

Army
Community
Service
BLDG. 504

Mon-Wed
8:00-5:00

Thurs
11:00-5:00

Fri
8:00-5:00

Closed on
Weekends

633-7084
050-54-7084

ACS
Yellow
Ribbon
Room

BLDG. 428

633-7946
050-54-7946

MFLC
329-876-2168

SARC
335-771-4989

Community Happenings for USAG Livorno ACS

The Voice

USAG LIVORNO



Camp Darby

June 1, 2010



Calendar of Events

June 2010

Monday	Tuesday	Wednesday	Thursday	Friday
	1 12-1 Italian	2 Play Group 11-12 Spouse Deployment Support Group 11-1	3 AFTB Level I 10-1	4 AFTB Level I 10-1
7 Benvenuti Week	8 Sponsorship training 9-10 Baby Stages I 10-11:30 Investment Club 12-1 12-1 Italian	9 Smooth Move 9-12 Resume Writing 11-12	10 Consumer rights & Obligations 11:30-12:30	11 Basic Principles of Parenting Lunch & Learn 11:30-12:30
14 Benvenuti Week	15 Banking & Credit Union Services 11:30-12:30 12-1 Italian Stress Mgmt. 5-6	16 Play Group 11-12 Italian Cooking Class 12-1 M.Spouses Mtg. 11:30-1	17	18 Couples Communication 5-6:30
21	22 Investment Club 12:00-1:00 Baby Stages II 10-11:30 12-1 Italian	23 Employment 101 11:00-12 EFMP Roundtable 11:30-12:30 Single/Dual Mil Parent Support Group 4:30-5:30	24 Budget Develop- ment and Record Keeping 11:30-12:30	25 AFTB Level II 10-1
28	29 Insurance Basics 11:30-12:30 12-1 Italian	30 Deployment Support Group 5-6		

Multicultural Spouses Meeting

When your journey brings you to Camp Darby, Italy, one of the first stops you should make needs to be ACS.

There you will meet Ms. Jenny Sposato, the

Relocation Readiness program manager. She will be able to help you with all your relocation needs.

Jenny can help you to take care of one of the most basic and common needs upon arriving at Camp Darby. Our M.Spouses Meetings will help foreign born spouses feel right at home!!

M. Spouses meet monthly and discuss a wide variety of topics ranging from English as a second language to adjusting to an American way of life in a foreign country.

Come join the M.Spouses, meet and learn new people and cultures!!

Classes Seminars

- Benvenuti:
Welcome to Italy
- Smooth Moves
- Sponsorship Training
- Multicultural Spouses
- Relocation Counseling
- Lending Closet



Putting the Pieces Together



Wednesday, June 2, 11:00-12:00, Building 428

Playgroup for children 0-3 years, meets every 1st and 3rd Wednesday of the month.

This Month's topic for discussion: Your child's development, crawling, walking, talking. When should they begin to do these things? Play group is a highly interactive group that provides your child with opportunities to enhance their social, emotional, physical and intellectual development, as well as educating parents on children issues. Playgroup is a great educational and social opportunity for both parents and children.

Thursday, June 3 and 10, 1:00-3:00, Building 428

Infant Massage Class

Due to the overwhelming positive responses from our first Baby Massage Class, the 2nd class will be facilitated by Ms. Mary Rooney, USAG Vicenza, Certified Baby Massage Therapist. Bring a baby blanket and learn the benefits of massage for both you and your baby.

Daddy's are highly encouraged to attend.

Friday, June 3, 5:00-6:30 p.m., Building 428

Marriage and Parenting 6 week Workshops. Held every 2nd and 4th Friday in April, May and June. This confidential group experience provides an opportunity for parents to strength their relationships through the exploration of parenting attitudes, skills and practices. Upon completion, participants will receive a Marriage and Parenting Certificate of Appreciation. A private playroom is available where parents can observe their child's interaction with other children. **(CLOSED SESSION)**

Tuesday, June 8 and 22, 10:00 – 11:30, Building 428

New Parent Support Group meets every 2nd and 4th Wednesday of the month.

New Parent Support Group is targeted toward new or first time parents, services are available to all parents from pregnancy through the time your child is 3 years old. Seasonal parents are highly encouraged to attend and share their parenting experiences.

June 8 week's group is canceled due to TDY.

Building Blocks of Life



Tuesday, June 15, 5:00-6:00, Building 428

Stress Management

Topic of Discussion: New and Important Keys to help in reducing ones Stress. All of us are under some type of stress. Come explore ways of reducing ones stress level.

RSVP by Wed, 9 June

Wednesday, June 16, 11:00-12:00, Building 428

Playgroup for children 0-3 years, meets every 1st and 3rd Wednesday of the month. This Month's topic for discussion: When to start Potty Training your Child? Play group is a highly interactive group that provides your child with opportunities to enhance their social, emotional, physical and intellectual development, as well as educating parents on children issues. A private playroom is available where parents can observe their child's interaction with other children. Playgroup is also a great educational and social opportunity for both parents and children.

Wednesday, June 23, 11:30-12:30, Building 428

Exceptional Family Member Program, Roundtable

This month Lunch and Learn Topic for discussion: Financial Planning for Families with Special needs members. Do you have a child/family member with special needs? If so, this is the support group for you. Lunch will be served.

RSVP not later than: Friday 18 June, by calling 633-7084

ACS's Yellow Ribbon Room is children friendly. Children are welcome to attend.

Wednesday, June 23, 4:30-5:30, Building 428

Single and Dual Military Family Support Group

This month's topic of discussion: Balancing Work, Family and your relationship. Are you a single parent? Is your spouse deployed? Are you among the growing number of married/single parents due to deployment or lengthy TDY's? Are you ready to make things happen? Are you ready to be a part of a strong, incredible group of people? If you answered yes to any of these questions, than this is the group for you. ACS's Yellow Ribbon Room is children friendly. Children are welcome to attend.

Building Blocks of Life



Italian Cooking Class

Don't know what you are going to feed your family for dinner tonight? Want to make something special, maybe something Italian but aren't sure how? Join the Italian cooking class and Ms. Angela will teach you the tricks of the trade and before you know it, you will be saying, "Buon Apetito"



When: June 16, 2010

Where: ACS Yellow Ribbon
Room, Bldg.
428

Time: 12:00-1:00



Call ACS for more information and to sign up: 633-7084.

335-771-4989



335-771-4989

Six Month Pilot Program within U.S. Army Europe (USAREUR)

- Pilot dates 1 March thru 31 Aug 2010, pilot approved by USAREUE CG.
- UVAs WILL NOT respond to civilian victims but can provide a “Warm Hand-off” to the responsible SARC or VAC.
- Civilian RR can only be offered to adults. Sexual assault of children, age 18 and under, not emancipated (ie, Active Duty or married) must always be reported to Law Enforcement.
- Intimate partner Sexual Assault is still classified as Domestic Violence and is covered under that policy.
- Civilians/Family Members from the Air Force, Navy or Marines, can only receive the restricted reporting option from Army SARCs/MTFs.
- This program extends the same rights and protections to civilians as to Servicemembers and increases overall ownership of the program strengthens SAPR and the community as a whole.

You Can Prevent Sexual Assault

Watch for these signs of sexual assault

- Suggestive remarks
- Pressuring someone to drink
- Inappropriate touching or intimacy

- Targeting someone who is vulnerable
- Attempts to isolate

INTERVENE

When I recognize a threat to my fellow Soldiers, I will have the personal courage to **INTERVENE** and prevent Sexual Assault. I will condemn acts of Sexual Harassment. I will not abide obscene gestures, language or behavior. I am a Warrior and a member of a team. I will **INTERVENE**.

ACT

You are my brother, my sister, my fellow Soldier. It is my duty to stand up for you, no matter the time or place. I will take **ACTION**. I will do what's right. I will prevent Sexual Harassment and Assault. I will not tolerate sexually offensive behavior. I will **ACT**.

MOTIVATE

We are American Soldiers, **MOTIVATED** to keep our fellow Soldiers safe. It is our mission to prevent Sexual Harassment and Assault. We will denounce sexual misconduct. As Soldiers, we are all **MOTIVATED** to take action. We are strongest...together.

Army Family Team Building Level Two

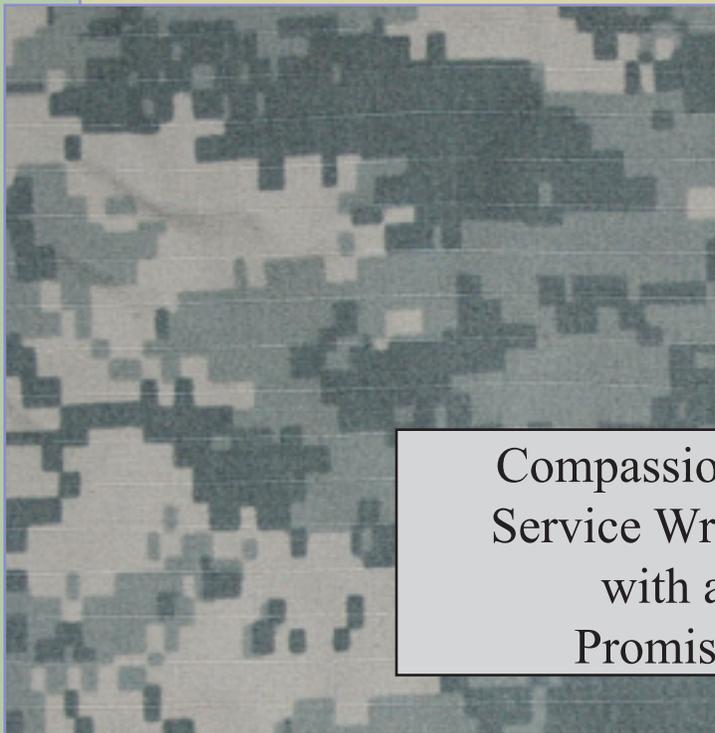
This training is for emerging leaders within the community. The classes include Communication, Personal Time Management, Stress Management, Acknowledging Change, Exploring Personal Traits, Enhancing Personal Relationships, Team Dynamics, Personal Conflict Management, Creative Problem Solving, Traditions, Customs, Courtesies and Protocol, Crisis, Coping and Grieving, The Volunteer Experience, Family Readiness Groups and the Deployment Cycle, and the Introduction to Leadership.

Army Family Team Building Level One

These are classes for family members that are new to the military. Each session is geared to educate the participant on the basics needed to start the journey of being part of the Army Family.

The sessions include Expectations and the impact of the mission on family, Military Acronyms and terms, The Chain of Command, Introduction to Military Customs and Courtesies, Basic Military Benefits and Entitlements, Introduction to Family Readiness Groups, Supporting your Child's Education, Introduction to Family Financial Readiness and Basic Problem Solving.

Classes are opened to all US ID Card holders.



Compassion and Service Wrapped with a Promise.

Spouse Deployment Support Group

These are personalized group sessions conducted by the Community Military Family Life Consultant. The sessions are designed to give the spouse of the deployed soldier a sense of understanding the issues relating to military deployment; and discuss methods to cope with the absence of the deployed spouse.



Per Favore

Ciao

Scusate

Aiuto

Grazie

Spiacente

Domani

Arrivederci



Feeling a little lost in translation?

Join the Beginner's Italian Class being offered by ACS.

Mrs. Barbara Bianchi will teach you the basics you need to survive in and enjoy beautiful Italy!



Class will be taught in the Yellow Ribbon Room on June 8, 15, 22, & 29 from 12:00-1:00. Call ACS to sign up: 633-7084

Preparing today, for tomorrow

Employment

Employment Readiness Program

The Army knows that employment is one of the most significant issues for military families. The goal of the ACS Employment Readiness Program (ERP) is to assist families with the challenges associated with the job search, particularly as they are impacted by the Army's mobile lifestyle.

Camp Darby's ERP provides a full range of information and referral services and assistance in all the areas of employment. The services are designed to give all active duty, retired military personnel, DoD employees, their Family members (adults and teenagers) and eligible personnel the competitive edge

necessary to secure employment. Services include job counseling, job search training, employment and educational information, internet job search and assistance in resume writing and goal setting.

The purpose of the program is to minimize the employment problems associated with relocation.



Preparing today, for tomorrow

Volunteerism

Volunteer!!

The Army Volunteer Corps exists to serve the needs of the entire Army community. Volunteers contribute a broad range of services that enhance and expand the capabilities of Army programs and services that augment the efforts of paid staff.

Volunteers are the backbone of the community, sharing their skills, information and experience to improve programs and services. As volunteers work throughout the community, they become more active community members, enhance their skills, reinforce their positive work habits, and achieve personal fulfillment.

The Army Volunteer Corps Coordinator (AVCC) coordinates and facilitates installation volunteer activities while serving as an advocate for volunteers. The AVCC serves as a link between individual volunteers and the agencies utilizing volunteer services, and as a liaison between the command and the volunteer agencies.

For more information about volunteering at Camp Darby, contact the AVCC or visit www.myarmylifetoo.com.



Consumer Rights: This course provides a broad overview of Federal Laws that are in place to protect the rights of consumers as they apply to consumer credit, credit reporting, debt collections, and fair billing practices.

Banking and Credit Union Services: Provides information about banks and credit unions and the types of services they offer as well as the differences between the two.

Saving for Summer

Summer is almost here! The time when most folks think about traveling, which also makes it one of the costliest times of year to travel. But you can still reach your destination of choice if you plan, do your research and are savvy. Call or stop by ACS Financial Readiness for help budgeting for your summer travel plans.

Debt Liquidation: This course features a down to earth approach that provides sound advice and practical assistance to help participants reduce the amount of debt they owe, suggestions on how to gain control of and stop debt spending and ways to start saving money.

Budget Development & Recordkeeping: Helps participants analyze their current spending habits, develop a “workable” budget and create a spending and savings plan that provides financial stability.

Credit Basics: Provide information about the true cost of using credit and the potential hazards of living beyond your means, getting and understanding your credit report, how credit scores are calculated and how they affect you.

Investment Club: Learn the basics of investing and personal finances.

Banking on your future

