



**VOL. III, Issue 8**

**April 17, 2009**

**www.usag.livorno.army.mil**

**Monday Lunches**  
Every Monday from 11:30 a.m. to 1 p.m. get your hot dog or hamburger plate at Pvt. Nakae Square. Raised funds will help reduce the cost of this year's Army Birthday Ball June 6.

**Parking Change**  
Parking along Christian Street in non-designated parking spots will be prohibited. The reason for this change is traffic flow and safety issues. Temporary barriers will be placed to mark the no parking zone until signs can be posted and the curb painted.

**Calendar Dates**  
**April 22** Earth Day freebees, 11:30-1:30 at Pvt. Nakae Square.

**April 24** Parents night out

**April 29** Free Toby Keith concert, 8 p.m. in fest tent.

*Visit community calendar on garrison web site for more events.*

## **Green living and working on Camp Darby**

**Story and photo by Joyce Costello**  
*USAG Livorno Public Affairs*

In the Earth Day 2009 message, Secretary of the Army, Honorable Pete Geren, urges every member of the Army team this Earth Day, April 22, 2009, to re-dedicate to being good stewards of our environment to "Sustain the Mission - Secure the Future."

Camp Darby community members have many options when it comes to minimize their "footprint" on Earth. This year, Camp Darby will celebrate Earth Day with a collection of displays and products April 22, from 11:30 a.m.– 1:30 p.m. at Pvt. "Curly" Nakae Square.

"We will have Geofor, the Italian recycle and trash agency, present passing out freebees and information clarifying which trash goes in what bins, along with the Commissary and AAFES displaying earth friendly products," said Lisa Woerber, Earth day environmental coordinator. "Plus, everyone can bring in any household waste they would like to get rid of such as batteries, old cans of paint and oil, etc, which is normal collected at our Household Chemical Reuse center."

HCRC is part of USAG Livorno's consumer recycle program. Most household cleaning products and chemicals are not permitted for transport in household goods nor aboard any commercial airliners. So, instead of disposing these hazardous products illegally or improperly in the trash, community members can drop



them off at the HCRC. Likewise, military ID card holders can come by to see if there is anything they need. The facility is located in the parking lot between Global Credit Union and the PX along the back fence line.

Another notable program geared towards Camp Darby being a sustainable community are the solar power panels used for heating hot water for the American washers and showers.

"During the summer time, the heat captured is sufficient to support to entire load and in the winter these panels help save fuel because the solar systems heat the water as a pre-heat and finished with the boiler," said Sergio Lenzi, USAG Livorno Department of Public Works. "Camp Darby has had the solar panels since the 1970's, but we've recently restored these solar heating panels and the final inspection of the panels for the barracks to go active will be April 22, coincidentally which happens to be Earth Day."

*Coming soon– the Darby Digest will add a "Go Green" column by Lisa Woerber.*



# THE YEAR OF THE NCO

Next NCO and Soldier of the Quarter competition is May 5. NCO's contact Sgt. Everett at HHD, HQ Building rear to recommend your high-speed troops for the competition.



## Senior NCOs support junior troops

Story and photos by Chiara Mattiolo  
USAG Livorno Public Affairs

At Camp Darby several projects are done throughout the year to support the younger Soldiers. Senior non-commissioned officers volunteered their time and cooking skills during a fund raising barbecue April 6 in order to help offset the cost of junior troops wanting to attend the Army Birthday Ball in June.

"The goal of this fund raising initiative is to support young soldiers and give them a chance to experience the army tradition of Army Birthday Ball," said Staff Sgt. Brett Patterson, U.S. Army Garrison Livorno Better Opportunities for Single Soldiers president.

Command Sgt. Maj. Felix Rodriguez added that "If the Army Birthday Ball Committee raises enough funds, single service members E1 - E3 may attend at no cost."

Staff Sgt. Kevin Yarbrough, 511th Military Police Platoon and "Grill Sergeant" for the barbecue, said he enjoyed grilling hamburgers and hot dogs for the community.

"Bringing the community together while doing something for other people makes me feel good and helps giving a better understanding of what the role of the police is as far as community support," said Yarbrough as he flipped a burger. "I believe working on a community project supporting young soldiers will also increase awareness of the multiple roles a military police has besides writing tickets."

1st Sgt. Raymond Laverenz, USAG Livorno Headquarters and Headquarters Company acted as a cashier while his daughter Erin helped by handing out drinks and a team of BOSS members served the numerous satisfied customers.

"This is the best place to eat on Mondays at Camp Darby," said Eldon Michael said.

According to Rodriguez, the barbeques will be held every Monday, throughout the summer, from 11.30 a.m. to 1 p.m. in Pvt. Masato "Curly" Nakae Square.



(top) Staff Sgt. Kevin Yarbrough, 511th Military Police Platoon and "Grill Sergeant" as stated on his apron, flips hamburgers during a fund raising event for single soldiers on April 6. (bottom) Pvt. Samantha Sheeks, 511th Military Police Platoon, hands out a hot hamburger to Eldon Michael.



**Lt. Col. Steven Cade**  
U.S. Army Garrison  
Livorno Commander

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# Month of the Military Child

By Sgt. Ryan Hall  
Special to the Darby Digest

Danger lurks in many places for today's children so Camp Darby community members are using education to protect local children from danger.

USAG Livorno Directorate of Emergency Services sponsors the post's drug, abuse, resistance, and education, or "D.A.R.E." program. The program teaches kids to protect themselves on the internet, in their neighborhoods, and when dealing with strangers.

"I think D.A.R.E will help because now we have the idea of what drugs can do to you, hat alcohol can do to you, the damage they can do and how it can affect your life later on," said Erin Laverenz, Sixth grade D.A.R.E graduate.

Camp Darby D.A.R.E officer, Spc. Gagik Khoudian adds that it's best that children try to make the best decisions and think if your parents are going to be proud of what you're doing."

"If they're not, then I definitely suggest you don't it," said Khoudian.

D.A.R.E is just one of the programs designed to help children. A series of educational events at Camp Darby in honor of April's Month of the Military Child include: bike safety and water safety classes along with free car seat inspections.



**Sgt. Thomas Gerard talks to Livorno students about the dangers of drugs. (Photo by Joyce Costello, USAG Livorno Public Affairs)**



**Earth Day April 22, 2009**

**11:30-1:30 at Pvt "Curly" Nakae Square**

### Camp Darby Emergency Numbers

	DSN	Civilian
Emergency	911	05-54-7575 (PMO)
Fire Dept.	117	050-54-7117
Health Clinic	633-7357	050-54-7357
	633-7358	050-54-7358

### Emergency Numbers Off Base

Ambulance	118
Carabinieri	112
Fire	115
Emergency	113

# April is Sexual Assault Awareness Month

By Joyce Costello

USAG Livorno Public Affairs

When, the Secretary of the Army announced at an Army sexual assault prevention summit in September 2008 a new strategy, including the “I A.M. Strong” campaign, to prevent sexual assault and Harassment, Camp Darby’s Army Community Service was already actively training and troops and families about sexual assault and prevention.

“At ACS, we have all types of information and brochures of help that is available,” said Evelyn Watkins, Camp Darby ACS director. “We’ve had community wide training in the theater and April 8 ACS staff passed out information and teal ribbons at the main gate to everyone entering the installation to inform them about Sexual Assault Awareness Month.”

The Army’s sexual assault prevention program is built on the bedrock of Army values, with Army leaders ensuring Army-wide commitment to ridding the Army of this crime.

“We have flyers around base have a tear away phone number for the Camp Darby Sexual Assault number: 335-771-4989 for anyone that is a victim of or suspects sexual assault,” said Mrs. Watkins.

The Army Sexual Harassment/Assault Response and Prevention (SHARP) Program reinforces the Army's commitment to eliminating incidents of sexual harassment and assault through a comprehensive policy that centers on awareness and prevention; training and education; victim advocacy; and response, reporting, accountability and program assessment. The Army SHARP Program promotes sensitive care and confidential reporting for victims of sexual assault and accountability for those who commit these crimes.

Mrs. Watkins adds that a part-time position to be the Victim Advocate is open at Camp Darby ACS; the job listing can be found [www.serco.com](http://www.serco.com).

**I.A.M. STRONG**  
 INTERVENE \* ACT \* MOTIVATE

**Sexual Assault and Sexual Harassment Prevention**

**INTERVENE**  
 When I recognize a threat to my fellow Soldiers, I will have the personal courage to **INTERVENE** and prevent Sexual Assault. I will condemn acts of Sexual Harassment. I will not abide obscene gestures, language or behavior. I am a Warrior and a member of a team. I will **INTERVENE**.

**ACT**  
 You are my brother, my sister, my fellow Soldier. It is my duty to stand up for you, no matter the time or place. I will take **ACTION**. I will do what's right. I will prevent Sexual Harassment and Assault. I will not tolerate sexually offensive behavior. I will **ACT**.

**MOTIVATE**  
 We are American Soldiers, **MOTIVATED** to keep our fellow Soldiers safe. It is our mission to prevent Sexual Harassment and Assault. We will denounce sexual misconduct. As Soldiers, we are all **MOTIVATED** to take action. We are strongest...together.

[www.preventsexualassault.army.mil](http://www.preventsexualassault.army.mil)  
 Military OneSource • 1-800-342-9647

**DENIM  
DAY**

At Camp Darby

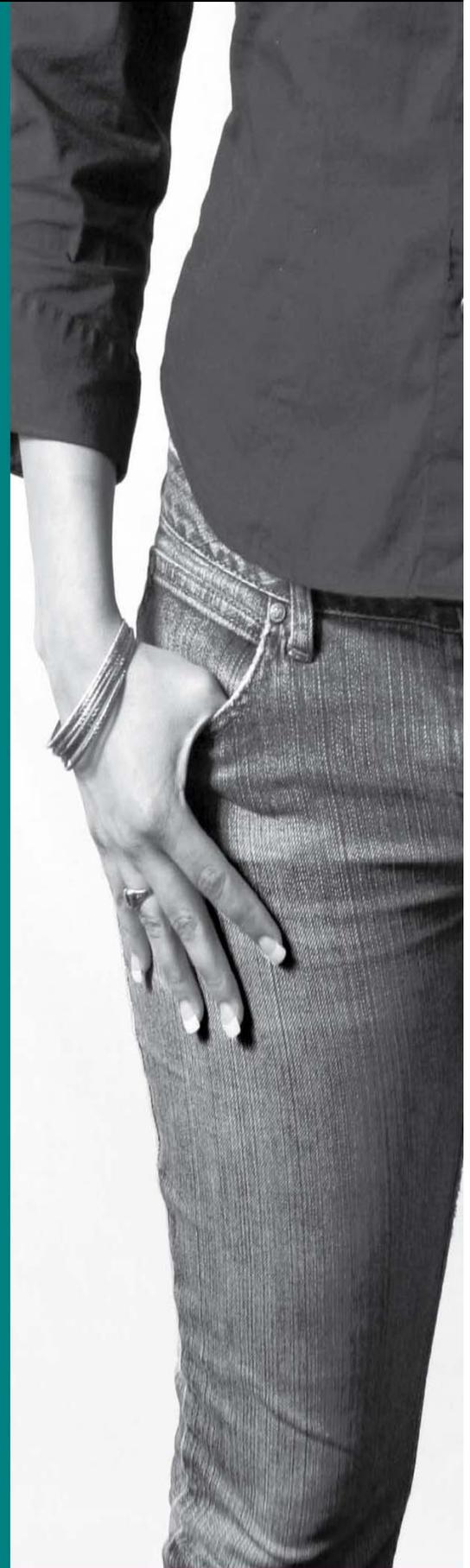
**SEXUAL  
ASSAULT  
AWARENESS  
MONTH  
CAMPAIGN**

**THERE IS NO  
EXCUSE  
AND NEVER  
AN INVITATION  
TO RAPE**

**MAKE A SOCIAL  
STATEMENT  
WITH YOUR  
FASHION STATEMENT  
WEAR JEANS  
WITH A PURPOSE**

**WEDNESDAY, APRIL 22, 2009**

Denim Day is an international promotion event in response to the Italian Supreme Court's overruling of a rape conviction in 1999. An Italian woman was raped, and when the case went to trial, the jury found her assailant guilty. The Supreme Court then overturned the ruling, saying that jeans are so difficult to remove; the assailant could not have done so without the victim's help. To honor Denim Day, the community is encouraged to wear jeans to work in order to promote awareness of the misconceptions about sexual assault. There is no excuse and never and invitation to rape.



## Spending Spring break at Camp Darby with Major League Baseball

Story and photo by Joyce Costello

USAG Livorno Public Affairs

For 33 dedicated youth from RAF Lakenheath, England and Ramstein and Stuttgart, Germany, Spring break was a chance to go south of the Alps to Camp Darby, Italy for a special week of baseball training at the Italian Baseball and Softball Federation in nearby Tirrenia. It was also a chance for the military dependents to test their skills against the Italian and Germany Bavarian Junior National team while being looked at by members of Major League Baseball.

"Bill Holmberg, the Cubs International Scout, and a scout from the Minnesota Twins were on hand to scout out talent during the games and that type of exposure is a once in a lifetime opportunity for these kids," said U.S.A. team organizer and coach Gary Harrington. "Additionally, there were two coaches from the Cuban National team; Pedro won six world and Olympic championships helped with batting and Kiki was the third base coach for the Cuban National team and helped with fielding and catchers."

Matthew McDonald, a short stop and pitcher for Ramstein "Royals" was glad for the chance to get scouted and play and be competitive against 20 year olds.

"At first I was nervous pitching against the Italian national team, but then it began to feel like a regular team," said McDonald. "I love playing baseball and have been playing on teams since I was 5; last year the guys talked about great it was to play here, I knew I had to come."

Justin Phelps, a pitcher for the Stuttgart "Panthers", said a friend's dad was at Camp Darby before and told him about this camp and that there would be a scout and this would be a good chance to tune up for the season.

"Pitching against the Italian national team, I had two strike outs in two innings and we beat the Italian national team 9-5," said Phelps. "It was the best Spring Break ever."

Cavan Cohoes, short stop for the RAF Lakenheath "Lancers" added that getting the special coaching and extra practice has been really good and playing games against better completion will definitely help during the season.

Cohoes's parents, Chris and Darbie, came along to help during the Spring Break camp and were glad their son got a chance to be seen by professional scouts.

"In England, youth that want to play at collegiate level and get recruited are at a huge disadvantage," said Darbie. "We know there is nothing else our son would rather do than play baseball and get scouted by members of MLB."

"We believe it's the parents' responsibility to support their children's dreams," added Chris.

This is the second Spring Break that Camp Darby has hosted the youth services baseball players.

"I'm especially glad for the help from all the parents and Ramstein Youth Services who helped make this dream a reality," said Harrington. "Next year it's my goal to see if MLB partnered up with Dodds can go from a three team to a six to 18 team youth baseball tournament Spring Break 2010."



Short stop Cavan Cohoes, a player from RAF Lakenheath, England, "Lancers" team, gets ready to tag out an Italian Junior National baseball team member. Cohoes was one of 33 American military dependents that spent their spring break vacation at Camp Darby, Italy for a once in a lifetime chance to play at the Italian Olympic training center.

USO  
United Every One Comes Home

ARMED FORCES ENTERTAINMENT

TOBY KEITH  
AMERICA'S TOUGHEST TOUR

No Video or Audio Recording Permitted

Don't miss Toby Keith here LIVE at Camp Darby!  
Wednesday, April 29th at 8:00 p.m. in the Fest Tent!

USO Worldwide Strategic Partners

at&t TriWest

Designate 11381 through the GFC

## And the AFN Europe Survey Says ---

By George A. Smith

AFN Europe Operations Manager

AFN Europe is debuting a new AFN The Eagle Top 20 AFN countdown show and adding more Stateside and host nation news as a result of its just concluded survey.

The network wanted at least 1,500 on-line surveys, but got 4,637, thanks to ads in *Stars and Stripes* and installation newspapers, AFN publicity that included 10 "fill out a survey" radio remotes and the enticement of a prize by the Edelweiss Lodge and Resort. AFN Europe's 33<sup>rd</sup> Commander, COL Scott Malcom, says "The results indicate how important AFN is to people's quality of life, whether they're stationed in Europe or downrange. It shows the audience cares what we do for them and that they want to help shape our on-air presence."

The survey indicates most US military personnel in Europe listen to the radio when they drive to work, just like they do in the States. Most listeners tune in AFN The Eagle (family friendly music mix service) and Power Network (mostly news and talk) weekday mornings from 6-10. Among people who listen to AFN The Eagle, 76.7% listen to their morning DJ from 6-10, while 58.6% of Power Network listeners tune in to Morning Newswatch from 6-9.

Americans' musical tastes vary as wildly as the flavors you find at a European sidewalk ice cream shop. While 47.7% of listeners want to hear more country, 44.1% want to hear less and although 40.1% of respondents want to hear more Hip-hop/R&B, 54.3% want less. In comparison, only 21.9% of respondents said they want to hear less of Hot Adult Contemporary music, the dominant music in the AFN The Eagle format.

With this in mind, AFN Europe is giving stations more flexibility to reach listeners with a mix of Progressive Hot Adult Contemporary music that meets local audience preferences. For example, AFN Benelux, which serves NATO Headquarters, will play a mix of music that better appeals to older listeners, while AFN Bavaria will play music that appeals to the younger listening audience of the 2<sup>nd</sup> Stryker Cavalry Regiment and other combat units in the station's listening area.

The AFN Europe survey indicated strong support for the AFN The Eagle format as well as weekend countdown shows, so the network will debut a new Eagle Countdown show Sundays at 1 pm, featuring the most popular songs airing on the Eagle that week. You'll choose what will be on the countdown by casting your vote on the [afneurope.net](http://afneurope.net) web site. AFN plans to start the new show in May.

Other radio programming changes include: moving Little Steven's Underground Garage from AFN The Eagle at 4 pm Saturday to Power Network 8 pm Saturday since it's more popular with the older listeners who tune in the Power Network, and moving American Country Countdown from 1100 Sunday to 5 pm Sunday on AFN The Eagle. The popular show will also continue to air on the Power Network. Z Rock 50, which aired at 5 pm Sundays on AFN The Eagle, will go off the air completely.

The survey shows National Public Radio shows, Rush Limbaugh and Ed Shultz all have loyal, dedicated listeners and AFN Europe won't change anything with them.

The major complaints about AFN radio were poor reception and difficulty tuning in frequencies with American car radios. AFN, in coordination with host nations, continues to work on getting better frequencies, but host nations naturally get priority. Add to this that getting a new radio frequency usually takes about seven years.

Since the entertainment programming you see on AFN TV comes from the Broadcast Center in California, AFN Europe focused its TV questions on products created in Europe such as the AFN Europe Report and short infomercials called "spots."

Audience comments on spots ranged from "I get real tired of the same old commercials," to "run the shows without the public service announcement breaks, then use the extra minutes to run selected short newscasts and short videos."

But eliminating the spots and airing stateside commercials isn't possible. AFN Europe's primary mission is getting out command information. Airing commercials would result in producers charging the American Forces Radio and Television Service (AFRTS) for shows such as 24, Lost and American Idol, instead of giving them to the military practically for free, since AFN is a non-profit network.

AFN Europe does produce some quality TV spots. The military services just announced AFN Bavaria produced the best TV spot in the Army and AFN Naples created the best TV spot in the Air Force. When it comes to quantity, the AFRTS Radio and Television Production Office has an inventory of about 2,200 TV spots, AFN Europe headquarters more than 300 and each local station an inventory of about 100. Still, the network agrees more quality spots are needed, producers need to avoid using negative and preachy approaches, and the inventory at all levels should include more spots on host nation events, activities and destinations.

Another major TV finding was that only 19.2% of survey respondents say they watch the AFN Evening newscast every night. Everyone else said they watch it less than twice a week or didn't even know the network had an evening newscast. In response, AFN Europe is expanding its newscast to 30 minutes to provide the audience a more traditional news show and brainstorming on how to make the newscast better. Early ideas include giving the audience more stateside, world and host national news and information, airing the program at a better time and promoting it better.

The network wants to include more audience ideas into the newscast via focus groups. If you would like to participate in a focus group, see a spot that fails to communicate because of its approach or you memorized all the words, or want to sound off on anything about AFN Europe, go to [www.afneurope.net](http://www.afneurope.net) and provide your comments through the network's feedback form.

## The Terrorist Attack Cycle: Selecting the Target

By James Cole

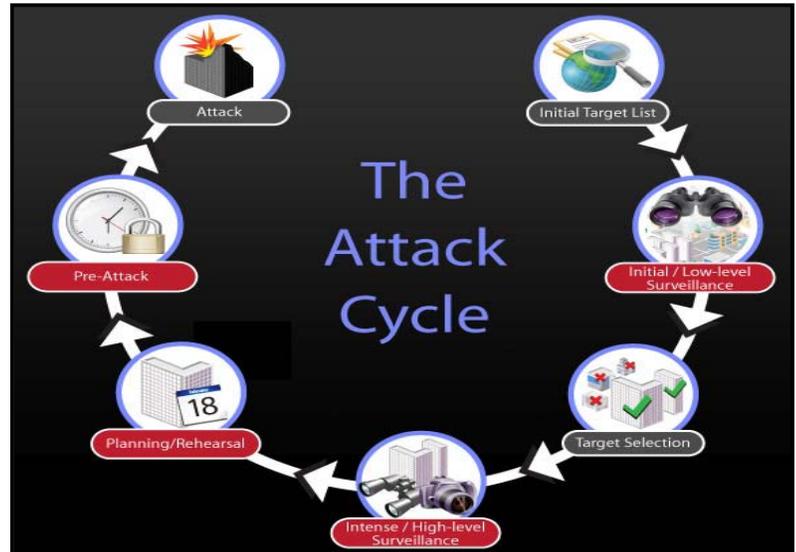
USAG Livorno Force Protection Officer

Terrorist attacks and criminal operations often require meticulous planning and preparation. This process takes place in a six-stage attack cycle: target selection, planning, deployment, the attack, escape and exploitation.

The cycle begins with selecting a target based on several factors. **Terrorists** generally choose targets that have symbolic value or that will elicit the greatest media reaction. One way to guarantee the latter is by killing and maiming a large number of people -- to generate graphic, provocative images that can be splashed across television screens and the front pages of newspapers. Terrorists usually prefer to avoid attacking "hard targets." Therefore, soft targets -- lightly or undefended civilian targets and important symbols -- more often are chosen by terrorists during this stage of the attack cycle.

**Criminals** use similar criteria when choosing their targets. Criminals often select their targets based on vulnerability and lack of defenses or protection. Like terrorists, criminals use a rational cost/benefit analysis in selecting their targets, although for mentally imbalanced criminals, such as stalkers, the target selection process rarely follows a rational pattern. Their targets are chosen based in large part on delusion or emotion. During the target selection phase, terrorists research potential targets.

The Internet has made this stage of the attack cycle much easier. By using any number of search engines, terrorists can obtain pictures, maps, histories and



even satellite images of their targets. Activists such as anti-globalization groups or environmental groups are very good at conducting research, known as "electronic scouting," over the Internet. After the information is gathered electronically, the plotters then conduct pre-operational surveillance of targets to determine which are the most vulnerable and desirable.

The criteria used by terrorists to select their targets should be taken into account when developing anti-terrorism measures. Making a target less attractive -- by reducing access to it, increasing security and defense measures, reducing the potential casualty count or by using counter-surveillance to interrupt the attack cycle -- could encourage terrorists to move on to another target that offers fewer challenges.

## ATTENTION ALL GREEN THUMBS



Flowers are available for pick up 15-24 April 09. 2 Locations:  
**Furnishings Branch Warehouse #1 (CFMO)**  
**Housing office (limited to 10 flats daily)**  
**Come to CFMO or Housing.**  
**(Govt lease Family Quarters Only)**  
**Be a Good Neighbor and plant a few in your yard or patio.**

**We here at Housing wish you a happy and successful planting season!**

**633-7882 CFMO**  
**633-8071 Housing Chief**



## The journey back to Massa

By Joyce Costello

A bus full of young Soldiers and Airmen from Camp Darby listened intently as Pfc. Noel Yuzuro Okamoto recalled the time when he was wounded in action in the hills by Massa, Italy. He recollected how during a rest period in Nice and Montecarlo he got caught taking his platoon leaders jeep to visit a girlfriend and that after that he was only allowed to drive large trucks.

The tales he told didn't happen yesterday or even recently, but back when he was a Soldier fighting in World War II.

Mr. Okamoto, a Japanese American who was born in 1922 in Hawaii, joined the Army in March 1943. He was eventually assigned to the 442nd RCT, 232 Combat Engineer Company. He entered Italy from Naples and fought up through Anzio. When he arrived in Livorno, he took a boat to Marseille to "hold the line" and then came back to Livorno where he would end up driving bulldozers and jeeps to Massa.

"Orders came down through Cpt. Nakada Pershing, the 232 Combat Engineer company commander, to Tech. Sgt. (Tec/4) Edmund Ezuka (who was later injured) to lead a small group up to this certain spot in the hills above Massa and wait there for further orders," said Mr. Okamoto.

A group of eight or so left Massa under the cover of darkness April 5 and traveled up a primitive road along the south side the Frigidio River that runs into the hills.

"It was also completely dark and we traveled under orders to keep absolutely silent," said Mr. Okamoto. "It was a very slow pace and there were no other platoons around us; we were sent on ahead and ordered to wait in the specified area until daybreak."

He added it was just as light was beginning to show when they were hit with artillery fire.

"We could see a German patrol up on the mountain; the first shell was far off and the second even further off on our other far side," said Mr. Okamoto. "We wondered who the Germans were shelling until the third one came straight towards us- I dove under our truck, but was wounded.

"A rescue jeep was sent up from Massa to gather us all up and it didn't seem to take long so where we were couldn't have been to far from the town," said Okamoto.



## Journey back con't

He then spent several days in a hospital outside of Lucca before he asked to return to his unit that was quickly moving up towards Alexandria, Italy.

He never knew where exactly he was wounded and the town of Massa had sprung up over the years changing the scenery. None the less, he decided 64 years later that he would still like to try and see the spot where he was hit. Mr. Okamoto, his daughter and granddaughter flew from America to Italy almost to the date of when he has WIA.

In what felt like an amazing coincidence, the town of Massa was having their 64th liberation celebration and invited Mr. Okamoto and his family to attend. The Mayor of Massa, Dr. Roberto Pucci, presented Mr. Okamoto with a medal and many elderly survivors of World War II came up to Mr. Okamoto in the towns main square to thank him for his part in the liberation.

After to speaking to one lady who told him how she and her family were hiding in the hills when their home was bombed and her brother was a partisan who was helping the Japanese American Soldiers, Mr. Okamoto remarked that "it felt good to see people were able to come back to where they born and continue on with life."

After the ceremony, parade and wreath laying, two volunteers from Massa took Mr. Okamoto up into the hills to try to find where he was wounded. For the accompanying Camp Darby service members, it really brought the trip alive.

"I was aware of the some of the battles in this area, but to come face to face and see the terrain he had to fight in, makes me appreciate and have a better understanding of our military heritage," said Sgt. Gerard Tate, 511th Military Police Platoon.

Airman 1st Class Daryl Perales, 31st Munitions Squadron, had a grandfather who fought in World War II and was glad history he was able to go on the the military heritage ride.

"My grandfather never talked about the war, so I was excited to hear the stories first hand from Mr. Okamoto," said Airman Perales. "Coming along on this trip definitely gives me a better sense of history and makes me appreciate being stationed here in Italy."

Mr. Okamoto never did find the exact location where he was wounded, but he said it was "a very wonderful experience and a return journey he never thought possible."





**April 2009**

**Classes & Seminars**

**RELOCATION READINESS**

**Benvenuti at Camp Darby**

April 7, 8:15 a.m. at CSM Shields Conference Room

New to Camp Darby and don't know where to go to get answers? Learn about Italian customs, culture, local shopping, paying Italian bills and more. Please sign up for the next Benvenuti session by calling ACS. Free childcare, but registration is required before the 15th of the Feb.

**Smooth Move/Levy Briefing**

April 8, 9:00 a.m. - 12:00 p.m. at the SFRC

Learn what it takes to have a stress-free move from Camp Darby.

**International Wives Group**

April 15, 11:30 a.m. - 3:00 p.m. at the SFRC

Obtain valuable information on medical services, employment, immigration and naturalization services, driver's license, ESL and much more.

**ARMY VOLUNTEER CORPS**

**Volunteer Knowledge Training**

April 22, 11:30 a.m.-12:00 p.m. at the SFRC

Get tips on putting your best foot forward.

**EMPLOYMENT READINESS**

**Interview Skills Training**

April 23, 11:00 a.m.-11:30 a.m. at the SFRC

Get tips on putting your best foot forward with our mock interview skills practice!

**MOBILIZATION/DEPLOYMENT**

**Reintegration and Relationships**

April 28, 10:30 a.m. at the SFRC

Tips on how to better manage family relationships following a deployment. Please RSVP at ACS for this class which includes a presentation and round table discussion.

**FAMILY ADVOCACY**

**Children's Playgroup**

Wednesdays, 11:00 a.m.- 12:00 p.m. at the SFRC

An interactive and educational playgroup for service members and their families with children from birth-3 yrs.

**Car Seat Safety Inspection**

April 16, 4:00 p.m.- 6:00 p.m. in the Post Office

Parking Lot

Ensure that your child's Car Seat is correctly installed by one of our Safety Inspectors. A Month of the Military Child special event!

**Military One Source**



Military OneSource provides free private services and information:

- Counseling
  - Educational Materials
  - Interpretation/Translation
- Stateside: 1-800-342-9647  
Overseas: 800-3429-6477  
Overseas Collect: 484-530-5908  
TTY/TDD: 1-866-607-6794  
En Espanol: 1-877-888-0727

**FINANCIAL READINESS**

**Insurance Basics**

April 2, 12:30 p.m.-1:00 p.m. at the SFRC

Strengthen your marriage and your finances with this class.

**Marriage and Money**

April 7, 1:00 p.m.-1:30 p.m. at the SFRC

Strengthen your marriage and your finances with this class.

**Teaching Children About Money**

April 8, 1:00 p.m.-1:30 p.m. at the SFRC

Parents, learn how to develop a consistent approach to teaching children about financial readiness

**Money Basics for Your Teen**

April 9, 1:00 p.m.-1:30 p.m. at the SFRC

A painless way for parents to help their teen learn that money does not grow from trees

**Children and Shopping**

April 14, 11:30 a.m.-12:00 p.m. at the SFRC

Learn what it takes to establish shopping rules early for your child.

**Consumer Rights and Obligations**

April 16, 11:30 a.m.-12:00 p.m. at the SFRC

Learn what you the consumer are entitled to and what your responsibilities are during this quickie class

**Debt Liquidation and Credit Management**

April 21, 11:30 a.m.-12:00 p.m. at the SFRC

Learn what it takes to get out of debt and how to report false claims on your credit report.

**LANGUAGE CLASSES**

**Italian conversation & grammar at the Library**

Mondays 12:00 p.m.-1:00 p.m.

**English as a second language at the Library**

Tuesdays 11:00 a.m.-12:00 p.m. *Beginners*

12:00 p.m.-1:00 p.m. *Intermediate*

**Soldier and Family Readiness Center (SFRC)**

New building features:

- Full kitchen complete with grill, crock pot, tableware, etc.
- Conference Room that's perfect for meetings
- TV with VCR/DVD player, Xbox 360, Internet capabilities
- Kids Room stocked with new toys and MORE!

**Sponsorship Training**

April 14, 9:00 a.m. - 10:00 a.m. at the SFRC

Learn what it takes to ensure provide a smooth transition to Camp Darby.

**Army Family Team Building (AFTB)**

April 15 and 16, 9:00 a.m. - 2:00 p.m. at the SFRC

Level 1 is an introduction to the military for newcomers.

All trainings are also available online at:

[www.myarmylifetoo.com](http://www.myarmylifetoo.com)

**Intervene! Act! Motivate!**  
**24-Hour Sexual Assault Response**  
**Phone number: 335-771-4989**

**For more information call ACS 633-7084**

**Vacation Bible School  
2009  
Paul and the  
Underground Church**



Coming in June

- ⇒ Make a huge difference on Camp Darby—Be A VBS volunteer
- ⇒ See Karen Pryor for more information

The theme is ancient Rome. Currently collecting items to decorate for that theme. Need the following:

- Cardboard
- Robes
- Children's plastic swimming pool
- Cardboard rolls (paper towels, toilet paper)

*"If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must master it."*  
- Genesis 4.7



Club Beyond is an ecumenical Christian ministry reaching out to every military teen. Club Beyond is sponsored by military chaplains as a part of the overall Command Religious Program at a military installation.

*What's Happening?*

Middle School

Monday Lunch	11:30-12:00	
Girls Bible Study	11:30-12:00	
Wednesdays Club	14:30-16:30	Wednesdays (at the school)



**Reconciliation**

**Sun. 9:40-10 a.m. and by appointment**

Those who approach the sacrament of Penance obtain pardon from God's mercy for the offense committed against him, and are, at the same time, reconciled with the Church which they have wounded by their sins and which by charity, by example, and by prayer labors for their conversion." CCC 1422

Confirmation is being planned in Vicenza for the first week of June. Please contact:  
sheriedc@yahoo.com for further information.

**CCD Classes**

See Fr. Roberto or Lisa Parker for more information about CCD classes.

**Club Beyond Middle School Service Project**

Help clean a Christian camp used by the Scouts and church groups on May 8-9. Outdoor projects include raking, bagging, hauling leaves, hauling branches, planting flowers. Meals will be included and there will be a "Club" meeting Fri evening.

This is open to Middle School students (grades 6-8)Deadline to sign up is May 1. For more information, contact Club beyond at 633-7261 or 633-7267.

## UMUC EUROPE OFFERS SUMMER 2009 FIELD STUDY COURSES IN ROME AND SCOTLAND

*Registration Deadline is May 1, 2009*

HEIDELBERG, Germany--University of Maryland University College Europe (UMUC Europe) announces two 3-credit undergraduate field study courses, Scotland: Literature, Culture, and History and Baroque Art in Rome: An Introduction, offered this May in Scotland and Rome. The registration deadline is May 1 with classes taking place from 23-30 May.

In Scotland: Literature, Culture, and History, students will visit historic locales, monuments, museums, and battlefields to analyze the development and significance of the Scottish heritage. The course, which begins and ends in Edinburgh with trips to historic cities like St. Andrews, will give students a sense of the nation's achievements in the arts and sciences as well as in politics, history, architecture, and social and military matters. The course will also deal specifically with Scottish literature and its major figures, such as Robert Burns, Sir Walter Scott, and Robert Louis Stevenson.



In Baroque Art in Rome: An Introduction, students will admire works of art in their original settings in the beautiful city of Rome by visiting museums, churches, and palaces. The course begins with a trip to the Sistine Chapel where students will explore the church's role in the arts during this time. Students will then study the effects of the Council of Trent upon the arts and examine the beginnings of the Baroque movement with Caravaggio and Carracci, as well as the architecture and sculpture of Bernini. Students will discover the drama and tension of Baroque art directly in its birthplace.



**For more information, please visit [www.ed.umuc.edu/undergrad/field\\_study](http://www.ed.umuc.edu/undergrad/field_study), contact a local UMUC field representative, or contact UMUC Europe at DSN 314-370-6762, CIV +49-(0)6221-3780.**

## CAMP DARBY JOBS

### CENTRAL TEXAS COLLEGE EUROPE CAMPUS

**POSITION:** Field Representative Substitute  
**OPENING DATE:** 24 March 2009  
**POSTING PERIOD:** Until Filled  
**START WORK DATE:** Immediately  
**LOCATION:** CTC Office-Camp Darby, Italy  
**SALARY:** \$9.50 per hour – 10-15 hours/week  
**BENEFITS:** Part time position:  
**EDUCATION:** Associate's Degree from a regionally accredited college or university is required, or one year of college with five years of experience.  
**EXPERIENCE:** Must have at least two years of general office administration experience.  
**REQUIRED SKILLS:** Must be proficient in Microsoft Office Applications and Excel. Must be able to communicate and coordinate effectively and work with an extremely high degree of accuracy. Must be able to work independently, without direct supervision, and under pressure.  
**DUTIES:** Perform a variety of substantive administrative and clerical duties.  
**APPLY TO:** Central Texas College  
**DSN telephone number:** 634-8153  
**CIV:** 0039-0444-718153

**CF 29, Installation Management Professional Career Roadmap:** A cadre of trained, educated and experienced civilian leaders helps fulfill IMCOM's vision and mission. IMCOM's enhanced Career Field 29 (CF 29) Program was launched 24 March and quickly made a strong showing in empowering employees in building their professional qualifications to ensure they are prepared and well-suited to assume higher levels of management responsibility. The benefits of the CF 29 program are two-fold. From trainees to managers, from managers to chiefs, from chiefs to senior leaders, there is now a useful tool to assist employees in moving their careers forward. For IMCOM, the better qualified that our CF 29 employees are, the better positioned the command is to meet the challenges of the future.

The CF 29 program's re-launched website helps employees take charge of their career development

### Your opinion is important

**Got an issue that you believe can be solved/ Or maybe your looking for an explanation? Log onto [www.usag.livorno.army.mil](http://www.usag.livorno.army.mil) and click on CAC to submit your issues. Answers will be printed in the Darby Digest.**

and explore their career potential with a wide array of tools. These tools include the Career Roadmap Tool, an updated draft Army Civilian Training and Education and Development System (ACTEDS) Plan, professional development resources, career models and relevant information resources. The website is designed to be easy and efficient to use, and it enables users to quickly register for training course and obtain feedback on their career roadmaps from supervisors and mentors. Similarly, CF 29 members may share the website with subordinates and mentorees to enable career management throughout IMCOM. Thanks to all those who worked to develop and refine the OSA and CF 29 programs — these are outstanding tools that will help IMCOM reach the next level of performance as the Army's installation management solution. CF 29 members and non-members can contact the program via: Web: <https://cf29.hqda.army.mil> (With an AKO-CAC Logon)

**NAF**  
**JOB FAIR**  
 April 30, 2009  
 9:00 a.m. - 1:00 p.m.  
 PX Freedom Plaza  
 Bring your resume or a completed application form.  
 Application forms may be submitted to NAF HR prior to the Job Fair.  
 Interviews will be scheduled in the Club from 2:00 - 3:30 p.m.  
 In case of rain the Job Fair will be held in the Darby Community Club  
 For more information contact NAF HR office **633-7032**

Produced by USAG-Livorno, FMWR Marketing 2009, NAF job fair.indd

## **ACS activities**

### **Single service member meal**

Stop by, pick up a plate or eat in on April 28. Contact ACS at 633-7084 for details.

### **Women and money class**

Women actually make most of the money-based decisions in our world today. They make most of the choices about purchases and most of the decisions about investments. Learn more at this May 5 class. Contact ACS at 633-7084 for details.

### **Budgeting basics class**

Never built a budget? Living from paycheck to paycheck? Learn steps that help to achieve financial freedom and security at this May 7 class. Contact ACS at 633-7084 for details.

### **Benvenuti**

New to Camp Darby and don't know where to go to get answers? Learn about Italian customs, culture, local shopping, paying Italian bills and more at the May Benvenuti class beginning May 4.

Contact ACS at 633-7084 for details.

### **Job fair**

Bring your resume or your completed application form on April 30 to the NAF Job Fair held in the Pvt. "Curly" Nakae Square. Contact ACS at 633-7032 for details.

## **Post library initiatives**

### **Story hour**

Don't miss story hour every Wednesday for children ages 3-5 years of age. Contact the Post Library at 633-7623 for details.

## **Darby community club**

### **Karaoke night**

You can stop singing in the shower now, join the DCC karaoke night and impress your friends on April 30 and May 7.

Contact the DCC at 633-7855 for details.

### **Texas Hold'em night**

You can stop singing in the shower now, join the DCC karaoke night and impress your friends on May 8.

Contact the DCC at 633-7855 for details.

## **ITR trips**

### **73<sup>rd</sup> international handicraft fair trip**

One of the most prestigious Arts & Crafts fairs around. Shop the handicrafts like mosaics, leather, jewelry, lace, glassware and ceramics. Guaranteed to be a unique showcase for all Arts & Crafts lovers.

Call ITR for more information at 633-7589.

### **Cavallino matto trip**

Visit central Italy's biggest amusement park on May 9. Call ITR for more information at 633-7589.

## **Fitness center activities**

### **FREE noon classes with Eileen**

If you are looking to get into shape for no money at all, check out Eileen's list of classes. There's something scheduled almost every day of the week. ...and the best part is, it's free.

Call the Fitness Center for more information at 633-7440.

## **Child, Youth & School Service activities**

### **A day in the park**

Visit the lovely San Rossore National Park for a fun day in the park for horseback riding, pony rides or carriage rides on April 26.

Call YS for more information at 633-7681.

**For a complete listing of FMWR events, check out the community calendar on [www.usag.livorno.army.mil](http://www.usag.livorno.army.mil) or download the latest Horizons from [www.livornomwr.com](http://www.livornomwr.com)**



## Kites Fest

### Kites Fest in San Miniato (PI)

On April 19 the City of San Miniato will host the 41<sup>st</sup> edition of the kites Fest.

The fest is held yearly on the first Sunday after Easter, from 9 a.m. to 7 p.m.

In the field facing the well known tower named after Federico II, starting in the morning thousands of kites built following the ancient Tuscan tradition will cover the sky.

In this occasion, parents and children will build their own kite following grand parent's suggestions.

There will be prizes for the best home made flying kite.

At 3.30 p.m. there will be a medieval costumes parade in the center of town.

In the afternoon, three hot-air balloons carrying children's poems and peace messages will take off from the Dome square.

The messages will then be thrown in the wind ideally bringing a peace message to the world.

For information call  
Comitato Manifestazioni Popolari  
tel.: 0571 42233

## Bob Dylan in concert

### Bob Dylan in Concert in Florence

Robert Allen Zimmerman, alias Bob Dylan, is the most long-lived rock representative appreciated by many generations.

His active participation to many humanitarian initiatives, his thronged concerts all around the world give an image of a man that has experimented much, but still has much to say.

On April 18 the rock legend will be in concert at the Nelson Mandela Forum in Florence at 9 p.m., but it is suggested to show about an hour earlier

Prices are as follows:  
Numbered seats 57, 50, or 46, Euro depending on the distance from the stage.

Standing room 40, 25.

All tickets will be charged an extra fee for advance sale. For information and advance ticket sale contact

[www.bitconcerti.it](http://www.bitconcerti.it)

For further information:

Mandela Forum  
ph.: +39 055.67 88 41

[www.mandelaforum.it](http://www.mandelaforum.it)

**Navigator address:**  
Mandela Forum  
Via Pasquale Paoli

## Indian & Thai

### Florence, Italy Thursdays

Every Thursday, from 11:30 a.m. to 1:15 p.m. at St. James American Church, in Florence, there will be an Indian and Thai cooking class.

It's a fun laid back atmosphere where you can meet some new friends and learn a couple of great recipes.

Students will discover the secrets of traditional Indian and Thai cookery.

The space is limited, therefore, reservation is required; to book a class call Melanie at 345.408.7209.

The cooking class fee is 25 Euro and includes the lunch.

Private cooking classes can be scheduled during the daytime or evening hours and can be organized for anywhere from 1-14 people.

Babysitting service is also available.

For additional information E-mail at [spicelab@live.it](mailto:spicelab@live.it) or visit the web site.

**Navigator address:**  
#9, Via B. Rucellai.

[www.thespicelab.eu](http://www.thespicelab.eu)

# CAMP DARBY

## DESTINATION OF CHOICE: MONTECATINI



Story and photos by Joyce Costello

Montecatini Terme is home to modern and luxurious thermal centers and spas. For hundreds of years, European doctors have sent patients to these thermal centers to take advantage of the rejuvenating waters, mud baths and massage.

According to Dr. Massimo Giovanetti, Terme di Montecatini, service members and families can take advantage of their time in Europe

and enjoy these health and relaxation treatments with an on site physician who can recommend health restoration therapies.

"Our saline-sulfate-alkaline hot waters, Leopoldina, Tettuccio and Rinfresco, all have properties that can restore normal bowel functions, reduce cholesterol levels and help the liver," said Dr. Giovanetti. "If you've been visiting the museums in nearby Florence, there is nothing like massage-physiotherapy to help one's muscles and tendons feel better."

He added that there are over nine major spas in Montecatini for relaxation and rejuvenation.

Visit [www.montecatiniturismo.it](http://www.montecatiniturismo.it) for more information in English. The spa's site [www.termemontecatini.it](http://www.termemontecatini.it) is not in English currently.

### HOW TO GET THERE

These wonderful spas are only a 35 minute drive east of Camp Darby off the autostrade A11/12 towards Florence. Take the Montecatini exit and follow the signs to the center.

