

VOICE

Community News for USAG Livorno

Army Community
 Services
 Bldg. 407
 USAG Livorno

Mon. Wed 8:00-5:00

Thurs 11:00-5:00

Fri 8:00-5:00

Closed Weekends

Telephone

DSN 633.7084

CIV 050.54.7084

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All-New Yellow Ribbon Room Now Open

After many months of planning, building, and interior decorating, the Yellow Ribbon Room in Bldg. 428, will finally open for business in January. The all-new facility features a full kitchen, a cozy living room with flat screen TV, VCR/DVD player and XBOX, a conference room and a fun kids room, complete with an array of toys, books, games and small scale furniture.

The building will be opening in early January and Family Readiness Group (FRG) leaders will be able to check out the key from ACS and use the facility to for official functions. All ACS classes will be held there, the first being our new Introduction to Painting class (see article below).

**Yellow Ribbon Room hours are
 Tues, Weds, Thurs- 10:00-3:00**



New Introduction to Painting Class...and it's free!

Start off the new year getting in touch with your inner artist! ACS is now offering an introduction to painting class for beginner artists. Initial classes will cover the basics, starting with what supplies will be

needed (students must buy their own), proper color blending, shading techniques, and how to sketch ideas.

Learn how to paint your ideas on canvas and add a little color to your life!

First Classes held:

**January 6
 11:00 a.m.-12:00 p.m.
 5:00 p.m.-6:00 p.m.**

**January 8
 11:30 a.m.-12:30 p.m.
 5:00 p.m.-6:00 p.m.
 in the Yellow Ribbon
 Room**



Surviving Holiday Deployments with HEARTS APART

There is no question that being separated during the holiday periods is one of the most difficult times of a deployment. One of the best ways to cope with a separation is to accept that the holiday will be different with your Soldier gone, and connecting with other spouses who also have loved ones currently deployed.

Having a common shared experience with others can help alleviate negative feelings that can arise from having a loved one deployed. The HEARTS APART group at ACS is a social network of spouses who currently have loved ones deployed. The groups meet periodically for socials, lunches and fun outings like shopping trips and spa days.

If you'd like to get involved in Hearts Apart, contact ACS at 633-7084.

EMPLOYMENT READINESS

Resume Points Training

December 19, 11:30-12:00 p.m.
 Learn how to make yourself attractive on paper!

RELOCATION READINESS

Benvenuti at Camp Darby

Monday, January 5, 8:15 a.m.
 New to Camp Darby and don't know where to go to get answers? Learn about Italian customs, culture, local shopping, paying Italian bills and more. Please sign up for the next Benvenuti session by calling ACS. Free childcare, but registration is required.

MOBILIZATION/DEPLOYMENT

Reintegration, Relationships & PTSD

December 17 10:00a.m.-11:00 a.m. at ACS
January 7 10:00a.m.-11:00 a.m. at ACS
 Tips on how to better manage family relationships following a deployment. Please RSVP at ACS for this class.

FAMILY ADVOCACY

Children's Playgroup

Wednesdays, 1100 a.m.- 1200 p.m. in the Chapel Nursery
 An interactive and educational playgroup for service members and their families with children from birth-3 yrs.

Yellow Ribbon Room Opening in January!

The NEW Yellow Ribbon Room Now OPEN for Business! Tues., Weds., Thurs.- 10:00-3:00
 New building features:
 Full kitchen complete with grill, crock pot, tableware, etc.
 Conference Room that's perfect for meetings
 TV with VCR/DVD player, Xbox 360
 Kids Room stocked with new toys
 Internet and more!

Military One Source



Military Onesource provides free private services and information:

- Counseling
- Educational Materials
- Interpretation/Translation

Stateside: 1-800-342-9647
 Overseas: 800-3429-6477
 Overseas Collect: 484-530-5908
 TTY/TDD: 1-866-607-6794
 En Espanol: 1-877-888-0727

FINANCIAL READINESS

Budgeting 101

January 6, 11:30 p.m.-12:00 p.m. at ACS
 With the holiday season upon us, now more than ever is a great time to reevaluate your expenses.

Consumer Rights and Obligations

January 13, 11:00 a.m.-11:30 p.m. at ACS
 Learn what you the consumer are entitled to and what your responsibilities are during this quickie class.

Thrift Savings Plan (TSP) Information

January 21, 12:30 p.m.-1:00 p.m. at ACS
 Learn the benefits of TSP in this quickie class.

LANGUAGE CLASSES

Italian conversation & grammar at the Library

Mondays 12:00 p.m.-1:00 p.m.

English as a second language at the Library

Tuesdays 11:00 a.m.-12:00 p.m. Beginners
12:00 p.m.-1:00 p.m. Intermediate

Intervenel Act! Motivate!
24-Hour Sexual Assault Response
Phone number: 335-771-4989

Phone/Internet Information and Referral

Let the new ACS Phone/Internet consultant help you make the right decision when it comes to installing phone or internet into your home.



Community Action Council

The next council will be January 14 at 3:30 p.m..
 Send your issues to:
 usaglacs@eur.army.mil or log onto
 www.usag.livorno.army.mil and click on CAC.

Army Family Team Building (AFTB)

AFTB training consists of three levels:
 Level 1 is an introduction to the military for newcomers.
 Levels 2&3 are advanced courses for Family Readiness Group (FRGs) Leaders and Volunteers.
 All trainings are available online at: www.myarmylifetoo.com
 or sign up for classes at ACS.

ACS Staff Spotlight: Deon Cobasky!



Deon Cobasky is the Sexual Assault Response Coordinator (SARC).

Deon (A.K.A the "SARC Lady") is the manager for the Sexual Assault Prevention and Response (SAPR) program here at Camp Darby. She makes sure all victims of sexual assault are treated with respect and dignity and have

access to options they need in order to process and heal from the assault. Her responsibilities include assisting in maintaining annual training requirements, training Unit Victim Advocates, and various other pre-

vention and awareness projects. Deon is a native of Arizona and lived in Colorado for 11 years before moving to Italy. She enjoys living in Tuscany and long walks with her two beloved Daschunds, Dixie and Haus.