



Are you
ANGRY???

Then join ACS on Tuesday,
May 18, 11:30 a.m.-12:30 p.m.
in Bldg. 428 for another great
Lunch and Learn.



Anger Management-Topic of Discussion: New and Important Keys to Controlling One's Anger.

This voluntary, monthly, confidential group is designed for those that may be experiencing problems with controlling their anger at work, home, and school or with those they love the most. Come learn new techniques for controlling your anger, before it becomes a problem.

Lunch Provided!!

RSVP by: Wed., 12 May

Call ACS for more information:
633-7084

