

# VOICE

Community News for USAG Livorno

Army Community  
 Services  
 Bldg. 407  
 USAG Livorno

Mon. Wed 8:00-5:00

Thurs 11:00-5:00

Fri 8:00-5:00

Closed Weekends

Telephone

DSN 633.7084

CIV 050.54.7084

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## All-New Yellow Ribbon Room Now Open

After many months of planning, building, and interior decorating, the Yellow Ribbon Room in Bldg. 428, will finally open for business in January. The all-new facility features a full kitchen, a cozy living room with flat screen TV, VCR/DVD player and XBOX, a conference room and a fun kids room, complete with an array of toys, books, games and small scale furniture.

The building will be opening in early January and Family Readiness Group (FRG) leaders will be able to check out the key from ACS and use the facility to for official functions. All ACS classes will be held there, the first being our new Introduction to Painting class (see article below).

**Yellow Ribbon Room hours are  
 Tues, Weds, Thurs- 10:00-3:00**



## New Introduction to Painting Class...and it's free!

Start off the new year getting in touch with your inner artist! ACS is now offering an introduction to painting class for beginner artists. Initial classes will cover the basics, starting with what supplies will be

needed (students must buy their own), proper color blending, shading techniques, and how to sketch ideas.

Learn how to paint your ideas on canvas and add a little color to your life!

**First Classes held:**  
**January 6**  
 11:00 a.m.-12:00 p.m.  
 5:00 p.m.-6:00 p.m.  
**January 8**  
 11:30 a.m.-12:30 p.m.  
 5:00 p.m.-6:00 p.m.  
 in the Yellow Ribbon Room



## Surviving post-holiday blues with HEARTS APART

There is no question that being separated during the holidays is one of the most difficult times of a deployment. One of the best ways to cope with a separation is to accept that the holiday will be different with your Soldier gone, and connecting with other spouses who also have loved ones currently deployed.

Having a common shared experience with others can help alleviate negative feelings that can arise from having a loved one deployed. The HEARTS APART group at ACS is a social network of spouses who currently have loved ones deployed. The groups meet periodically for socials, lunches and fun outings like shopping trips and spa days.

If you'd like to get involved in Hearts Apart, contact ACS at 633-7084.

## RELOCATION READINESS

### Benvenuti at Camp Darby

January 5, 8:15 a.m. at CSM Shields Conference Room

New to Camp Darby and don't know where to go to get answers? Learn about Italian customs, culture, local shopping, paying Italian bills and more. Please sign up for the next Benvenuti session by calling ACS. Free child-care, but registration is required.

## ARMY VOLUNTEER CORPS

### Volunteer Knowledge Training

January 2, 11:30-12:00 p.m. at ACS

Join the ranks and add your skills to Team Darby!

### Volunteer Action Council (VAC) for OPOCs

January 7, 11:30-12:00 p.m. at ACS

Meetings are usually the 1st Wednesday every quarter.

## EMPLOYMENT READINESS

### Interview Skills Training

January 16, 11:30-12:00 p.m. at ACS

Get tips on putting your best foot forward.

### Resume Points Training

January 30, 11:30-12:00 p.m.

Learn how to make yourself attractive on paper!

## MOBILIZATION/DEPLOYMENT

### Reintegration, Relationships & PTSD

January 7 & 14 10:30 a.m. at ACS

Tips on how to better manage family relationships following a deployment. Please RSVP at ACS for this class.

## FAMILY ADVOCACY

### Children's Playgroup

Wednesdays, 11:00 a.m.- 12:00 p.m. in the

Chapel Nursery (No playgroup January 7)

An interactive and educational playgroup for service members and their families with children from birth-3 yrs.

## Military One Source



Military Onesource provides free private services and information:

- Counseling
  - Educational Materials
  - Interpretation/Translation
- Stateside: 1-800-342-9647  
Overseas: 800-3429-6477  
Overseas Collect: 484-530-5908  
TTY/TDD: 1-866-607-6794  
En Espanol: 1-877-888-0727

## ACS Staff Spotlight: Cinzia Zahner!



Cinzia Zahner is the Relocation Assistant and ACS language instructor.

Cinzia Zahner is a woman of many talents. She is the instructor for both the Italian as a second language and English as second language classes, and serves as the Relocation Assistant here at ACS.

Cinzia believes the #1 thing all Camp Darby newcomers should do when arriving in Italy is get over the fear of speaking the local language, if they want to truly appreciate the country.

Cinzia's love for the art of communication is rivaled by another artform; dance. Every Wednesday at noon in the Fitness Center, Cinzia shares this passion with others, and offers belly dancing lessons!

## FINANCIAL READINESS

### Budgeting 101

January 6, 11:30 p.m.-12:00 p.m. at ACS

Learn steps that help to achieve financial freedom and security.

### Consumer Rights and Obligations

January 13, 11:00 a.m.-11:30 p.m. at ACS

Learn what you the consumer are entitled to and what your responsibilities are during this quickie class.

### Thrift Savings Plan (TSP) Information

January 21, 12:30 p.m.-1:00 p.m. at ACS

Learn the benefits of TSP in this quickie class.

### Checkbook Refresher Class

January 26, 11:30 p.m.-12:00 p.m. at ACS

Learn how work ATM/Debit purchases into balancing the checkbook.

## LANGUAGE CLASSES

### Italian conversation & grammar at the Library

Mondays 12:00 p.m.-1:00 p.m.

### English as a second language at the Library

Tuesdays 11:00 a.m.-12:00 p.m. Beginners

12:00 p.m.-1:00 p.m. Intermediate

**Intervene! Act! Motivate!**  
**24-Hour Sexual Assault Response**  
**Phone number: 335-771-4989**

## Yellow Ribbon Room Opening in January!

New building features:

- Full kitchen complete with grill, crock pot, tableware, etc.
- Conference Room that's perfect for meetings
- TV with VCR/DVD player, Xbox 360, Internet capabilities
- Kids Room stocked with new toys and MORE!

## Community Action Council

January 14 at 3:30 p.m., location to be announced

Send your issues to:

usaglacs@eur.army.mil or log onto

www.usag.livorno.army.mil and click on CAC.

## Army Family Team Building (AFTB)

January 21 & 22 time and location to be announced.

Level 1 is an introduction to the military for newcomers.

All trainings are also available online at:

[www.myarmylifetoo.com](http://www.myarmylifetoo.com)