINGTON – Great news for military runners! Army Ten-Miler (ATM) officials announced that an additional 500 ATM race entries will be offered to U.S. Armed Forces service members through a special, online lottery on 15 - 18, Jun. The ATM lottery is open to all branches of the U.S. Armed Forces and winners will be randomly selected on 19 Jun. The military lottery will be conducted online at [www.armytenmiler.com](http://www.armytenmiler.com).

“Since this year’s race sold out in a record six days this lottery will give an additional 500 men and women in uniform the opportunity to run Army,” commented Jim Vandak, ATM Race Director. Military lottery registrants will need to use their military email address with a .mil extension. Only one entry is allowed per email address. The registration fee of \$50.32 (includes the processing fee) is charged only to lottery winners. Registrants will be required to enter a valid credit card but the card will not be charged unless the registrant is selected as a winner. All registrants will receive an email notifying them if they were selected and a searchable list will be posted on the Army Ten-Miler confirmation page. All lottery winners are final – no refunds or reimbursements will be granted, but transfers will

be accepted until 14 Aug. Lottery winners can still be drafted onto an existing team for the team competition until 27 Aug.

### **Fun Runs in Tuscany**

6<sup>th</sup> Festa dei trapiantati- June 7, registration begins 8 a.m. in San Rossore and cost is around 2 Euro, distances are 5,10 and 15 Km.

Organization : ASD Podistica Ospedalieri  
Telephone : 050.574981 Mr. Tiralongo

Notturna Butese- June 12 at 8 p.m. in Buti  
10 Km and 5 Km

Organization: Pol. Butese

Correre a Castellina – June 13 at 6:30 p.m. in Castellina Marittima

10 Km and 3 KM

Organization: ASD Livornomathon

Telephone: 338.9563043 Sig. Meini

FAX : 0586.440707

Web site: [www.livornomaratona.it](http://www.livornomaratona.it)

Email: [info@livornomaratona.it](mailto:info@livornomaratona.it)

2<sup>nd</sup> Lucca corri in piazza- June 24 at 8 p.m. in Lucca  
8 Km

Organization: Atl. Virtus CR Lucca

Telephone: 340.7209120 Sig. Martinelli

FAX : 0583.418582

Web site: [www.virtuslucca.it](http://www.virtuslucca.it)

Email: [virtuslucca@virgilio.it](mailto:virtuslucca@virgilio.it)

Register by June 23



**Beach Volleyball League begins June 15. Sign up at Fitness Center before June 11.**

## Eating Better for Less

By Elizabeth Speck  
Financial Readiness Program

With food prices still on the rise, it is not only important to be frugal when you shop, but also to consider the types of foods you buy. With the right ingredients, affordable and healthy meals are just around the corner. Here are some tips:

Eggs and beans are inexpensive and versatile ingredients. Look for recipes in your cookbooks or on the internet. When food runs out, it is tempting to order out or reach for ready-made meals.

Planning your grocery list ahead of time makes it easier to buy in bulk and repurpose ingredients. The more you can cook from scratch, the further your dollar can stretch. Consumers often pay an additional "convenience expense" when purchasing certain foods. Grate your own cheese, make pizza dough from scratch or buy a fresh head of lettuce instead of bagged lettuce. Be creative with these ideas and you will reap the rewards in savings.

Make use of the leftovers in your fridge. Web sites like Allrecipes.com let you search for dishes based on ingredients you have at home. In addition, certain dishes, such as lasagna, chili and soups, are easily made in large quantities that can be frozen or eaten throughout the week.

Also, remember that there are coupons in the ACS lobby for your use. These are sent to Military Installations around the world by woman's clubs, VFW posts and more.



Why buy a box of cookies, when you can make them cheaper and healthier on your own?

1/2 cup butter or oil  
3/4 cup white sugar  
3/4 cup firmly packed dark brown sugar  
2 large eggs  
1 1/2 teaspoons vanilla extract  
2 1/4 cups all-purpose flour  
1 teaspoon baking soda  
3/4 teaspoon salt  
1 (12-oz.) package chocolate chips

Mix together and bake at 350F for 12 minutes (makes 5 dozen cookies if you drop 1 tablespoon of dough)

### Blogosphere

#### *Confessions of a coupon addict*

I have a problem...well at least the people who are standing behind me in the commissary line think I have a problem because it usually takes me 20 minutes to check out my groceries. It's not because the bagger is slow or the scanning machine is on the fritz-- no, I tend to have a coupon for 95% of the items I buy.

I grew up during a time that feels like it was the height of housewives holding coupon parties while drinking martini's and complaining about their husbands keeping the money in a separate account. I learned then that every clever woman needs to learn to use coupons to save money so she can secretly buy shoes, perfumes and channel lipstick when her husband isn't watching.

Now a days, it has become sort of a game for me. How many things can I buy (that I actually use and need) and pay the least amount of money? On average, spending a quiet afternoon sorting through ACS's coupon box will result in me save \$50 off my \$80 grocery bill. Sorting through the coupons is like playing a game of Memory when I try to remember if the commissary stocks a particular item. Once the new commissary opens though, I'll have to re-memorize the items stocked.

In the meantime, I don't think I have a problem, but I do have a new bright red Channel lipstick!

## Victory gardens return

By Joyce Costello

USAG Livorno Public Affairs

The White House has brought back the “Victory Garden” with the White House Kitchen Garden on the South Lawn . Amidst economic turmoil Americans are following the trend to grow their own fruits in vegetables.

Just because your stationed in Italy doesn't mean you can't take advantage of the long summer season and have your own fresh produce too. The self help office has a variety of tools you can use to dig, now or even scythe your over grown grass. They are located on the Depot at the far right end and are open in the afternoons from 1:30 to 4:30.

If your landlord doesn't want you tearing up the backyard, you can always turn to container gardening. The Camp Darby library has many books that can help you chose the right type of plant for a container.

Even small herb gardens can be rewarding without a lot of effort. When I forgot to water my thyme plant for a month– I realized I could strip the dead wood of its leaves and have instant dried thyme on hand.

Having your own “Victory garden” is just one way you can go green. Next issue– learn about “gardeners gold” or the great compost pile.



Located in the parking lot adjacent to the Post office. Visit the environmental page on [www.usag.livorno.army.mil](http://www.usag.livorno.army.mil) to learn more about the program, the hours of operation, how to make an appointment, what you can donate and what you can get for free.

Household Recycle Center

### Blogosphere

#### *Giving furniture a second chance*

I have never met a piece of abandoned furniture on the side of the road that I didn't envision as a welcome addition to my home or garden.

Yes, once I even dragged a wooden couch frame from the trash to the front yard of my barracks. I built four walls to make it into a box, painted it green with flowers and filled it full of dirt for a raised garden. Soon I had my own fresh tomatoes, basil, a lone eggplant and cucumber plant to subsidize those days I didn't want to eat at the chow hall.

I submitted my photo and story to Organic Gardening and then the Sgt. Maj. at the time politely asked me to move it to the side of the building.

I think the lesson that I learned is that too often we throw out furniture without asking ourselves if its possible to give it a new life by giving it a new purpose. Right now I have a black iron bathroom vanity that is clashing with my light wood appliances, window and lightening. The easy thing would be to throw it away and buy something that matches. But, I think that since I can afford a can of spray paint and can't really afford to buy a custom vanity, the black iron will have a new life painted in yellow.

# VOICE

Community News for USAG Livorno

**Army Community Services**  
 Bldg. 407  
 USAG Livorno

**Mon.Wed 8:00-5:00**  
**Thurs 11:00-5:00**  
**Fri 8:00-5:00**  
**Closed Weekends**

**Telephone**  
**DSN 633.7084**  
**CIV 050.54.7084**

Service Member  
 and  
 Family Readiness  
 Center  
 (SFRC)  
 Bldg. 428  
 USAG Livorno

Telephone  
 DSN 633-7946  
 CIV 050.54.7946

AER/AFAS  
 Telephone  
 335-741-5973  
 MFLC Telephone  
 329-876-2168  
 SARC Telephone  
 335-771-4989

## Relocation Assistance Available at Army Community Service

Regardless of PCSing out or PCSing in, moving in and out of Italy can be a difficult experience and the Army Community Service personnel are ready to provide valuable information to help ensure that your transition is as quick and painless as possible. Each month Jenny Sposato (Relocation Program Manager) offers classes that help prepare family members for their relocation.

June will be an even more exciting month. During the June 10 Smooth Move class, Jenny Sposato will be bringing together speakers from Housing, TMO and Financial Readiness to help give the Service Member and their families all of the information they need in a one stop shop! Please register for this class by calling ACS at DSN 633-7084, CIV 050-547084.

Classes available to help prepare Service Members for Relocation:  
 Italian Classes, ESL Classes, Multicultural Spouse Meeting

### Financial Classes Geared Towards Relocation

Not only can you find great information from the ACS Relocation Manager, ACS Financial Readiness Manager Elizabeth Speck also offers

classes that will help ease the financial burdens of a PCS. Although not all of these classes are taught monthly, Ms. Speck will provide one on one counseling for those needing a bit of extra help.

Classes Offered from ACS regarding Financial Readiness:

“Smooth Financial Move”  
 “First Termers PCS Move”

Please call ACS at DSN 633-7084 for time and date



### Sponsorship Training

“If you asked, stand up to the task!” During this class learn everything you need to help a new Service member prepare for his transition to Camp Darby.

### Benvenuti

New to Camp Darby and do not know where to go to get all the answers to your questions? Learn about Italian customs, culture, local shopping, paying Italian bills and more. Registration is required. Please call ACS at 633-7084 for more details.

### Smooth Move

Learn what it takes to have a stress-free move from Camp Darby

## RELOCATION READINESS

### Benvenuti at Camp Darby

June 1, 8:15 a.m. at SGM Shields Conference Room

New to Camp Darby and don't know where to go to get answers? Learn about Italian customs, culture, local shopping, paying Italian bills and more. Please sign up for the next Benvenuti session by calling ACS. Free childcare, but registration is required before the 15th of the May.

### Smooth Move/Levy Briefing

June 10, 9:00 a.m. - 11:00 a.m. at the SFRC

Learn what it takes to have a stress-free move from Camp Darby.

### Multicultural Spouse Meeting

June 24, 11:30 a.m. - 3:00 p.m. at the SFRC

Obtain valuable information on medical services, employment, immigration and naturalization services, driver's license, ESL and much more.

### Scrapbooking

June 3 & 17, 5:00 p.m. - 6:30 p.m. at the SFRC

June 10 & 24 11:30 a.m. - 1:00 p.m. at the SFRC  
Bring your supplies and your photos and scrapbook with others who enjoy making the most of their memories. Come to one session or all four!

## ARMY VOLUNTEER CORPS

### Volunteer Knowledge Training

June 10, 11:30 a.m. - 12:00 p.m. at the SFRC

Wanting to give a bit of your time to the Camp Darby Community but do not know where to start? Take this class to learn about the volunteer positions currently open and what steps have to be taken before working with the organization.

## EMPLOYMENT READINESS

### Resume Points Workgroup

Please call 633-7084 for the June meeting date, time and location

PSCing or trying for a new job on post and don't know how to word your resume? Come to our peer resume review board and work with other members of our community to perfect your resume.

### Interview Skills

June 11, 11:00 a.m. - 11:30 a.m. at the SFRC

Tired of getting to the interview and never knowing how to answer their questions? Get tips on putting your best foot forward with our mock interview skills practices.

### VA REP

June 30, time and location TBD

Looking to separate from the military? Unsure of the benefits you will receive? Sign up today for this informational briefing.

## Military One Source



Military OneSource provides free private services and information:

- Counseling
  - Educational Materials
  - Interpretation/Translation
- Stateside: 1-800-342-9647  
Overseas: 800-3429-6477  
Overseas Collect: 484-530-5908  
TTY/TDD: 1-866-607-6794  
En Espanol: 1-877-888-0727

## FINANCIAL READINESS

### Budgeting Basics

June 2, 11:00 a.m. - 11:30 a.m. at the SFRC

Strengthen your marriage and your finances with this class.

### Teaching Children About Money

June 4, 1:30 p.m. - 2:00 p.m. at the SFRC

Parents, learn how to develop a consistent approach to teaching children about financial readiness

### Consumer Rights and Obligations

June 9, 11:00 a.m. - 11:30 a.m. at the SFRC

Learn what you the consumer are entitled to and what your responsibilities are during this quickie class.

### Money Basics for Your Teen

June 23, 11:00 a.m. - 11:30 a.m. at the SFRC

A painless way for parents to help their teen learn that money does not grow from trees.

### Savings and Investing

June 25, 11:00 a.m. - 11:30 a.m. at the SFRC

Learn about assessing liabilities and assets budgeting basics and goal setting.

## LANGUAGE CLASSES

### Italian conversation & grammar at the Library

Mondays 12:00 p.m. - 1:00 p.m.

### English as a second language at the Library

Tuesdays 11:00 a.m. - 12:00 p.m. *Beginners*

12:00 p.m. - 1:00 p.m. *Intermediate*

## MOBILIZATION/DEPLOYMENT

### Reintegration and Relationships Workshop

June 30, 10:30 a.m. at the SFRC

Tips on how to better manage family relationships following a deployment. Please RSVP at ACS for this class.

**Intervene! Act! Motivate!**  
**24-Hour Sexual Assault Response**  
**Phone number: 335-771-4989**

## Soldier and Family Readiness Center (SFRC)

Full kitchen complete with grill, crock pot, tableware, etc.  
Conference Room that's perfect for meetings  
TV with VCR/DVD player, Xbox 360, Internet capabilities  
Kids Room stocked with new toys and MORE!  
Building 428.

## Sponsorship Training

June 9, 9:00 a.m. - 10:00 a.m. at the SFRC

Learn what it takes to ensure you provide a smooth transition to Camp Darby. Please call 633.7084 to sign up.

This class will discuss military sponsorship and what it takes to introduce your new unit member not only the base but to Italy.

## Army Family Team Building (AFTB)

Level 1 is an introduction to the military for newcomers.

All trainings are also available online at:

[www.myarmylifetoo.com](http://www.myarmylifetoo.com)

# NON-APPROPRIATED FUND JOB ACCEPTANCE LIST

(Vacancies as of 11 May 2009)

Applications are presently being accepted by the Livorno Human Resources Office for the following positions. Applicants should apply at the NAF Human Resources Office, HQ Front 1<sup>st</sup> Floor, Room 11, Camp Darby, 633-7032, fax 633-7049. The hours of operation are 0900-1600, Monday-Friday. For further information, please review the specific job announcements located at NAF HR Office.

<u>ANN. NO.</u>	<u>POSITION TITLE, SERIES, &amp; GRADE</u>	<u>OPEN/CLOSING DATES</u>
EUNAFI090003	CYS COORDINATOR, NF-1701-04	Open: 05 May 2009 1 <sup>st</sup> Cut-off: 11 May 2009 Closing: 18 May 2009
EUNAFI090004	TRAVEL CLERK, NF-2102-02	Open: 05 May 2009 1 <sup>st</sup> Cut-off: 11 May 2009 Closing: 18 May 2009
EUNAFI090005	CASH COLLECTOR, NF-0530-03	Open: 11 May 2009 1 <sup>st</sup> Cut-off: May 18, 2009 Closing: 25 May 2009
EUNAFI09010C	HOTEL DESK CLERK, NF-0303-01	OPEN CONTINUOUS
EUNAFI09020C	CHILD & YOUTH PROGRAM ASSISTANT CC-1702-01/02	OPEN CONTINUOUS
EUNAFI09030C	CUSTODIAL WORKER, NA-3566-02	OPEN CONTINUOUS
EUNAFI09040C	BARTENDER/BAR ASSISTANT, NA-7405-01/03	OPEN CONTINUOUS
EUNAFI09050C	ANIMAL CARETAKER, NA-0548-03	OPEN CONTINUOUS
EUNAFI09060C	RECREATION ASSISTANT (BOWLING CENTER), NF-0189-01	OPEN CONTINUOUS
*EUNAFI09130C	LABORER, NA-3502-02	OPEN CONTINUOUS
*EUNAFI09070C	RECREATION AID, NF-0189-01	OPEN CONTINUOUS
*EUNAFI09080C	RECREATION AID (LIFEGUARD), NF-0189-01	OPEN CONTINUOUS
*EUNAFI09090C	RECREATION ASSISTANT, NF-0189-02	OPEN CONTINUOUS
*EUNAFI09100C	LIFEGUARD (POOL OPERATOR), NF-0189-02	OPEN CONTINUOUS

\* POSITION FOR SEASONAL EMPLOYMENT ONLY (MAY-SEPTEMBER)

Come visit our website at <http://cpolrhp.belvoir.army.mil/eur/index.htm>

Or visit the Camp Darby website [www.usag.livorno.army.mil](http://www.usag.livorno.army.mil).

For further information contact our office at 633-7032 or [Livorno.NAF@eur.army.mil](mailto:Livorno.NAF@eur.army.mil).

## Your opinion is important

Got an issue that you believe can be solved/ Or maybe your looking for an explanation? Log onto [www.usag.livorno.army.mil](http://www.usag.livorno.army.mil) and click on CAC to submit your issues. Answers will be printed in the Darby Digest.



## Hwa Rang Do

### Pisa, Italy June 6 and 7

The Sports Stadium in Pisa will be home of the 2009 Hwa Rang Do European championship June 6 and 7.

The event starts at 11 a.m. and finishes at 8 p.m..

The program shows an European open seminar on June 6, and the European championship on Jun 7 that will include: armed/unarmed form competitions, light contact sparring, grappling and for the first time, full contact matches.

Over 400 athletes coming from all over the world will participate in this Korean Martial art championship.

Hwa Rang Do is based on two different aspects, a theoretical part based on mental capacity study, and meditation, and a practical aspect covering hand to hand fight, kick, armed fight, light and full contact.

The Hwa Rang Do founder's son, Grand Master Taejoon Lee, black sash and 8<sup>o</sup>Dan, will be supervising the competition.

Navigator instructions:  
Pisa, Piazzale dello Sport

**For further information:**

[www.hwarangdo.it](http://www.hwarangdo.it)



## Cavallino Matto

### Amusement park in Marina di Donoratico (Livorno)

Cavallino Matto amusement park is open daily from May 15 to Sep.13 from 10 a.m. to 6 p.m..

The entrance to the park is free for children under 90cm (35.43 inches) tall and children under 10 years will enter at a reduced price. No pets are allowed into the park.

Restaurant, pizzeria and a self service are available in the park as well as a picnic area.

There are rides for children of all ages and adults.

Fun is granted at the "Baia dei Pirati" (Pirate's bay) for children and adults searching for refreshment. On board of a ship the fun is splashing the rival boats with water cannons.

For younger children there is a great playground, a carousel, a little train and a face painting corner.

A laser show, cinema 4D featuring wild animal's life, and a magic show are scheduled during the day in the park theater.

**For further information:**

[www.cavallinomatto.it](http://www.cavallinomatto.it)



## Cars and kites near the lake

### Car Shows and kites in Florence June 5-6-7

A perfect occasion to visit the beautiful country around the Bilancino Lake (Florence) and take advantage of the multiple initiatives of this first weekend of June; at Barberino di Mugello (Florence) in the vicinity of the lake, on June 5, 6, and 7 the international American old cars and Harley Davidson static display show will take place.

Hot dogs, hamburgers, French fries and ice cream booths will be available at the site.

**For further information:**

[www.eagleclubitalia.com](http://www.eagleclubitalia.com)

On June 7 the same location will be the home of an international kites show.

While hundreds of kites will cover the sky, several kite makers will be available to teach the ancient art of building kites.

At this kites show the biggest kites in the world will be flying; a 50 meters long caterpillar will cover the sky together with the giant head (30 meters) of the renown Indian chief Geronimo.

**For further information:**

[www.geometrievolanti.cacozza.it](http://www.geometrievolanti.cacozza.it)